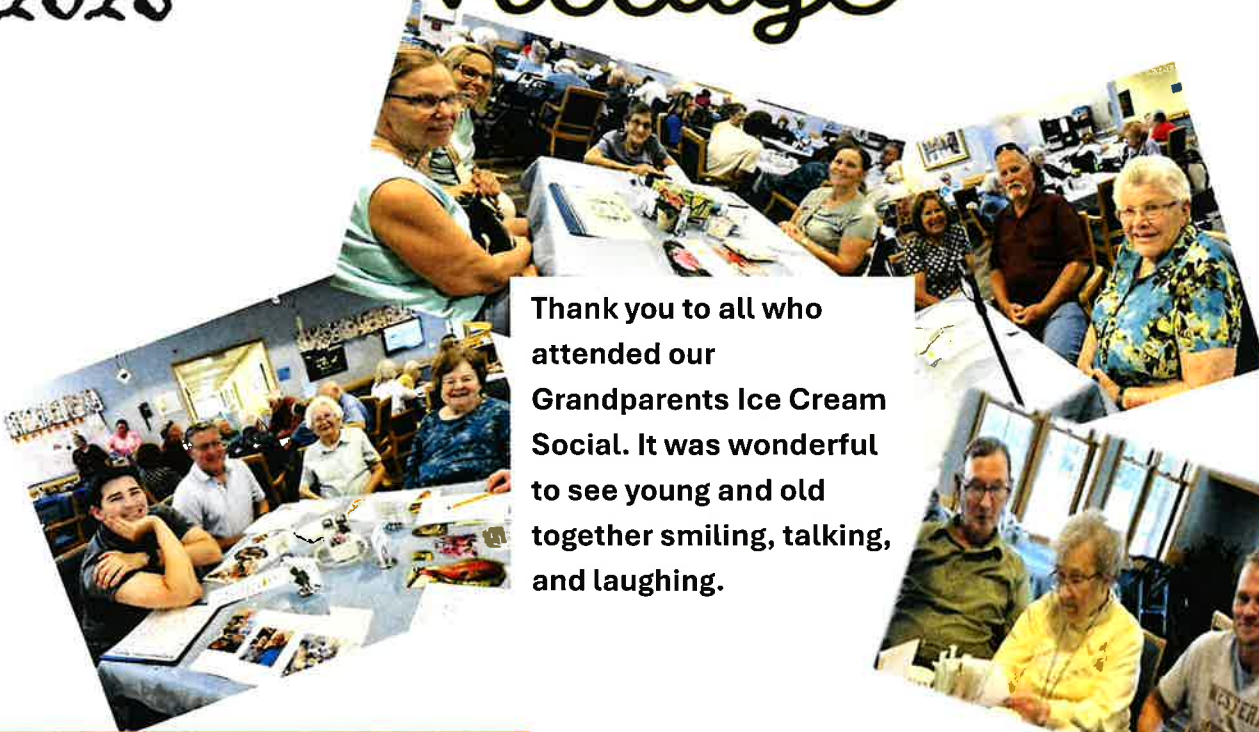


# Carveth October 2026 Village



Thank you to all who attended our Grandparents Ice Cream Social. It was wonderful to see young and old together smiling, talking, and laughing.

TK Kitchen was our outing this month. The best part is that always one or more member of the community recognizes someone in our group. You have got to love a small town!



Our biggest Birthday Bar of the year!!! We had 10 birthdays and 10 different desserts. Our Kitchen went above and beyond to make this one heck of an event. Pies, cakes, cookies, & ice cream, who could ask for more?



**Marilyn S. Oct.01**

**Duane K. Oct.10**

**Carol P. Oct.24**

**Ann B. Oct.30**



**Friday, October 23  
2pm**



## **Fascinating Facts About People Born in October**

**People born in October are known for their ability to connect with others and their desire for balance, they tend to have calming and approachable energy.**

**People born in October are skilled in handling delicate situations and can navigate difficult conversations with ease.**

**People born in October are very loyal. Once they form a bond with someone, they are deeply committed to that relationship.**

**People born in October enjoy exploring new places, trying new activities, and pushing themselves out of their comfort zones.**



**Thursday, October 8, 11am**

**The Middleville United Methodist Church has invited our residents to a homecooked meal to celebrate aging. You must **SIGN UP** if you are interested.**



**Dynasty Buffet**

**Wednesday  
October 14  
10:30am**



**Friday,  
October  
30  
2pm**

**Staff, residents, family, come to join the costume parade. Following the parade will be Halloween Trivia, games, and of course refreshments.**



**Carveth Village does open its doors to trick-or-treaters Halloween**

**night from 6pm-7pm. We are looking for candy donations so if anybody is interested in handing out candy, they may.**



**October 1-**

**Homemade Cookie Day**

**October 8-**

**Fluffernutter Day**

**October 10-**

**Angel Food Cake Day**

**October 14-**

**Dessert Day**

**October 18-**

**Mashed Potato Day**

**October 26-**

**Pumpkin Day**

**October 30-**

**Candy Corn Day**



The word "pumpkin" showed up for the first time in the fairy tale Cinderella



Pumpkins are grown on every continent except Antarctica.



Pumpkins are technically fruits.



Every single part of a pumpkin is edible. Yep, you can eat the skin, leaves, flowers, pulp, seeds and even the stem!



One cup of canned pumpkin has less than 100 calories and only half a gram of fat. They also have more fiber than kale, more potassium than bananas and are full of heart-healthy magnesium and iron.



A middle-aged man was talking to his elderly father, "I wanted to thank you dad, I

remember when I was younger and first dating girls you gave me a piece of advice. You said 'good companion, good in bed, good mother - pick two'"

The father looked kindly at his son and nodded.

"Well, I feel like I have a good life. My wife is kind to me and a lovely mother to our three kids." The father nodded back to his son with a knowing look and replied.

"That's great son, but when I said 'pick two' I meant pick the second one."

**I dressed up as a screwdriver this past Halloween.**

**It wasn't the best costume, but I still turned a lot of heads.**

A guy goes to a Halloween party with a girl on his back.

The host asks him, "And what are you?"

The guy says, "I'm a snail."

The host says, "And who's that on your back?"

"That's Michelle!"

A guy dressed in regular street clothes walks into a bar on Halloween and orders a beer. "I'm here for the costume party," he tells the bartender. The bartender looks him up and down, taking in his ordinary clothing and no makeup or wig. "What are you supposed to be?" the bartender asks. "I'm a werewolf," the guy replies. "How's that? You're not dressed up at all," the bartender says. "Well, it's not a full moon tonight, now is it Mr. Smart Guy?" the guy replies.

A young man in the hospital is smitten with his night nurse, she feels good about him too. The pain meds he's on has constipated him and neither want to discuss it. She decides to slip him a laxative to "help". Just before she's going to arrive for a visit, he has an accident in the bed, there's time to clean up, just barely... he's holding the sheets as the door begins to open, quickly he opened the third floor window and dropping them, he jumps back into bed as she walks in.

The sheriff is called to a commotion in the alley at the hospital, rolling up, he finds the town drunk lying among the mess.

What the hell Maynard? What's going on?

"I don't know Sheriff, I was minding my own business, took a shortcut thru this alley, when all of a sudden, I got jumped by a ghost, but I'm pretty sure I beat the s#! out of him before I went down...."



**Leslie K. Rm.145B**

**“Lorraine” B Rm.164**

***October's Confusion***

October strolls in wearing boots,  
Crunching leaves in grand pursuits.  
Pumpkin spice floods every street—  
Even my toothpaste tastes like a treat.

The squirrels are frantic,  
losing track  
Of every nut they tried to pack.  
One swears he stored them  
“right here!”

But finds a pumpkin grinning  
ear to ear.

Kids prep costumes  
weeks ahead—

A ghost, a witch, a pumpkin head.  
Adults sip lattes, trying to cope,  
Pretending caffeine counts as hope  
So here's to October—fun and  
weird—

The quirkiest month of the autumn  
year.

**Be Sure to Sign up for any  
outing mentioned in  
Newsletter!!!!**



**Friday, October 2, 2pm**

**Marv Luttrell**

**Tuesday, October 6, 2pm**

**Eddie Francisco**

**Wednesday, October 7, 2pm**

**Fall Placemat**

**Thursday, October 8**

**10:30am-Outing**

**3pm- Col 3:16**

**Friday, October 9, 2pm**

**Dave Johnson**

**Tuesday, October 13, 3pm**

**Rob Leonard**

**Friday, October 16, 2pm**

**Doug Smith**

**Tuesday, October 20, 2pm**

**Charlie Mench**

**Thursday, October 22, 2pm**

**Tea & Pumpkin Painting**

# October Menu

| Sunday                                                          | Monday                                                                      | Tuesday                                                                 | Wednesday                                                          | Thursday                                                                  | Friday                                                               | Saturday                                                                  |
|-----------------------------------------------------------------|-----------------------------------------------------------------------------|-------------------------------------------------------------------------|--------------------------------------------------------------------|---------------------------------------------------------------------------|----------------------------------------------------------------------|---------------------------------------------------------------------------|
| <b>Ask Server about Vegetables, Sides, and other Options</b>    |                                                                             |                                                                         | <b>Lunch</b><br>-----<br><b>Supper</b>                             | <b>1</b><br>Grilled Burgers<br>-----<br>Chicken Tenders                   | <b>2</b><br>Chipped Beef on Toast<br>-----<br>Hobo Casserole         | <b>3</b><br>Country Fried Steak<br>-----<br>Sloppy Joe                    |
| <b>4</b><br>Herbed Pork Roast<br>-----<br>BBQ Chicken Flatbread | <b>5</b><br>Burrito Bake<br>-----<br>Chicken Ala King                       | <b>6</b><br>Hot Beef Sandwich<br>-----<br>Clam Chowder                  | <b>7</b><br>Linda's Crispy Chicken Thighs<br>-----<br>Spaghetti    | <b>8</b><br>BBQ Ribs<br>-----<br>Chicken Scallopini                       | <b>9</b><br>Baked Whitefish<br>-----<br>Beef Stir Fry                | <b>10</b><br>Baked Chicken<br>-----<br>Beef & Rotini Bake                 |
| <b>11</b><br>Sliced Ham<br>-----<br>Farmers Market Penne        | <b>12</b><br>Mississippi Chicken<br>-----<br>Beef & Broccoli Bowl           | <b>13</b><br>Stuffed Pepper Casserole<br>-----<br>Steak & Shrimp Fajita | <b>14</b><br>Lasagna Casserole<br>-----<br>Crispy Chicken Sandwich | <b>15</b><br>Grilled Brats<br>-----<br>Pasta Primavera w/ Shrimp          | <b>16</b><br>Bleu Chicken<br>-----<br>BBQ Pulled Pork Sandwich       | <b>17</b><br>Smoked Sausage<br>-----<br>Sticky Ham Buns                   |
| <b>18</b><br>Roast Beef<br>-----<br>Mashed Potato Pancakes      | <b>19</b><br>Chicken Penne Alfredo<br>-----<br>Grilled Cheese & Tomato Soup | <b>20</b><br>Meatloaf<br>-----<br>Cheesy Chicken Tortellini             | <b>21</b><br>Cabbage Roll Casserole<br>-----<br>Flatbread Pizza    | <b>22</b><br>Beer Battered Fish<br>-----<br>Chili                         | <b>23</b><br>Homemade Pizza<br>-----<br>KFC Bowls                    | <b>24</b><br>Sweet-n-Sour Meatballs<br>-----<br>Turkey & Cheese Croissant |
| <b>25</b><br>Swiss Steak<br>-----<br>Southwest Chicken Wrap     | <b>26</b><br>Hot Pork Sandwich<br>-----<br>Salmon Patties                   | <b>27</b><br>Beef Stroganoff<br>-----<br>Chicken Pot Pie                | <b>28</b><br>Shepherd's Pie<br>-----<br>Baked Ziti                 | <b>29</b><br>Turkey Tetrazzini<br>-----<br>Italian Sausage & Pasta Pearls | <b>30</b><br>Grilled <i>Halloweenies</i><br>-----<br><i>Ghoulash</i> | <b>31</b><br>Au gratin Potatoes w/ Ham<br>-----<br>Beef Stew              |

# October Activities

| Sunday                                                | Monday                                             | Tuesday                           | Wednesday                                                   | Thursday                                           | Friday                                                       | Saturday |
|-------------------------------------------------------|----------------------------------------------------|-----------------------------------|-------------------------------------------------------------|----------------------------------------------------|--------------------------------------------------------------|----------|
| <b>Channel 02</b><br><b>Menu</b><br><b>Activities</b> |                                                    |                                   |                                                             |                                                    |                                                              |          |
| 4                                                     | 5<br>10am Exercise<br>10:30am Yahtzee<br>2pm Bingo | 6<br>10am Dominoes<br>2pm Tunes   | 7<br>10am Exercise<br>10:30am 5 Crowns<br>2pm Fall Placemat | 1<br>10:30am Bible Stories<br>2pm Greg & Jeanne    | 2<br>10am Exercise<br>10:30am War<br>2pm Tunes               | 3        |
| 11                                                    | 12<br>10am Exercise<br>10:30am Bunco<br>2pm Bingo  | 13<br>10am Dominoes<br>3pm Tunes  | 14<br>10am Exercise<br>3pm Bingo                            | 15<br>10:30am Bible Stories<br>2pm Greg & Jeanne   | 16<br>10:30am Uno<br>2pm Tunes                               | 17       |
| 18                                                    | 19<br>10am Exercise<br>10:30am Farkle<br>2pm Bingo | 20<br>10am Dominoes<br>2pm Tunes  | 21<br>10am Exercise<br>10:30am Pedro<br>2pm Bingo           | 22<br>10:30am Bible Stories<br>2pm Tea & Decorate  | 23<br>10am Exercise<br>10:30am War<br>2pm Birthday Bar       | 24       |
| 25                                                    | 26<br>10am Exercise<br>10:30am Bunco<br>2pm Bingo  | 27<br>10am Dominoes<br>2pm Euchre | 28<br>10am Exercise<br>10:30am King's Corner<br>2pm Bingo   | 29<br>10:30am Bible Stories<br>2pm Movie & Popcorn | 30<br>10am Exercise<br>10:30am Sequence<br>2pm Halloween Fun | 31       |