

St. Cecilia Family Faith Formation - Doctrine

The 7 Sacraments

Initiation: Baptism, Confirmation & Eucharist

Healing: Reconciliation & Anointing of the Sick

Service: Matrimony & Holy Orders

4 Marks of the Church

One, Holy, Catholic, Apostolic

The Precepts of the Church

1. Attend Mass on Sundays and holy days
& rest from servile labor.
2. Confess your sins at least once a year.
3. Receive Holy Communion at least once a
year during Easter time.
4. Fast and abstain on days of penance.
5. Provide for the needs of the Church.

Holy Days of Obligation

Immaculate Conception	Dec. 8
Christmas	Dec. 25
Mary, Mother of God	Jan. 1
Ascension of the Lord	40 days > Easter
Assumption of Mary	Aug. 15
All Saints Day	Nov. 1

7 Gifts of the Holy Spirit

Wisdom	Knowledge
Understanding	Piety
Counsel	Fear of the Lord
Fortitude	

12 Fruits of the Holy Spirit

Charity (Love)	Generosity
Joy	Faithfulness
Peace	Gentleness
Patience	Modesty
Kindness	Self-Control
Goodness	Chastity

Virtues

Theological: Faith, Hope, & Love

Cardinal: Prudence, Justice, Fortitude, Temperance

The Ten Commandments

1. I, the Lord, am your God.
You shall not have strange gods before me.
2. You shall not take the name of the
Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness
against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's possessions.

Spiritual Works of Mercy

Warn the sinner.	Bear wrongs patiently.
Teach the ignorant.	Forgive injuries.
Counsel the doubtful.	Pray for the living & dead.
Comfort the sorrowful.	

Corporal Works of Mercy

Feed the hungry.	Shelter the homeless.
Give drink to the thirsty.	Visit the sick.
Clothe the naked.	Bury the dead.
Visit the imprisoned.	

The Beatitudes

Blessed are the poor in spirit,
for theirs is the Kingdom of Heaven.

Blessed are they who mourn,
for they will be comforted.

Blessed are the meek,
for they will inherit the Earth.

Blessed are they who hunger & thirst for righteousness,
for they will be satisfied.

Blessed are the merciful,
for they will receive mercy.

Blessed are the pure of heart,
for they will see God.

Blessed are the peacemakers,
for they will be called children of God.

Blessed are they who are persecuted
for righteousness' sake,
for theirs is the Kingdom of Heaven.