



RUFF RIDE

★ 24-Hour Spin Relay ★

Ruff Ride Rundown

YOUR GO-TO GUIDE FOR ALL THINGS RUFF RIDE!



[Parking & Arrival](#)



[Team Map](#)



[Find Your Fundraising Link](#)



[Event Floor Activities](#)



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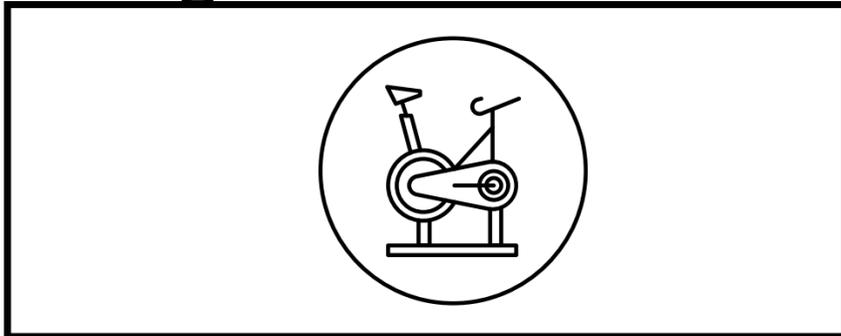


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Stage - 1 instructor bike



1 - Structure Tone 1



2 - Pedaling 4 Patriots



3 - Team Marriott



4 - America's Vet Dogs



5 - Structure Tone 2



6 - TD Cowen & Friends



7 - Patrick Sweeney Recumbent Bike



8 - Chris Katz Spartans



9-- TD Metro NY



10 Philly Unleashed



11 - Power Pedalers



Missing Man Bike



No one will be cycling on this bike





Parking is available at the below garages:

- New York-Presbyterian Hospital Garage: Located at 115 Fort Washington Avenue, New York, NY 10032. Contact them at (212) 305-9304 for more information.
- MTP Parking: Located at 4070 Broadway, New York, NY 10032. You can reach them by phone at (888) 277-7275.
- Central Parking System: Situated at 3960 Broadway, New York, NY 10032. Contact them at (212) 543-3629 for details.



Check-in opens at 9:00 AM on Saturday, March 28th at the Nike Track and Field Center. The opening ceremony will begin at 9:45 AM, followed by the official start of the opening ride at 10:00 AM sharp.

When you arrive, please check in by your last name. You'll receive your participant t-shirt and wristband at that time. Please note that you must be wearing your wristband to participate in the ride and any participants registering on or after March 13th may not be eligible to receive a participant t-shirt.



What's Happening on the Floor



Raffle and Merch Sales

Check out Team Foster merch and enter to win awesome raffle prizes — all in support of Veterans and service dogs!



Doggy Photo Booth

Strike a pose at the doggy photo booth, fun props, cute pups, and paws-itively adorable pics! Let me know if you need a version for a sign or social caption!



Vendor Village

Explore the Veterans Vendor Village — shop, connect, and support Veteran-owned businesses!



The Thirst Trap

Fill up your water bottle
Get your caffeine fix from Cloena Coffee
Fuel up with The Energy Drink



Visit the Missing Man Bike

Team Foster has adapted this memorial into a “missing man bike,” a mobile tribute that carries the same symbolism to honor those who can no longer ride alongside.





TEAM FOSTER
EST. 2014

JOIN THE MISSION

Team Foster raises money to provide accredited, life-saving service dogs to injured and disabled Veterans.



RUFF RIDE



FOSTER 100



MCMASTERS OPEN

CLICK HERE



Check out Team Foster's upcoming events and keep showing up for our Veterans! **Use code "SHOWUP"** for a discount on any Team Foster event registration.

#ShowUp4Vets #TeamFoster

Join the Team Foster Newsletter!

