

## LGBTI FOCUSED COUNSELLING SERVICE WHERE EVERYONE IS WELCOME.

## AVAILABLE EVERY TUESDAY AND WEDNESDAY VIA FACE TO FACE, PHONE OR VIDEO CALL.

This confidential **free** service is offered within a safe, affirmative and non-judgmental therapeutic space.

Larz is a trauma-informed therapist who specialises in LGBTQI+ mental health and well-being. He also has experience in the following areas with both adolescents and adults -

- Depression, anxiety, grief, loss & stress
- Neurodiversity (ASD, ADHD, dyslexia)
- Issues about sex and sexuality
- Non-binary and trans experiences
- Family, parental support for issues around gender & sexuality
- Relationship distress
- Support with suicidal thoughts and self-harm
- Healing from systemic and structural oppression and marginalisation



## **BOOK OR REFER TODAY**

By text/call/email on 0414 809 717 or counsellor@ntahc.org.au

VISIT THE LGBTI LIVING WELL PROGRAM











