

Living Faith – Episode 3

Ongoing Formation

ADVENTURE WITH GOD HANDOUT

PART 1 – Do you know Him?

Disciple = learner; student (all the time)

Proverbs – wisdom = the bible or Jesus

- Proverbs 2:1-6 – The Blessings of Wisdom
 - Knowing Jesus is the most valuable thing.
 - Find that hunger to know more about Him.
- Phil 3:10-11 - That I might know Him and the resurrection
- He is delightful to know - engage in the adventure of getting to know Him.
- Martha & Mary – sitting at His feet & listening to His teaching.
- GOD – This is my beloved Son, listen to Him.

Prayer – yes, but need more

Formation – You are the **primary** person in charge of your faith formation.

- Homily not enough
- What grade level is your formation?

PART TWO – Renewal of your mind.

Immerse yourself.

Remove distraction – other voices competing for our ears & mind.

- What can you remove / pause on? Give your heart & mind time to learn...
- Rom 12:2 “Do not be conformed to this age but be transformed by the renewal of your mind, ...”

Make a plan / schedule:

1. The Mass readings & homily & prayers. - As I pray, so to I believe.
2. Read & get to know God’s Word, the Bible – Bible in a Year podcast
3. Read the lives of the Saints
4. Read a Holy Book about God – to constantly turn to.
 - a. Seasonal
 - b. Ask friends
5. Read the Catechism of the Catholic Church – Catechism in a Year podcast
6. Research questions & type notes