



WEEKLY SPORT CAMPS

JULY - AUG | MON - FRI | 9AM - 4PM

SOAR Management will be partnering with Lake Joe Club this upcoming season to provide "Leadership through Sport" camps for kids ages 4-12 years old. The counsellors have been trained to use leadership language in all activities to encourage goal setting, accountability, respect, commitment and cooperation. The activities will be geared towards success and developing confidence in each sport that the campers will have the opportunity to participate in. It is our intent to ensure each camper feels supported, valued and safe.

Logistically, the camps will be available to families to sign up as a weekly commitment with camp running from 9:00 a.m. – 4:00 p.m. on Monday through Fridays and will be offered for 9 weeks beginning June 28, 2026 through the week of August 28, 2026. The core sports offered will be tennis and golf with exposure to and basic skill development in; soccer, basketball, arts and crafts, swimming, paddling and more.

The oldest campers will have an opportunity to focus more sessions on tennis and golf. Cooperative games, creative activities and a Regatta will be included in the weekly timetable. Lunches can either be provided by parents or purchased for the camp week.

Private open-water swim lessons will be offered by our certified instructors, which will occur throughout the campers days. Semi-private tennis, golf, watersport and dance/movement lessons are also offered in small groups (3-4 campers) which are all included in our camp enhancement offerings. Private academic learning is also offered through our literacy program by our educators. These enhancement lessons provide the extra guidance desired for campers to focus and develop one's sport skills and confidence.



Our Counsellor-in-training (CIT) Program is designed to develop strong, confident youth leaders who are ready to take on the responsibilities of future camp counselors. Through hands-on experience, mentorship, and skill-building workshops, CITs learn what it means to be a positive role model and an effective leader within the camp community.

NEW! COMING 2026

Counsellor-in-training (CIT) Program •

All Cohorts with Full Day Programming •

Greater Staff to Camper Ratio •

New Programming Tent •

Daily Beach Activities •

Daily Open Water Swim •

Golf Academy
Designated Area •

Tennis and Pickleball
Additions •



SPORT CAMP SCHEDULE



**Programming subject to change*

Weekly Sport Camp (Ages 4-12) - \$650

Non Lake Joe Club Member - Add \$125

AGES 4-5 YRS

| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------|-------------------------------------|----------------|-------------|---------------|----------------|
| 9.00 am - 9.15 am | Arrival, Energizer and Goal Setting | | | | |
| 9.15 am - 10.15 am | Ball Skills | Court Skills | Archery | Court Skills | Soccer |
| 10.15 am - 10.30 am | Snack | | | | |
| 10.30 am - 11.15 am | Swim | Raquet Skills | Swim | Field Games | Golf/Putting |
| 11.15 am - 12.00 pm | Canoe | Explore Nature | Canoe | Arts & Crafts | Explore Nature |
| 12.00 pm - 1.00 pm | Lunch | | | | |
| 1.00 pm - 1.45 pm | Gaga Ball | Golf/Putting | Ball Skills | Raquet Skills | Swim |
| 1.45 pm - 2.30 pm | Soccer | Field Games | Theme Day | Swim | Regatta |
| 2.30 pm - 2.45 pm | Snack | | | | |
| 2.45 pm - 3.30 pm | Arts & Crafts | Swim | Theme Day | Archery | Regatta |
| 3.30 pm - 4.00 pm | Fun Game / Depart | | | | |



SPORT CAMP SCHEDULE



*Programming subject to change

Weekly Sport Camp (Ages 4-12) - \$650

Non Lake Joe Club Member - Add \$125

AGE 6-7 YRS

| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------|-------------------------------------|---------------|------------|---------------|------------|
| 9.00 am - 9.15 am | Arrival, Energizer and Goal Setting | | | | |
| 9.15 am - 10.15 am | Gaga Ball | Tennis | Golf | Archery | Tennis |
| 10.15 am - 10.30 am | Snack | | | | |
| 10.30 am - 11.15 am | Basketball | Road Hockey | Canoe | Gaga Ball | Soccer |
| 11.15 am - 12.00 pm | Field Games | Arts & Crafts | Volleyball | Field Games | Swim |
| 12.00 pm - 1.00 pm | Lunch | | | | |
| 1.00 pm - 1.45 pm | Archery | Soccer | Swim | Road Hockey | Volleyball |
| 1.45 pm - 2.30 pm | Swim | Canoe | Theme Day | Swim | Regatta |
| 2.30 pm - 2.45 pm | Snack | | | | |
| 2.45 pm - 3.30 pm | Golf | Swim | Theme Day | Arts & Crafts | Regatta |
| 3.30 pm - 4.00 pm | Fun Game / Depart | | | | |

AGE 8-9 YRS

| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------|-------------------------------------|-------------|-------------|---------------|-------------|
| 9.00 am - 9.15 am | Arrival, Energizer and Goal Setting | | | | |
| 9.15 am - 10.15 am | Golf | Archery | Basketball | Tennis | Pickleball |
| 10.15 am - 10.30 am | Snack | | | | |
| 10.30 am - 11.15 am | Gaga Ball | Canoe | Field Games | Arts & Crafts | Archery |
| 11.15 am - 12.00 pm | Tennis | Road Hockey | Golf | Volleyball | Road Hockey |
| 12.00 pm - 1.00 pm | Lunch | | | | |
| 1.00 pm - 1.45 pm | Swim | Basketball | Swim | Canoe | Swim |
| 1.45 pm - 2.30 pm | Arts & Crafts | Swim | Theme Day | Gaga Ball | Regatta |
| 2.30 pm - 2.45 pm | Snack | | | | |
| 2.45 pm - 3.30 pm | Soccer | Field Games | Theme Day | Swim | Regatta |
| 3.30 pm - 4.00 pm | Fun Game / Depart | | | | |

SPORT CAMP SCHEDULE



*Programming subject to change

Weekly Sport Camp (Ages 4-12) - \$650

Non Lake Joe Club Member - Add \$125

AGE 10-12 YRS

| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------|-------------------------------------|---------------|------------|---------------|---------------|
| 9.00 am - 9.15 am | Arrival, Energizer and Goal Setting | | | | |
| 9.15 am - 10.15 am | Archery | Golf | Pickleball | Soccer | Arts & Crafts |
| 10.15 am - 10.30 am | Snack | | | | |
| 10.30 am - 11.15 am | Tennis | Arts & Crafts | Gaga Ball | Swim | Road Hockey |
| 11.15 am - 12.00 pm | Swim | Volleyball | Swim | Field Games | Archery |
| 12.00 pm - 1.00 pm | Lunch | | | | |
| 1.00 pm - 1.45 pm | Road Hockey | Field Games | Golf | Basketball | Swim |
| 1.45 pm - 2.30 pm | Gaga Ball | Swim | Theme Day | Tennis | Regatta |
| 2.30 pm - 2.45 pm | Snack | | | | |
| 2.45 pm - 3.30 pm | Flag Football | Canoe | Theme Day | Flag Football | Regatta |
| 3.30 pm - 4.00 pm | Fun Game / Depart | | | | |



SOAR's Watersport Camp will provide opportunities under the guidance of certified and experienced instructors and boat drivers for campers to hone their wakesurf, waterski and wakeboard skills both on water and with dry land coaching and training. Goal setting, analysis and reflection will be an integral part of the experience to ensure each student progresses. The environment will be supportive with the expectation that students can learn from each other as well as the coach. Experience can range from beginner to highly skilled as each student will have his/her programming needs met through customized instruction.

Tennis and golf sessions will be scheduled as well as opportunities to develop basic skills in; soccer, basketball, volleyball, swimming and paddling. Outdoor education with cooperative games and creative activities will be included in the weekly timetable.



WATERSPORT CAMP

JULY - AUG | MON - FRI | 9AM - 4PM

AGE 6-12 YRS

| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|--------|--|------------------------------------|----------|--------|
| 9.00 am - 9.15 am | | | Arrival, Energize and Goal Setting | | |
| 9.15 am - 12.15 pm | | | Watersport Development | | |
| 12.15 pm - 1.00 pm | | | Lunch | | |
| 1.00 pm - 3.30 pm | | Campers go to specific age group for 'Leadership Through Sport Camp' Please refer to camp schedule package for specific age programming | | | |
| 3.30 pm - 4.00 pm | | | Analysis, Reflect, Departure | | |



Weekly Watersport Camp (Ages 6-12) - \$925
Non Lake Joe Club Member - Add \$125

**Minimum of 4 campers, maximum of 6
 Programming subject to change