

WHAT'S IN YOUR BOWL

CHICKEN SHAWARMA 12.99

Grilled Chicken | Hummus or Garlic | Lettuce | Tomato | Onions | Pickle | Dillio or Spicy Dillio Sauce | Yellow Rice

STEAK SHAWARMA 13.99

Steak | Hummus or Garlic | Lettuce | Tomato | Onions | Pickle | Dillio or Spicy Dillio Sauce | Yellow Rice

FALAFEL (VEGETARIAN) 12.99

Golden Falafel | Hummus or Garlic | Lettuce | Tomato | Onion | Pickles | Feta Cheese | Dillio or Spicy Dillio Sauce | Yellow Rice

VEGETARIAN 12.99

Hummus or Garlic | Lettuce | Tomato | Cucumber | Grilled Peppers & Onions | Eggplant | Feta | Dillio or Spicy Dillio Sauce | Yellow Rice

PREMIUM BOWLS

CHICKEN & STEAK SHAWARMA 16.98

Grilled Chicken | Steak | Hummus or Garlic | Lettuce | Tomato | Onions | Pickle | Dillio or Spicy Dillio Sauce | Yellow Rice

FIRE GRILLED SHRIMP & STEAK 21.33

Grilled Shrimp | Steak | Hummus or Garlic | Lettuce | Tomato | Onions | Pickle | Dillio or Spicy Dillio Sauce | Yellow Rice

FIRE GRILLED SHRIMP & CHICKEN 19.98

Grilled Shrimp | Grilled Chicken | Hummus or Garlic | Lettuce | Tomato | Onions | Pickle | Dillio or Spicy Dillio Sauce | Yellow Rice

FIRE GRILLED SHRIMP 15.88

Grilled Shrimp | Hummus or Garlic | Lettuce | Tomato | Onions | Pickle | Dillio or Spicy Dillio Sauce | Yellow Rice

TRIFECTA 23.97

Grilled Chicken | Steak | Shrimp | Hummus or Garlic | Lettuce | Tomato | Onions | Pickle | Dillio or Spicy Dillio | Yellow Rice

All prices are subject to change without notice

GET IT SPICY!!
Add Spicy Dillio to any Wrap, Bowl or Salad

THAT'S A WRAP

CHICKEN SHAWARMA 8.99

Grilled Chicken | Garlic Spread | Lettuce | Tomato | Onions | Pickle | Dillio or Spicy Dillio Sauce

STEAK SHAWARMA 9.99

Steak | Garlic Spread | Lettuce | Tomato | Onions | Pickle | Dillio or Spicy Dillio Sauce

THE MIDDLE EATS 8.99

Grilled Chicken | Garlic Spread | Lettuce | Tomato | Onions | Pickle | Yellow Rice | Dillio or Spicy Dillio Sauce

SPICY CRUNCHY SHAWARMA 8.99

Grilled Chicken | Pita Chips | Garlic Spread | Lettuce | Tomato | Onions | Pickle | Spicy Dillio Sauce

DELUXE 9.99

Grilled Chicken | Garlic Spread | Lettuce | Onion | Tomato | Feta Cheese | Fresh Jalapeño | Dillio or Spicy Dillio Sauce

FALAFEL (VEGETARIAN) 8.99

Falafel | Hummus | Feta Cheese | Tomato | Lettuce | Onion | Green Peppers | Pickles | Dillio or Spicy Dillio Sauce

VEGGIE 8.99

Fries | Eggplant | Tomato | Grilled Peppers & Onions | Pickles | Garlic Spread | Feta Cheese | Dillio or Spicy Dillio Sauce

PREMIUM WRAPS

CHICKEN & STEAK 12.99

Grilled Chicken | Steak | Garlic Spread | Lettuce | Tomato | Onions | Pickle | Dillio or Spicy Dillio Sauce

FIRE GRILLED SHRIMP 11.99

Grilled Shrimp | Yellow Rice | Lettuce | Tomato | Onions | Pickle | Garlic | Dillio or Spicy Dillio Sauce

CHICKEN & FIRE GRILLED SHRIMP 13.99

Grilled Shrimp | Grilled Chicken | Garlic Spread | Lettuce | Tomato | Onions | Pickle | Dillio or Spicy Dillio Sauce

STEAK SHAWARMA & FIRE GRILLED SHRIMP 13.99

Grilled Shrimp | Steak | Garlic Spread | Lettuce | Tomato | Onions | Pickle | Dillio or Spicy Dillio Sauce

TRIFECTA 17.99

Grilled Chicken | Steak | Grilled Shrimp | Garlic Spread | Lettuce | Tomato | Onions | Pickle | Dillio or Spicy Dillio Sauce



PASTA BOWLS

ALFREDO PASTA BOWL 13.99

Penne Pasta | Grilled Chicken Breast | Broccoli Tossed in our Creamy Alfredo Sauce
Steak +2 | Shrimp +4 | Trifecta +9.99

PALOMINO PASTA BOWL 13.99

Penne Pasta | Grilled Chicken Breast | Grilled Sweet Peppers | Onions | Tossed in our rich Palomino Sauce
Steak +2 | Shrimp +4 | Trifecta +9.99

DETROIT LOCATION ONLY

SALADS

ADDITIONS

CHICKEN 2.99
STEAK 3.99
SHRIMP 6.99
FALAFEL 1.99

CHICKEN SHAWARMA SALAD 13.99

Grilled Chicken | Lettuce | Tomato | Onions | Cucumber | Bell Peppers | Pita Chips | House Dressing

MIDDLE EATS SALAD 13.99

Grilled Chicken | Lettuce | Tomato | Onions | Shredded Cheese | Cucumbers | Jalapeños | Dillio or Spicy Dillio Sauce

FATTOUSH SALAD 12.99

Lettuce | Tomato | Onions | Cucumber | Bell Peppers | Red Cabbage | Sumac | Pita Chips | Fattoush Dressing

CAESAR SALAD 11.99

Lettuce | Parmesan Cheese | Pita Chips | Caesar Dressing

GARDEN SALAD 8.99

Lettuce | Tomato | Onions | Cucumber | House Dressing

MIDDLE EATS SPECIALTIES

LOADED SHAWARMA FRIES

11.99 | LARGE 16.99

Fries | Grilled Chicken | Feta Cheese | Jalapenos | Onions | Tomato | Choice of Spicy Dillio Sauce or Alfredo Sauce

GARLIC SAUCE WITH PITA WEDGES

REGULAR 5.99 | LARGE 9.99

Creamy Garlic Aioli | Pita Wedges

HUMMUS WITH PITA WEDGES ADD CHICKEN 2.99

REGULAR 5.99 | LARGE 9.99 ADD STEAK 3.99

Puree of Chickpeas | Tahini | Spices Served With Pita Wedges



SIDES

FIRE GRILLED SHRIMP (5PC) 6.99
 FALAFEL 5PC 4.99 | 10PC 8.99
 FRENCH FRIES
 SMALL • 3.99 | LARGE 5.99
 YELLOW RICE 4.99 | LARGE 6.99
 WITH SPICY OR REGULAR DILLIO
 SIDE OF GARLIC 1.19
 SIDE OF HUMMUS 1.19
 2 PC SIDE PITA BREAD 1.49
 PITA CHIPS 1.49



SMOOTHIES

SMOOTHIES 6.99 JUMBO 9.99

BANGO TANGO
 Bananas | Mango | Pineapple Juice

ENERGIZE
 Strawberries | Spinach | Banana | Pineapple Juice

FRUIT FUSION
 Strawberries | Grapes | Mango | Pineapple Juice

GINGERBERRY
 Blueberries | Ginger | Banana | Apple Juice

GREEN TROPICS
 Mango | Banana | Spinach | Pineapple Juice

INVIGORATE
 Mango | Blueberry | Spinach | Banana | Apple Juice

STRAWBERRY BANANA
 Strawberries | Bananas | Vanilla

UPSURGE
 Kale | Blueberries | Grapes | Banana | Pineapple Juice



DESSERTS

STRAWBERRY SHORTCAKE 4.89
 STRAWBERRY CHEESECAKE 4.89
 BANANA BREAD PUDDING PARFAIT 4.89
 STRAWBERRY BANANA BREAD PUDDING PARFAIT 4.89
 BAVARIAN CREAM FILLED CHURROS (2 PC) 5.00



FAMILY STYLE CATERING

FOR PARTIES OF 10 OR MORE



• THE BOWL BAR

BUILD YOUR OWN MIDDLE EATS BOWL BAR

AVAILABLE CHOICES

- RICE
- STEAK
- CHICKEN
- SHRIMP
- VEGGIES
- FALAFEL
- SALADS
- PITA CHIPS
- GARLIC
- HUMMUS

HAVE A LARGER EVENT?

FOR GUESTS OVER 180

WE OFFER FULL SERVICE
 EVENT CATERING



LOCATIONS

DETROIT
 9701 HARPER AVE.
 313-543-8888

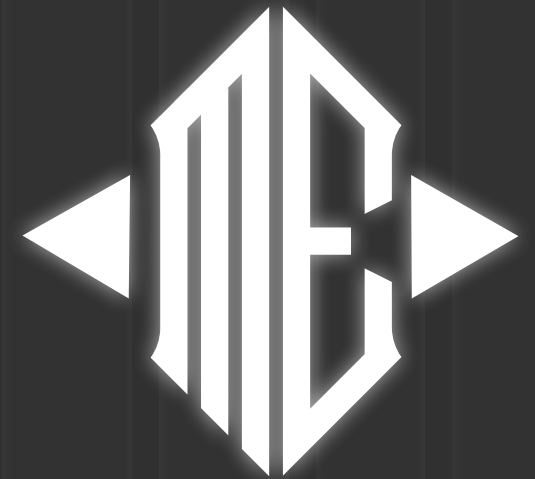
WARREN
 32040 VAN DYKE AVE.
 586-884-7625

BLOOMFIELD HILLS
 42967 WOODWARD AVE.
 248-274-EATS

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