

WHAT IS LIVING FAITH?

Living Faith is a series made for groups of young adults who want to go deeper in knowing, loving and serving God.

WHO IS THE DISCUSSION GUIDE FOR?

Everyone! Every guest, helper and organiser should have their own discussion guide.

DISCUSSION 01

10 MIN

- A *Why do you think Catholic community is important?*
- B *Describe a time you most felt part of a Catholic community.*

DISCUSSION 02

20 MIN

- A *What Catholic community do you have now? How could you start or support a weekly event, such as lunch after Mass?*
- B *Catholic friends aren't just for Sundays. How could you deepen your Catholic friendships?*

ACTIONS

Faith needs to be put into action. We recommend choosing two that can be done on your own and, as a group, choose one to do together. Feel free to write your own or circle the suggestions below.

Individual

This week I will:

- 1 _____

- 2 _____

Group

This week we will:

- 1 _____

- 1 Invite one person for coffee after Mass.
- 2 Research Catholic groups near me and attend one this month. (If there are none, start one.)
- 3 Book into a Catholic conference, pilgrimage or similar.
- 4 Meet with a Catholic friend and ask deeper questions about them, their life and their faith.
- 5 "Do life" with a Catholic friend — e.g. cheer on their match or a movie & popcorn.

- 1 Meet as a group and do something fun. It could be a hike, go-karting or afternoon tea.
- 2 Meet for lunch after Sunday Mass. *(And invite others we see there.)*
- 3 Think of a way to go deeper as a group. Maybe it's meeting at someone's house or supporting a groupmate's project.

Living Faith – Episode 4

Catholic Community

PART 1 – Keeping the Fire

Jesus lived community intentionally.

Wherever 2 or 3 are gathered in my name, I am there – Trinity is community.

It is not good that man be alone. (Genesis)

We are saved together – as a family.

We are a coal in a fire – stay together to avoid cooling.

- On our own, we will go cold w/o other believers.
- Our faith rubs off on each other and together our faith is much greater.

If you want to take your faith seriously, you need to get around other people who take their faith seriously.

PART TWO – Around the Table.

How do we live in community?

Find a group at your parish – that you connect with.

- Friendship & faith will strengthen each other.
- Be proactive in inviting others.

If there isn't one, start a group.

- Don't be afraid to start small – 1 person to go for a cup of tea after Mass.

It was important for Jesus – so it is important for us to do this.