

Foundations for Thriving in Catholic Parenting

Episode 1 - Nature

What is it to be human?

How do humans develop and thrive?

What is the role of grace?



QUESTIONS:

1. When were you or your family thriving?
2. What were the elements that created that season in your life?

QUESTIONS:

1. What are the unique characteristics of each of your children?
2. How can you help shape their character to express that personality quality better?

THIS WEEK:

1. Pause – slow down & catch up to grace – draw deeper from grace
2. Read scripture.
3. Expect the Sacraments to fill you up.
4. Stay connected with your spouse.