



2025 Georgia Long Course Age Group Championships



Date(s): 07/17/2025 - 07/20/2025

Hosted By:
Columbus Aquatic Club

Sanction #: **GA25-076/STT**

Meet Directors: Melissa Johnson meetdirector@swimhurricanes.com Jennifer Herbek admin@swimhurricanes.com	Meet Referee: Jason Frankel jf18111@gmail.com	Admin Referee: Eric Pingel epingel.usaswimming@gmail.com
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SANCTION:	Held under the sanction of USA Swimming, through Georgia Swimming Inc.
LIABILITY:	In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and "Columbus Aquatic Club," shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
SWIMMERS WITH A DISABILITY:	<p>Athletes with a disability are welcomed, but advance notice of desired accommodation must be provided to the Meet Referee via the Necessary Accommodation Form, which should be submitted by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.</p> <p>All swimmers with a Disability participating in the State/Championship Meet must have achieved the 2024-2028 USA Swimming B Parallel Time Standards in every event they enter in the meet. Swimmers with a disability follow the same rules for bonus event entry as those for able-bodied athletes.</p> <p>Additional Entry Requirements: Coaches entering swimmers with a disability should submit the Necessary Accommodation Form to the Meet Referee with their entries.</p> <p>Swimmers achieving a 2024-2028 USA Swimming A Parallel Time Standard in prelims each day will qualify to swim those events in Finals. There will be three mixed Swimmers with a Disability heat at Finals each day to be swum (1) at the beginning of the session, (2) after the 2nd event, and (3) after the last individual event.</p>
FACILITY:	<p>Columbus Aquatic Center 1603 Midtown Dr Columbus, Georgia 31906</p> <p>The 10 lane, 50 meter pool with a depth at the start ends equal to 13 feet and turn end depth equal 5 feet. There will be 4 warm-up/cool-down lanes.</p> <p>Meet host will ensure the required course dimensions.</p>

MEDICAL SUPERVISION:	The Columbus Aquatic Center has a full staff of American Red Cross certified lifeguards trained in using backboards and AEDs. Lifeguards will be on duty throughout the warm-up and competition periods. Rescue equipment and AEDs are on site. EMT services are on standby and are less than 10 minutes away.																																																							
SESSION SCHEDULE:	<table><tr><th>Session #</th><th>Date</th><th>Name</th><th>Warmup</th><th>Start</th></tr><tr><td>1</td><td>7-17-2025</td><td>11-14 Timed Finals</td><td>2:30 PM</td><td>4:00 PM</td></tr><tr><td>2</td><td>7-18-2025</td><td>11-14 State Prelims</td><td>7:00 AM</td><td>8:30 AM</td></tr><tr><td>3</td><td>7-18-2025</td><td>10 & U State, 11-14 “B”</td><td>Not before 11:45 AM</td><td>Not before 12:45 PM</td></tr><tr><td>4</td><td>7-18-2025</td><td>11-14 State Finals</td><td>4:30 PM</td><td>5:30 PM</td></tr><tr><td>5</td><td>7-19-2025</td><td>11-14 State Prelims</td><td>7:00 AM</td><td>8:30 AM</td></tr><tr><td>6</td><td>7-19-2025</td><td>10 & U State, 11-14 “B”</td><td>Not before 11:45 AM</td><td>Not before 12:45 PM</td></tr><tr><td>7</td><td>7-19-2025</td><td>11-14 State Finals</td><td>4:30 PM</td><td>5:30 PM</td></tr><tr><td>8</td><td>7-20-2025</td><td>11-14 State Prelims</td><td>7:00 AM</td><td>8:30 AM</td></tr><tr><td>9</td><td>7-20-2025</td><td>10 & U State, 11-14 “B”</td><td>Not before 11:45 AM</td><td>Not before 12:45 PM</td></tr><tr><td>10</td><td>7-20-2025</td><td>11-14 State Finals</td><td>4:30 PM</td><td>5:30 PM</td></tr></table>	Session #	Date	Name	Warmup	Start	1	7-17-2025	11-14 Timed Finals	2:30 PM	4:00 PM	2	7-18-2025	11-14 State Prelims	7:00 AM	8:30 AM	3	7-18-2025	10 & U State, 11-14 “B”	Not before 11:45 AM	Not before 12:45 PM	4	7-18-2025	11-14 State Finals	4:30 PM	5:30 PM	5	7-19-2025	11-14 State Prelims	7:00 AM	8:30 AM	6	7-19-2025	10 & U State, 11-14 “B”	Not before 11:45 AM	Not before 12:45 PM	7	7-19-2025	11-14 State Finals	4:30 PM	5:30 PM	8	7-20-2025	11-14 State Prelims	7:00 AM	8:30 AM	9	7-20-2025	10 & U State, 11-14 “B”	Not before 11:45 AM	Not before 12:45 PM	10	7-20-2025	11-14 State Finals	4:30 PM	5:30 PM
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MEET FORMAT:	<p>10 & Under and 11-14 B Sessions:</p> <ul style="list-style-type: none">• All events will be contested as LCM.• Chase Starts may be used.• All events will be conducted as timed finals.• All events will be swum slowest to fastest unless chase starts are used, and then, all events will be swum fastest to slowest.• 10 & U 400 free event will be deck seeded after positive check-in. It will be swum fastest to slowest alternating heats by gender. Swimmers will need to provide their own timers.• 11-14 400 Free will be deck seeded after positive check-in. It will be swum fastest to slowest, alternating heats by gender. Swimmers will need to provide their own timers.• Meet management reserves the right to limit 11-12 and 13-14 races that are 200 or longer in Events 101-176 to the fastest 3 heats per event. <p>11-14 Prelim/Finals:</p> <ul style="list-style-type: none">• All events will be contested as LCM.• Chase starts may be used in prelim sessions.• Events 1-74 will be conducted as prelim/finals, except as noted below.• 400 Free, 400 IM, 800 Free, and 1500 Free will be deck-seeded after positive check-in. All swimmers participating in these events will need to provide their own counters. Swimmers will be required to provide their own timers for heats contested during the prelims sessions and/or Thursday afternoon session.• The 13-14 800/1500 will be Timed Finals and swum fastest to slowest alternating gender.																																																							

	<ul style="list-style-type: none"> • The 11-12 800 Free will be Timed Finals and swum fastest to slowest alternating gender. • The 11-12 200 Backstroke, Breaststroke, Butterfly, 400 Free and 400 IM will be timed final events, with the fastest heat being contested in the Finals session. All other heats will be swum in the prelim session. • The 13-14 400 Free and 400 IM will be a deck seeded event after positive check in. It will be a prelim/final event with TOP 20 from prelims swimming in the finals (B heat/A heat) • The 11-12 400 IM and 400 Free will be swum fast to slow, alternating heats by gender beginning with the second heat of girls, followed by the second heat of boys. The fastest heat will be contested in the Finals session. • 11-12 prelim/final events will have a Consolation Final (B) and a Championship Final (A) to be swum in that order. If an alternate is able to be placed in an A final, they will be allowed to swim as exhibition to fill the heat. • 13-14 events will have a Bonus Final (C), a Consolation Final (B), and a Championship Final (A) to be swum in that order. If an alternate is able to be placed in a B or A final heat, they will be allowed to swim as exhibition to fill the heat. • All Relays will be conducted as Timed Final events. The 200 Free and 200 Medley relays will be contested during Thursday's timed final session, while the 400 Medley and 400 Free relays will be contested at the start of Finals on their respective days. • Events in which a swimmer does not show up for, or compete, will count as one of their daily swims for that day.
ENTRY FEES:	<ul style="list-style-type: none"> • FACILITY SURCHARGE: \$12.00 • IND. EVENT FEE: \$12.00 / Event • LATE IND. ENTRIES: \$24.00 / Event • RELAYS: - \$24.00 / Event • LATE RELAY ENTRIES: \$48.00 / Event • TIME TRIALS: \$24.00 / Event • GA LSC Travel Fund \$3.00 / Georgia LSC registered athlete • GA travel fee \$6.00 / non-Georgia LSC registered athlete
ELIGIBILITY:	<p>MEET TYPE: LSC Championship</p> <p>Open to all Qualifying Georgia Swimming registered Swimmers and teams. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.</p>
ENTRIES:	<p>Daily Event Limit:</p> <p>11-14 Swimmers may compete in not more than (3) individual events per day. 10 & under athletes may compete in not more than (4) events per day. Any swimmer who competes in more than their daily limit will be disqualified from the last event of the day. A swimmer's failure to compete in a preliminary event will be considered a disqualification per rule 101.1.5 and that event will count towards the daily event limit.</p> <p>Swimmers entered with SCY or SCM qualifying times will be seeded below all swimmers with qualifying LCM times (LSY order). Bonus times will be seeded below qualified times in the same LSY order.</p>

	<p>Bonus events: Swimmers who have qualified for an event in any session may compete in (3) bonus events during the meet in the 50M, 100M or 200M events (400 meter and above events cannot be a bonus event option). Bonus events can be used on any day. Bonus events count towards the daily event limit and must be designated as such on the entry. 11-14 “B” session swimmers can only use bonus events in the B sessions.</p> <p>Bonus events must be marked as such on the event file. Failure to do so will result in the automatic removal of a swimmer from the bonus event and/or subject to proof of time fines. Teams must submit a report that includes bonus swims designated as such.</p> <p>Time Trial Events: Time Trials will be included in the daily individual event limits. All time trials must be set up with the admin referee by 10:30 a.m. each day.</p> <p>Time Trials WILL count towards daily event limits.</p> <p>Relays: Only TWO (2) relays per team are permitted to score; all other relay teams from the same registered club will be considered ineligible to score and will be marked as exhibition. Relay teams must be made up of swimmers from the same club and cannot include unattached swimmers.</p> <p>Deck Entries: Deck entries can be made with the clerk of course up to 30 minutes before the start of the session.</p> <p>In order to maintain a reasonable timeline and to regulate the continuity of the meet, the Meet Director, in consultation with the Meet Management Committee (Meet Director, AG Committee Chair, Meet Referee and a Coach) reserves the right to make the final decisions over chase starts, dive-over starts, breaks, scheduling of Time Trials, and other issues that affect management, versus the conduct of the meet.</p> <p>Qualifying Time Standards: Qualifying Time Standards B Session Time Standards Disability Time Standards Relay Time Standards Zone Team Selection </p>
<p>PROOF OF TIMES:</p>	<p>Swimmers who enter this State Championship meet must have achieved a time equal to or faster than the qualifying standard for each event entered. Times must be achieved between April 1, 2024, and July 13, 2025. The final results for each event will be reviewed by the designated representative appointed by the LSC Chair to determine each swimmer’s eligibility for this meet. If a swimmer fails to achieve the qualifying standard at this meet and cannot prove that he/she achieved the qualifying standard before the entry deadline, then Georgia Swimming, Inc. will invoke a fine of \$50.00 against the team of said swimmer, or against the swimmer, if unattached, for each non-qualifying time.</p> <p>All entry files must be submitted with a proof of times report. Entries submitted without the proof times report will not be accepted.</p>

	<p>ANY SWIMMER WHO FAILS TO ACHIEVE OR PROVE AT LEAST ONE QUALIFYING TIME WILL ALSO BE FINED FOR ALL BONUS SWIMS ENTERED AT THE MEET.</p> <p>The SWIMS database will be the final source document used to verify proof of time for this meet. Failure to pay fines as prescribed by Georgia Swimming Rules and Regulations 7.2, Inc. will result in the barring of said team/individual from participating in any meets until such time as the fine is paid in full.</p> <p>To pay fines, make checks payable to “Georgia Swimming.” Proof of times are not required for relays.</p>
<p>CHECK IN:</p> <p>CLERK of COURSE:</p>	<p>In order to be seeded into deck-seeded events, swimmers must check-in with the Clerk of Course by the times shown below:</p> <ul style="list-style-type: none"> • Thursday – 3:30 pm • Friday, Saturday, Sunday Prelims – 8:00 am • Friday 10 & under 400 Free – 1:00 pm • Sunday 11-14 B session 400 Free – 1:00 pm <p>Deck entries will be accepted at each session at the start of warm-ups and will close 30 minutes before the session start time.</p> <p>Time trials will close at 10:30 am each day.</p>
ENTRY SUBMISSION:	<p>Submit one check payable to: Columbus Aquatic Club Hurricanes Entries must be received on or before: 07/07/2025 11:59pm Entries should be emailed to entries@swimhurricanes.com</p> <p>Swimmers achieving a qualifying time standard at a meet between July 7 and July 13 will have until 3:00 p.m. on July 14 to submit new entries.</p> <p>All entry files must be submitted with a proof of times report. Entries submitted without the proof times report will not be accepted.</p> <p>Submit entries using Hy-Tek team manager. Entries must include the USA Swimming Club Code and each swimmer’s USA Swimming number, first and last name, age, and seeding time for each event entered.</p>
RULES:	<p>Current USA Swimming Rules will govern this meet.</p> <ul style="list-style-type: none"> • All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <u>Minor Athlete Abuse Prevention Policy</u> ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. • On Deck USA-S registration will be permitted at the discretion of the Meet Director and/or Meet Referee. • In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, restrooms, or locker rooms. The use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

	<ul style="list-style-type: none"> • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
CREDENTIALS:	Only athletes, USA Swimming certified coaches, and USA Swimming officials, in good standing, will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times. Parents not working at the meet as a volunteer or other positions are not permitted on deck.
COACHES: COACHES MEETING:	<p>Coaches will be required to sign in at the Clerk of Course desk to verify their credentials, via SWIMS 3.0, are in good standing with USA-S and their respective LSC. ALL coaches for a team must sign in at the CLERK OF COURSE table.</p> <p>Monday, July 14, 2025, at 8:00 PM via ZOOM. Click HERE to join the Zoom Meeting.</p> <p>Meeting ID: 837 70107837 Passcode: 807061</p>
OFFICIALS:	<p>Columbus Aquatic Club Hurricanes welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official's meeting 60 minutes prior to the start of each session. The official's uniform will consist of a white polo collared shirt, navy blue shorts (prelims only), skirts or slacks with white socks and shoes. All officials must present at check-in their current LSC Officials Certification Card; OR a recently completed Apprentice Form; AND proof of current USA Swimming Non-Athlete membership. Credentials will be required for deck access and hospitality.</p> <p>Officials or apprentices requesting certain positions should contact the Meet Referee as early as possible, prior to the meet.</p> <p>Apprenticing as a Starter will not be allowed at this meet.</p> <p>This will be an OQM for N2 advancement or renewal and N3 S&T only. If interested in being evaluated, please complete the Application to work the meet.</p> <p style="text-align: center;">Application to Officiate</p>
AWARDS:	<p>Medals will be awarded in each individual event and Swimmers with a Disability (SWADS) events, places 1st through 3rd and ribbons 4th through 10th for events 1-74 and all 10 & Under events.</p> <p>Medals will be awarded in each relay event for places 1st through 3rd.</p> <p>An award will be presented to the most outstanding swimmer (top individual scorer), male and</p>

	<p>female, in each age group (10 & Under, 11-12, 13-14) and Swimmer with a Disability.</p> <p>There will be no awards for 11-14 B session events.</p> <p>The three highest scoring teams in each division will receive awards</p> <p>Division I (XL): 451+ swimmers Division II (L): 201-450 swimmers</p> <p>Division III (M): 81-200 swimmers</p> <p>Division IV (S): 1-80 swimmers It is the team's responsibility to pick up awards. Awards not picked up at the conclusion of the meet will be shipped at the request of that team C.O.D. Please remember to pick up your swimmers' awards at the end of the meet to avoid incurring shipping charges.</p>
SCORING:	<p>Events will be scored to 20 places for all age groups (10 & U, 11-12, 13-14); Relays will be scored to 20 places. Swimmers and relays that do not achieve the meet qualifying time in an event cannot score points in that event. B session events are timed final, non-scoring events.</p> <p>Individual Events: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1</p> <p>Relay Events scored are doubled: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2</p> <p>Swimmers with a disability will be scored in their own mixed-age, mixed-gender scoring group. The formula for scoring this group is posted on the Georgia Swimming website.</p>
CONCESSIONS:	Limited concessions are available in the facility for purchase. Food Trucks will be available around the facility as well.
GEORGIA WARM-UP POLICY:	The GA Swimming Warm-Up Procedures and Safety Policies will be followed.
GA. SCRATCH RULE:	The Georgia Swimming Scratch Rule will be in effect for this meet.
MISC. INFORMATION:	Facility Information: Reserved spots are not available for parking on Thursday or Friday until after 5pm. Overflow parking is available in all adjacent city lots as well as the parking lot for Rainey McCullers School of the Arts located directly behind the facility.

Session 1: Thursday, July 17 Warm up: 2:30 PM Meet Start: 4:00 PM

Girls Event #	AGE	Event	Boys Event #	Format	Notes
1	14 & U	200 Free Relay	2	Timed Final	
3	12 & U	200 Free Relay	4	Timed Final	
BREAK - 3-Minute Minimum					
5	13-14	800 Free		Timed Final	1, 2, 3
	13-14	1500 Free	6	Timed Final	1, 2, 3
7	11-12	800 Free	8	Timed Final	1, 2, 3
BREAK - 3-Minute Minimum					
9	14 & U	200 Medley Relay	10	Timed Final	
11	12 & U	200 Medley Relay	12	Timed Final	

Note 1: Positive Check in required

Note 2: Swimmers must provide their own timer.

Note 3: Swimmers must provide their own counter.

Session 2: Friday, July 18 Warm up: 7:00 AM Meet Start: 8:30 AM

Girls Event #	Age	Event	Boys Event #	Format	Notes
17	11-12	200 Back	18	Timed Final	4
19	13-14	200 Back	20	Prelims	
21	11-12	100 Breast	22	Prelims	
23	13-14	100 Breast	24	Prelims	
25	11-12	100 Free	26	Prelims	
27	13-14	100 Free	28	Prelims	
29	11-12	50 Fly	30	Prelims	
31	13-14	400 IM	32	Prelims	1,2
33	11-12	400 IM	34	Timed Final	1,2,4

Note 1: Positive check-in required.

Note 2: Swimmer must provide their own timer for the prelims session.

Note 4: Top heat to swim at finals only.

Session 3: Friday, July 18 Warm up: *Not Before* 11:45 AM

Meet Start: *Not before* 12:45 AM

Girls Event #	Age	Event	Boys Event #	Format	Notes
101	10&U	200 Free Relay	102	Timed Final	
BREAK - 3-Minute Minimum					
103	11-12	B 200 Back	104	Timed Final	
105	13-14	B 200 Back	106	Timed Final	
107	10&U	50 Breast	108	Timed Final	
109	11-12	B 100 Breast	110	Timed Final	
111	13-14	B 100 Breast	112	Timed Final	
113	10&U	50 Free	114	Timed Final	
115	11-12	B 100 Free	116	Timed Final	
117	13-14	B 100 Free	118	Timed Final	
119	10&U	100 Back	120	Timed Final	
121	11-12	B 50 Fly	122	Timed Final	
123	10&U	400 Free	124	Timed Final	1,2

Note 1: Positive check-in required.

Note 2: Swimmer must provide their own timer.

Session 4: Friday, July 18 Warm up: 4:30 PM Meet Start: 5:30 PM

Girls Event #	Age	Event	Boys Event #	Format	Notes
13	12&U	400 Free Relay	14	Timed Final	
15	14&U	400 Free Relay	16	Timed Final	
BREAK - 3-Minute Minimum					
17	11-12	200 Back	18	Timed Final	4
19	13-14	200 Back	20	Final	
21	11-12	100 Breast	22	Final	
23	13-14	100 Breast	24	Final	
25	11-12	100 Free	26	Final	
27	13-14	100 Free	28	Final	
29	11-12	50 Fly	30	Final	
31	13-14	400 IM	32	Final	
33	11-12	400 IM	34	Timed Final	4

Note 4: Top heat to swim at finals only.

Session 5: Saturday, July 19 Warm up: 7:00 AM Meet Start: 8:30 AM

Girls Event #	Age	Event	Boys Event #	Format	Notes
39	11-12	200 Free	40	Prelims	
41	13-14	200 Free	42	Prelims	
43	11-12	100 Back	44	Prelims	
45	13-14	100 Back	46	Prelims	
47	11-12	200 Fly	48	Timed Finals	4
49	13-14	200 Fly	50	Prelims	
51	11-12	50 Breast	52	Prelims	
53	13-14	200 IM	54	Prelims	
55	11-12	200 IM	56	Prelims	

Note 4: Top heat to swim at finals only.

**Session 6: Saturday, July 19 Warm up: *Not Before* 11:45 AM
Meet Start: *Not before* 12:45 AM**

Girls Event #	Age	Event	Boys Event #	Format	Notes
125	10&U	200 Medley Relay	126	Timed Final	
BREAK - 3-Minute Minimum					
127	11-12	B 50 Free	128	Timed Final	
129	13-14	B 50 Free	130	Timed Final	
131	10&U	100 Free	132	Timed Final	
133	11-12	B 100 Back	134	Timed Final	
135	13-14	B 100 Back	136	Timed Final	
137	10&U	50 Back	138	Timed Final	
139	11-12	B 200 Fly	140	Timed Final	
141	13-14	B 200 Fly	142	Timed Final	
143	10&U	100 Fly	144	Timed Final	
145	11-12	B 50 Breast	146	Timed Final	
147	10&U	200 IM	148	Timed Final	
149	13-14	B 200 IM	150	Timed Final	
151	11-12	B 200 IM	152	Timed Final	

Session 7: Saturday, July 19 Warm up: 4:30 PM Meet Start: 5:30 PM

Girls Event #	Age	Event	Boys Event #	Format	Notes
35	12&U	400 Medley Relay	36	Timed Final	
37	14&U	400 Medley Relay	38	Timed Final	
BREAK - 3-Minute Minimum					
39	11-12	200 Free	40	Finals	
41	13-14	200 Free	42	Finals	
43	11-12	100 Back	44	Finals	
45	13-14	100 Back	46	Finals	
47	11-12	200 Fly	48	Timed Final	4
49	13-14	200 Fly	50	Finals	
51	11-12	50 Breast	52	Finals	
53	13-14	200 IM	54	Finals	
55	11-12	200 IM	56	Finals	

Note 4: Top heat to swim at finals only.

Session 8: Sunday, July 20 Warm up: 7:00 AM Meet Start: 8:30 AM

Girls Event #	Age	Event	Boys Event #	Format	Notes
57	11-12	50 Free	58	Prelims	
59	13-14	50 Free	60	Prelims	
61	11-12	200 Breast	62	Timed Finals	4
63	13-14	200 Breast	64	Prelims	
65	11-12	100 Fly	66	Prelims	
67	13-14	100 Fly	68	Prelims	
69	11-12	50 Back	70	Prelims	
71	13-14	400 Free	72	Prelims	1,2
73	11-12	400 Free	74	Timed Finals	1,2,4

Note 1: Positive check-in required.

Note 2: Swimmer must provide their own timer for the prelims session.

Note 4: Top heat to swim at finals only.

**Session 9: Sunday, July 20 Warm up: *Not Before* 11:45 AM
Meet Start: *Not before* 12:45 AM**

Girls Event #	Age	Event	Boys Event #	Format	Notes
153	10&U	Mixed 200 Medley Relay		Timed Finals	
BREAK - 3-Minute Minimum					
155	11-12	B 200 Free	156	Timed Finals	
157	13-14	B 200 Free	158	Timed Finals	
159	10&U	200 Free	160	Timed Finals	
161	11-12	B 200 Breast	162	Timed Finals	
163	13-14	B 200 Breast	164	Timed Finals	
165	10&U	100 Breast	166	Timed Finals	
167	11-12	B 100 Fly	168	Timed Finals	
169	13-14	B 100 Fly	170	Timed Finals	
171	10&U	50 Fly	172	Timed Finals	
173	11-12	B 50 Back	174	Timed Finals	
BREAK - 3-Minute Minimum					
175	10&U	Mixed 200 Free Relay		Timed Finals	
177	11-14	B 400 Free	178	Timed Finals	1,2

Note 1: Positive check-in required.

Note 2: Swimmer must provide their own timer.

Session 10: Sunday, July 20 Warm up: 4:30 PM Meet Start: 5:30 PM

Girls Event #	Age	Event	Boys Event #	Format	Notes
57	11-12	50 Free	58	Finals	
59	13-14	50 Free	60	Finals	
61	11-12	200 Breast	62	Timed Finals	4
63	13-14	200 Breast	64	Finals	
65	11-12	100 Fly	66	Finals	
67	13-14	100 Fly	68	Finals	
69	11-12	50 Back	70	Finals	
71	13-14	400 Free	72	Finals	
73	11-12	400 Free	74	Timed Finals	4

Note 4: Top heat to swim at finals only

2025 Georgia Long Course Age Group Championships: 07/17/2025 - 07/20/2025

Team Name _____ Team abbreviation _____

Team Address _____

City _____ State _____ Zip _____

Head Coach _____

Head Coach E-mail _____ Head Coach Cell _____

All coaches from your team must be listed and have valid USA Swimming credentials.

1st Coach _____ 2nd Coach _____

3rd Coach _____ 4th Coach _____

Facility Surcharge Fee	\$12.00 x (number of athletes)	= _____
Individual Event Fee	\$12.00 x (number of events)	= _____
Relays	\$24.00 x (number of relays)	= _____
GA LSC Travel Fund	\$3.00 x (number of athletes)	= _____
Non-GA LSC registered athletes	\$6.00 x (number of athletes)	= _____
	TOTAL	= _____

Submit one check payable to: Columbus Aquatic Club Hurricanes

Entries must be received on or before **07/07/2025 11:59pm** Email entries to: **entries@swimhurricanes.com**

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach, or team representative, verify that all swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

I have reviewed RULE 302.4 FALSE REGISTRATION and understand that if a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, Georgia Swimming Inc. may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

Signature/Title

Date