

## **September Sprint**

## Hosted By: Columbus Aquatic Club Hurricanes

Date(s): September 13, 2025

**Sanction #: GA25-091** 

Meet Director:	Meet Referee:	Admin Official:
Melissa Johnson Coach_Melissa@swimhurricanes.com	<b>Jennifer Herbek</b> Jennifer_Herbek@swimhurricanes.com	Jennifer Ladson Jennifer_Ladson@swimhurricanes.com

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The Columbus Aquatic Center has a full staff of American Red Cross certified lifeguards trained using backboards and AEDs. Lifeguards will be on duty throughout the warm-up and competition periods. Rescue equipment & AEDs are on site. EMT services are less than 10 minutes away.		
Warmu p	Start	
8:30	9:30	
	р	

MEET FORMAT:	Course Type: SCY	
	Slow to Fast	
	All events will be contested as mixed gender events	
	All events will be pre-seeded	
	• Timed Final Format (TF)	
	• Up to 10 lanes may be used for competition	
	Minimum of 4 lanes available for warmup/warm down	
	<ul> <li>Meet host reserves the right to add breaks or separate sessions as needed for timeline management.</li> </ul>	
ENTRY FEES:		
	• IND. EVENT FEE: \$8 / Event	
	• LATE IND. ENTRIES: \$16/ Event	
	• GA LSC Travel Fund \$3.00 / Georgia LSC registered athlete	
	• GA travel fee \$6.00 / non-Georgia LSC registered athlete	
ELIGIBILITY:	MEET TYPE: Open	
	Open to all registered USA Swimmers.	
	No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in USA Swimming Rules and Regulations, Article 302.	
SWIMMERS WITH A DISABILITY:	Athletes with a disability are welcomed, but advance notice of desired accommodation must be provided to the Meet Referee via the <a href="NECESSARY ACCOMODATIONS FORM">NECESSARY ACCOMODATIONS FORM</a> , which should be submitted by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.	
ENTRIES:	Swimmers may swim a maximum of 5 individual events per day. Deck entries may be accepted, based on available space, at the clerk of course up to 45 minutes before the start of the session.	
	No Time Trials will be allowed	
CHECK IN:	No check-in required	
CLERK of COURSE:	All events will be pre-seeded.	
	Deck entries will be accepted at the Admin Table up to 45 minutes prior to the start of competition.	
ENTRY SUBMISSION:	Submit one check payable to: Columbus Aquatic Club Hurricanes	
	Entries must be received on or before: September 4, 2025	

	Entries should be emailed to : entries@swimhurricanes.com	
	Mailed entries should be sent with a guaranteed arrival before 9/4/2025 to: Columbus Aquatic Club Hurricanes PO Box 7163 Columbus, GA 31908	
RULES:	Current USA Swimming Rules will govern this meet.	
	<ul> <li>All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.</li> <li>On Deck USA-S registration will be permitted at the discretion of the Meet Director and/or Meet</li> </ul>	
	Referee.  In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, restrooms, or locker rooms. Per GA Swimming policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.	
	Deck changes are prohibited.	
	<ul> <li>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> </ul>	
	<ul> <li>Operation of a drone or any other flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> </ul>	
CREDENTIALS:	Only athletes, USA Swimming certified coaches, and USA Swimming officials, in good standing, will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times. Parents not working the meet as a volunteer or other position are not permitted on deck.	
	Coaches may complete a pre check-in here to ensure their coaching credentials are checked before the meet: <a href="https://forms.office.com/r/mp4xMJUnZs">https://forms.office.com/r/mp4xMJUnZs</a>	
OFFICIALS:	Columbus Aquatic Club Hurricanes welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official's meeting 1 hour prior to the start of each session. The official's uniform will consist of a white polo collared shirt, navy blue shorts, skirts or slacks with white socks and white shoes. All officials must present at check in, their current LSC Officials Certification Card; OR a recently completed Apprentice Form; AND proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality.	
	Officials RSVP https://forms.office.com/r/w4niDezqMA	

AWARDS:	No awards will be given.	
SCORING:	NG: Events will not be scored	
CONCESSIONS:	Concessions will be available upstairs in the spectator seating area.	
GEORGIA WARM-UP POLICY:	The GA Swimming Warm Procedures and Safety Policies will be followed.	
GA. SCRATCH RULE:	The Georgia Swimming Scratch Rule will be in effect for this meet.	

## **Event Schedule**

\*Meet host reserves the right to adjust start time, warm up length, split or combine events, or split sessions if needed for timeline management. Any changes to the published sessions or start time will be communicated to coaches within 72 hours of the start of the meet.

Saturday T	Saturday Timed Finals; Warm up: 8:30AM, Start 9:30 AM		
<b>Event Number</b>	Age	Event	
1	11&O	100 Free	
2	10&U	25 Free	
3	11&O	100 Fly	
4	10&U	50 Fly	
5	11&O	50 Back	
6	10&U	25 Back	
7	11&O	100 Breast	
8	10&U	50 Breast	
9	11&O	50 Free	
10	10&U	50 Free	
11	11&O	50 Fly	
12	10&U	25 Fly	
13	11&O	100 Back	
14	10&U	50 Back	
15	11&O	50 Breast	
16	10&U	25 Breast	
17	11&O	100 IM	
18	10&U	100 IM	

**Meet Name: Dates** 

Team Name	Team abbreviation	
Team Address		
City	State	Zip
Head Coach		
Head Coach E-mail		Head Coach Cell
All coaches from your team must be		ing credentials.
3 <sup>rd</sup> Coach	4 <sup>th</sup> Coach	
Meet Fee	\$ x (number of athletes)	=
Facility Surcharge Fee	\$ x (number of athletes)	=
Individual Event Fee	\$ x (number of events)	=
Relays	\$ x (number of relays)	=
GA LSC Travel Fund	\$3.00 x (number of athletes)	=
Non-GA LSC registered athletes	\$6.00 x (number of athletes)	=
	TOTAL	=
registered with USA Swimming.  I acknowledge that I am familiar w procedures and that I shall be responsible for I have reviewed RULE 302.4 FALSE REG	e September 4, 2025 Email entries (ABILITY RELEASE: representative, verify that all swimmers are with the safety rules of USA Swimming and for the compliance of my swimmers with the SISTRATION and understand that if a scompetition, Georgia Swimming Inc. ma	nd coaches listed on the enclosed entry are
Signature/Title		Date