



HURR Long Course Invite

Hosted By:
HURRICANES

Date(s): 06/12/2026 - 06/14/2026

Sanction #: [GA26-071/STT](#)

Meet Director: Melissa Johnson coach_melissa@swimhurricanes.com	Meet Referee: Jennifer Herbek jennifer_herbek@swimhurricanes.com	Admin Official: Jennifer Ladson entries@swimhurricanes.com
---	--	--

SANCTION:	Held under the sanction of USA Swimming, through Georgia Swimming Inc.																														
LIABILITY:	In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and , shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.																														
FACILITY:	<p style="text-align: center;">Columbus Aquatic Center 1603 Midtown Dr, Columbus, GA 31906</p> <p>The 10 lane, 50 meter pool with a depth at the start ends equal to 13.1 feet and turn end depth equal 5.2 feet.</p> <p>Meet host will ensure the required course dimensions.</p>																														
MEDICAL SUPERVISION:	Lifeguards will be on site at all times.																														
SESSION SCHEDULE:	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 10%;">Session #</th> <th style="width: 15%;">Date</th> <th style="width: 50%;">Name</th> <th style="width: 10%;">Warmup</th> <th style="width: 15%;">Start</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">1</td> <td style="text-align: center;">2026-06-12</td> <td style="text-align: center;">Friday PM TF</td> <td style="text-align: center;">3:30 PM</td> <td style="text-align: center;">4:30 PM</td> </tr> <tr> <td style="text-align: center;">2</td> <td style="text-align: center;">2026-06-13</td> <td style="text-align: center;">Saturday AM 11 & over PRELIMS/10 & under timed finals</td> <td style="text-align: center;">8:00 AM</td> <td style="text-align: center;">9:30 AM</td> </tr> <tr> <td style="text-align: center;">3</td> <td style="text-align: center;">2026-06-13</td> <td style="text-align: center;">Saturday PM 11 & over FINALS</td> <td style="text-align: center;">4:00 PM</td> <td style="text-align: center;">5:00 PM</td> </tr> <tr> <td style="text-align: center;">4</td> <td style="text-align: center;">2026-06-14</td> <td style="text-align: center;">Sunday AM 11 & over PRELIMS/10 & under timed finals</td> <td style="text-align: center;">8:00 AM</td> <td style="text-align: center;">9:30 AM</td> </tr> <tr> <td style="text-align: center;">5</td> <td style="text-align: center;">2026-06-14</td> <td style="text-align: center;">Sunday PM 11 & over FINALS</td> <td style="text-align: center;">4:00 PM</td> <td style="text-align: center;">5:00 PM</td> </tr> </tbody> </table>	Session #	Date	Name	Warmup	Start	1	2026-06-12	Friday PM TF	3:30 PM	4:30 PM	2	2026-06-13	Saturday AM 11 & over PRELIMS/10 & under timed finals	8:00 AM	9:30 AM	3	2026-06-13	Saturday PM 11 & over FINALS	4:00 PM	5:00 PM	4	2026-06-14	Sunday AM 11 & over PRELIMS/10 & under timed finals	8:00 AM	9:30 AM	5	2026-06-14	Sunday PM 11 & over FINALS	4:00 PM	5:00 PM
Session #	Date	Name	Warmup	Start																											
1	2026-06-12	Friday PM TF	3:30 PM	4:30 PM																											
2	2026-06-13	Saturday AM 11 & over PRELIMS/10 & under timed finals	8:00 AM	9:30 AM																											
3	2026-06-13	Saturday PM 11 & over FINALS	4:00 PM	5:00 PM																											
4	2026-06-14	Sunday AM 11 & over PRELIMS/10 & under timed finals	8:00 AM	9:30 AM																											
5	2026-06-14	Sunday PM 11 & over FINALS	4:00 PM	5:00 PM																											
MEET FORMAT:	<ul style="list-style-type: none"> ● Course Type: Long Course Meters ● Event Format: <ul style="list-style-type: none"> ● 10&U: All events will be timed finals 																														

	<ul style="list-style-type: none"> ● 11&O: All Friday events will be timed finals. Saturday & Sunday events will be prelim/finals, except relays, which will be timed finals. ● 9&O 400 free will be a timed final event <p>● Distance Events Format:</p> <ul style="list-style-type: none"> ● The 1500 will be swum fast to slow, alternating heats by gender. Swimmers must provide their own timer and counter. ● The 9&O 400 Free will be swum FAST to SLOW, alternating gender. Swimmers must provide their own timer. ● Meet host reserves the right to limit the 1500 free to the top 3 heats, which will be filled with the top 15 swimmers in each gender, if necessary for timeline management. <p>● Finals Format:</p> <ul style="list-style-type: none"> ● 11 & over prelim/final events will have an A Final for each age group & gender: 11-12, 13-14 and 15 & over and the final heats will be contested in that order. Top 10 swimmers from each age group will qualify for finals. <p>● Lanes for Competition: Up to 10 lanes for Prelims</p> <p>● Lanes for Finals: 10</p> <p>● Warmup Lanes:</p> <ul style="list-style-type: none"> ● Minimum of 4 short-course lanes and/or minimum of 1 LCM lane available for warm-up/cool-down during meet. <p>● Potential Adjustments:</p> <ul style="list-style-type: none"> ● Meet Host reserves the right to make any of the following adjustments as needed for timeline management: <ul style="list-style-type: none"> ○ Add or adjust breaks ○ Change session start times ○ Limit or eliminate relays ○ Limit events of 400m to four heats per gender ○ Swim timed final events (Friday and/or all 10&U) as mixed gender ○ Split 10&U to a midday session (announced to all teams no later than Monday, June 8th) ○ Any other changes needed to ensure the meet is a success
<p>ENTRY FEES:</p>	<ul style="list-style-type: none"> ● IND. EVENT FEE: \$12.00 / Event ● LATE IND. ENTRIES: \$24.00 / Event ● RELAYS: \$24.00 / Event ● LATE RELAY ENTRIES: \$48.00 / Event ● TIME TRIALS: \$24.00 / Event ● GA LSC Travel Fund \$3.00 / Georgia LSC registered athlete ● GA travel fee \$6.00 / non-Georgia LSC registered athlete

ELIGIBILITY:	<p>MEET TYPE: Open Open to all registered USA Swimmers. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.</p>
SWIMMERS WITH A DISABILITY:	<p>Athletes with a disability are welcomed, but advance notice of desired accommodation must be provided to the Meet Referee via, the NECESSARY ACCOMODATIONS FORM, which should be submitted by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.</p>
ENTRIES:	<p>Daily Limits: Daily Limits: 11 & over swimmers may swim a maximum of 3 individual events per day and 1 relay event per day. 10 & under swimmers may swim a maximum of 4 individual events per day and 1 relay event per day.</p> <p>Swimmers may swim a total of 8 events throughout the weekend.</p> <p>Deck Entries: Deck Entries will be available on a space available basis at the admin table up to 45 minutes before the start of the session. Deck Entries will only be accepted if lane space permits. No additional heats will be created to accommodate deck entries.</p> <p>Time Trials: Time Trials will be offered at the discretion of the meet referee. Time trial check-in will close two-hours after the start of each session, and one-hour after the start of Sunday finals.</p> <p>Time Trials will NOT count towards daily event limits.</p>
CHECK IN:	<p>There will be a positive check-in for the 11 & Over 400 IM, 1500 Free and the 9 & Over 400 Free. Swimmers must check-in with clerk of course by the times shown below: 11 & over 400 IM and 1500 Free – Friday, June 12, 3:45 pm 9 & over 400 Free – Saturday, Sunday 13, 8:15 am</p>
CLERK of COURSE:	<p>Prelim results will be posted at clerk of course for all prelim/final events. Swimmers placing in the top 10 of their age group will have 30 minutes to declare their intention to scratch</p>
ENTRY SUBMISSION:	<p>Submit one check payable to: Columbus Aquatic Club Hurricanes Entries must be received on or before: 06/02/2026 11:59pm Entries should be emailed to entries@swimhurricanes.com</p> <p>Submit entries using Hy-Tek team manager. Entries must include the USA Swimming Club Code and each swimmer's USA Swimming number, first and last name, age, and seeding time for each event entered.</p>
RULES:	<p>Current USA Swimming Rules will govern this meet.</p>

	<ul style="list-style-type: none"> ● All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <u>Minor Athlete Abuse Prevention Policy</u> ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. ● On Deck USA-S registration will be permitted at the discretion of the Meet Director and/or Meet Referee. ● In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, restrooms, or locker rooms. Per GA Swimming policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. ● Deck changes are prohibited. ● Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. ● Operation of a drone or any other flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
CREDENTIALS:	Only athletes, USA Swimming certified coaches, and USA Swimming officials, in good standing, will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times. Parents not working the meet as a volunteer or other position are not permitted on deck.
COACHES MEETING:	<p>Coaches Meeting TBD by Meet Referee. All pertinent meet information will be communicated via email prior to the meet.</p> <p>Coaches will be required to sign in at the Clerk of Course desk to verify their credentials, via SWIMS 3.0, are in good standing with USA-S and their respective LSC. Coaches are asked to complete this at time of entry submission to expedite coach check-in process: https://forms.office.com/r/mp4xMJUnZs</p>
OFFICIALS:	Columbus Aquatic Club Hurricanes welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official's meeting 1 hour prior to the start of each session. The official's uniform will consist of a white polo collared shirt, navy blue shorts, skirts or slacks with white socks and white shoes. All officials must present at check in, their current LSC Officials Certification Card; OR a recently completed Apprentice Form; AND proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality.
AWARDS:	<p>High Point Winner and High Point runner up awards will be awarded in each age group for scoring based on place in up to 8 events. (10&U, 11-12, 13-14 15&over)</p> <p>The 10 & under high point winners will be awarded as soon as possible following the morning session on Sunday.</p> <p>The 11-12, 13-14 and 15 over high point awards will be awarded as soon as possible following the conclusion of Sunday's finals session.</p> <p>Any awards not picked up at the conclusion of the meet will NOT be shipped. Swimmers or</p>

	coaches should make arrangements to ensure they are available to pick up awards at the conclusion of the meet.
SCORING:	Standard scoring up through 10th place. Only individual scores will be tallied for awards.
CONCESSIONS:	Limited concessions available at the discretion of the facility staff.
GEORGIA WARM-UP POLICY:	The GA Swimming Warm Procedures and Safety Policies will be followed.
GA. SCRATCH RULE:	The Georgia Swimming Scratch Rule will be in effect for this meet.
MISC. INFORMATION:	Ample parking available in adjacent parking garage.

Event Schedule

Session 1: Friday PM 2026-06-12 - Warmup: 3:30 PM Start: 4:30 PM

Girls Event #	Age Group	Stroke	Notes	Boys Event #
1	11 & over	400 Individual Medley	1	2
3	11 & over	50 Backstroke		4
5	10 & under	200 Individual Medley		6
7	11 & over	50 Breaststroke		8
9	10 & under	200 Freestyle		10
11	11 & over	50 Butterfly		12
13	11 & over	1500 Freestyle	1, 2, 3	14

Note 1: Positive Check-In Required

Note 2: Swimmer must provide their own timer

Note 3: Swimmer must provide their own counter

Session 2: Saturday AM 11 & over PRELIMS/10 & under timed finals - Warmup: 8:00 AM Start: 9:30 AM

Girls Event #	Age Group	Stroke	Notes	Boys Event #
15	Open	200 Free Relay	TF	16
Break - 5 Minute minimum				
17	11 & over	200 Individual Medley		18
19	10 & under	50 Freestyle		20
21	11 & over	50 Freestyle		22
23	10 & under	100 Breaststroke		24
25	11 & over	100 Breaststroke		26
27	10 & under	50 Backstroke		28
29	11 & over	200 Backstroke		30
31	10 & under	100 Butterfly		32
33	11 & over	100 Butterfly		34
Break - 3 Minute minimum				
35	9&Over	400 Freestyle (TF)	1, 2	36

Note 1: Positive Check-In Required

Note 2: Swimmer must provide their own timer

Session 3: Saturday PM 11 & over FINALS/ 2026-06-13 - Warmup: 4:00 PM Start: 5:00 PM

Girls Event #	Age Group	Stroke	Notes	Boys Event #
17A	11-12	200 Individual Medley	Finals	18A
17B	13-14	200 Individual Medley	Finals	18B
17C	15 & over	200 Individual Medley	Finals	18C
21A	11-12	50 Freestyle	Finals	22A
21B	13-14	50 Freestyle	Finals	22B
21C	15 & over	50 Freestyle	Finals	22C
25A	11-12	100 Breaststroke	Finals	26A
25B	13-14	100 Breaststroke	Finals	26B
25C	15 & over	100 Breaststroke	Finals	26C
29A	11-12	200 Backstroke	Finals	30A
29B	13-14	200 Backstroke	Finals	30B
29C	15 & over	200 Backstroke	Finals	30C
33A	11-12	100 Butterfly	Finals	34A

Girls Event #	Age Group	Stroke	Notes	Boys Event #
33B	13-14	100 Butterfly	Finals	34B
33C	15 & over	100 Butterfly	Finals	34B

Session 4: Sunday AM 11 & over PRELIMS/10 & under timed finals - Warmup: 8:00 AM Start: 9:30 AM

Girls Event #	Age Group	Stroke	Notes	Boys Event #
37	Open	200 Medley Relay	TF	38
Break - 5 Minute minimum				
39	11 & over	200 Breaststroke		40
41	10 & under	50 Breaststroke		42
43	11 & over	100 Freestyle		44
45	10 & under	100 Freestyle		46
47	11 & over	200 Butterfly		48
49	10 & under	50 Butterfly		50
51	11 & over	100 Backstroke		52
53	10 & under	100 Backstroke		54
55	11 & over	200 Freestyle		56

Session 4: Sunday PM 11 & over FINALS - Warmup: 4:00 PM Start: 5:00 PM

Girls Event #	Age Group	Stroke	Notes	Boys Event #
39A	11-12	200 Breaststroke	Finals	40A
39B	13-14	200 Breaststroke	Finals	40B
39C	15 & over	200 Breaststroke	Finals	40C
43A	11-12	100 Freestyle	Finals	44A
43B	13-14	100 Freestyle	Finals	44B
43C	15 & over	100 Freestyle	Finals	44C
47A	11-12	200 Butterfly	Finals	48A
47B	13-14	200 Butterfly	Finals	48B
47C	15 & over	200 Butterfly	Finals	48C
51A	11-12	100 Backstroke	Finals	52A
51B	13-14	100 Backstroke	Finals	52B
51C	15 & over	100 Backstroke	Finals	52C

Girls Event #	Age Group	Stroke	Notes	Boys Event #
55A	11-12	200 Freestyle	Finals	56A
55B	13-14	200 Freestyle	Finals	56B
55C	15 & over	200 Freestyle	Finals	56C

HURR Long Course Invite: 06/12/2026 - 06/14/2026

Team Name _____ Team abbreviation _____

Team Address _____

City _____ State _____ Zip _____

Head Coach _____

Head Coach E-mail _____ Head Coach Cell _____

All coaches from your team must be listed and have valid USA Swimming credentials.

1st Coach _____ 2nd Coach _____

3rd Coach _____ 4th Coach _____

Individual Event Fee	\$12.00 x (number of events)	= _____
Relays	\$24.00 x (number of relays)	= _____
GA LSC Travel Fund	\$3.00 x (number of athletes)	= _____
Non-GA LSC registered athletes	\$6.00 x (number of athletes)	= _____
	TOTAL	= _____

Submit one check payable to: Columbus Aquatic Club Hurricanes

Entries must be received on or before **06/02/2026 11:59pm** Email entries to: **entries@swimhurricanes.com**

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach, or team representative, verify that all swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

I have reviewed RULE 302.4 FALSE REGISTRATION and understand that if a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, Georgia Swimming Inc. may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

Signature/Title

Date