



MENTAL HEALTH  
Foundation Australia

Wellness Hub  
Psychology Clinic



# Free counselling support for young people

 **Broadford Youth Centre**

152 High Street,  
Broadford VIC 3658

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MENTAL HEALTH  
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Psychology Clinic



# We are here to support young people navigate:

- Anxiety
- Behaviour or emotional regulation difficulties
- Friendships, relationships & family challenges
- Grief & loss
- Identity, diversity & inclusion
- Low mood or depression
- Neurodiversity-related challenges (ADHD, Autism)
- Self-esteem & confidence
- Stress & feeling overwhelmed
- Trauma or difficult experiences

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Scan to book an  
appointment

