

St. Cecilia Family Formation – Parent Class

Why Family Faith Formation & a parent class?

Because we want to help you be all that God has called you to be - *Deut 6:4-7*:

Hear, O Israel! The LORD is our God, the LORD alone!

Therefore, you shall love the LORD, your God, with your whole heart, and with your whole being, and with your whole strength.

Take to heart these words which I command you today.

Keep repeating them to your children.

Recite them when you are at home and when you are away, when you lie down and when you get up.

The goal of the parent class is to build a strong community of parents who accompany one another as they become successful faith leaders for their families. We think learning in the class together will build community and studying the topics below will help parents become successful faith leaders for their family.

The parent class will have a combination of these topics:

1. The 3 items the K-8 are studying:
 - a. Gospel
 - b. Feast Day
 - c. Prayer
2. Adult Formation
3. Parenting Formation
4. “Forming Faith At Home” Challenge

We only have 1 hour and 10 minutes for class, which means there isn’t enough time to discuss all 4 topics in each class. Any given class will contain a mixture of the 4 topics, depending on various factors at that time.

The reason for each is as follows:

1. **The 3 items the K-8 are studying.** - We want to send parents home with an understanding of what their K-8 students learned so they will be able to discuss it and extend the lesson at home.
 - a. We will always take time to understand the Gospel & readings for that Sunday.
 - b. We may not spend as much time on the Feast Day.
 - c. It is important that we discuss the prayer, as we want parents to be teaching their children the prayer and the importance of that prayer.
2. **Adult Formation** – We want to increase the parent’s faith knowledge.
3. **Parenting Formation** – We want to provide some faith-based parenting tips.
4. **“Forming Faith At Home” Challenge** – We will send parents home with a challenge to do that week in their family.

In addition, the Sunday before an “at home” Sunday, we will spend a portion of the parent class reviewing the materials they will be teaching their children the next Sunday at home. As we progress through the year, this amount of time should decrease as parents become more adept at using the materials provided in teaching their children the lesson.