

# LGBTQIASB+ COUNSELLING PRACTICE

**A confidential, free-of-charge mental health and wellbeing service across the Northern Territory.**

***If you are looking for a trauma-informed counsellor to support, you to:***

Explore your sexuality or gender identity, both what it means for you and those around you.

Or, if you are looking for **inclusive** counselling and need support around feeling stuck, being caught in the same thought or relationship patterns, to process difficult feelings or events, or are looking for an opportunity for growth.

***Reach out to us today to make a first appointment to see if we can be of help.***

*Appointments available between 9am and 5pm - Mondays and Wednesdays (In-person/Online) and Thursdays (Online Only)*



0414 809 717



counsellor@ntahc.org.au



1 Searcy Street Darwin



Website for more details

