



## **Columbus Aquatic Club Code of Conduct**

USA swimming has implemented a Code Of Conduct Policy. The Columbus Aquatic Club swim team will abide by this Code of Conduct Policy, specifically the following articles: 304.6, 304.7(Bullying), 304.8 (Inappropriate sexual conduct, 304.9(sale of illegal drugs), 304.10 (use of illegal drugs), 304.11 (providing alcohol to a minor), 304.12 (abuse of alcohol) 304.13 (Physical Abuse). Details regarding these policies can be found at the following website: [www.usaswimming.org](http://www.usaswimming.org) under the "Safe Sport" section. The Columbus Aquatic Club further details our internal Code of Conduct:

### **ATHLETE CODE OF CONDUCT**

As a Columbus Aquatic Club swim team member, I agree to the following Code of Conduct while taking part in any club function:

I will:

- Always teach and practice good sportsmanship.
- Offer congratulations to my opponents, win or lose, and cheer for my teammates.
- Be humble in victory and courageous in defeat.
- Act and conduct myself with dignity and respect for others and the property of others.
- Be respectful to all coaches, officials, volunteers and swimmers on deck.
- Dress in a manner suitable to my position as a representative of the Columbus Aquatic Club.
- Be a positive role model to my teammates.
- Be a responsible goodwill ambassador between the sport of swimming and the public.
- Promote positive high team spirit and morale.
- Strive to do my best and encourage all team members to do the same.
- Follow the USA Swimming Safe Sport policies on cell phone use and social media

I will not:

- Behave in a manner that reflects negatively on my teammates, the CAC swim team or myself.
- Wear inappropriate attire.
- Use angry, derogatory, or vulgar language including swearing, name-calling or shouting.
- I will not engage in behavior that may be considered bullying or harassment.
- Have physical contact with another person in any angry or threatening way.
- Use or possess illegal chemicals or alcohol.
- Smoke while underage.
- Use my personal device or social media accounts in a way that harms my teammates, the team, or myself.
- 

I understand that violating the Athlete Code of Conduct may result in disciplinary actions including verbal warnings, dismissal from practice, meet or event, ineligibility for the next meet, or dismissal from the team. This Code of Conduct remains in effect as long as I am a member of



## **Columbus Aquatic Club Code of Conduct**

the Columbus Aquatic Club Swim Team.

### **PARENT CODE OF CONDUCT**

As a parent of a swimmer and member of Columbus Aquatic Club, I will abide by the following:

- I will be a part of the team and work together with team parents, coaches and swimmers to uphold our culture of EXCELLENCE and our values of Self-Discipline, Work Ethic, Respect, Responsibility and Commitment to a Goal.
- I will not interfere with coaches on the pool deck or attempt to coach or instruct swimmers from the stands or any other area.
- I will demonstrate good sportsmanship by conducting myself in a manner that earns the respect of my child, other swimmers, parents, officials, and the coaches at meets and practices.
- I understand that criticizing, name-calling, or use of abusive language or gestures directed toward the coaches, board members, other parents, officials or any participating swimmer will not be permitted or tolerated.
- I will uphold deck access policies by remaining in the spectator areas during practices and meets, unless working on deck as a volunteer.
- I will enjoy involvement with Columbus Aquatic Club by supporting the swimmers, coaches, and other parents through positive communication and volunteering with the team.
- I will direct questions or concerns regarding decisions made by meet officials during competitions to a member of our coaching staff.
- I will support the coaches' decisions and I will contact the coaches or Head Coach directly with any questions and concerns.

I understand that violating the Parent Code of Conduct may result in disciplinary actions including verbal warnings, removal from practice, meet or event, or termination of membership. This Code of Conduct remains in effect as long as I am a member of the Columbus Aquatic Club Swim Team.

I hereby certify that I, and my Athlete(s), have read and agree to abide by the Athlete and Parent Codes of Conduct as outlined above.