



Studio 136 Dress Code-Competition Program

Please read the dress code thoroughly and know the proper requirements for your child's dance studies. Following the dress code is an important aspect of dance classes. (for shoes see the detailed shoe list given at the meeting)

Please note:

- * Target, Walmart, etc. DO NOT sell the proper supportive dance shoes recommended for dance activity. (Their attire, accessories and clothing are fine for class.)
- *Please show up prepared for class
- *Do not wear dance shoes outside of the studio
- *Follow the guidelines and rules listed below:

Ballet/Pointe:

ALL levels

* Black leotard, convertible foot pink tights and pink split sole ballet shoes (Bloch and Capezio brands are preferred)

***Hair is to be in a bun secured with bobby pins (short hair see instructor for instructions)**

*Black Ballet skirts are optional

*Boys- white or black t-shirt, black shorts, black Leggings or black joggers, black dance socks or black ballet slippers and full seat dance belt https://www.discountdance.com/dancewear/style_WM249.html

* It is strongly recommended that you purchase the *Technical Manual and Dictionary of Classical Ballet* by Gail Grant. It can be purchased for under \$5.00 on websites such as Amazon. Electronic versions are also available for your devices. Dance/hip alignment belts are also highly recommended.

hip alignment belts

**lacrosse balls are mandatory for junior and senior level class can be purchased via the parent portal

Jazz/Musical Theater/Tap/Contemporary/Production/Tricks & Combination Class/Tumbling/Acrobatix:

*a combination of Black leotard, black sports bra, Black form fitting athletic tank top or Black crop top (no full length t shirts) Black spandex bike shorts or Black leggings.

*Boys- white or black t-shirt, black shorts, black Leggings or black joggers, black dance socks or black ballet slippers and full seat dance belt https://www.discountdance.com/dancewear/style_WM249.html

***Hair is to be secured in a ponytail or bun(short hair see instructor for instructions). Please No loose hair hanging.**

*tap- black bloch respect tap shoes, Black Capezio Roxy Tap (highly recommended for senior level) shoe or Black Jason Samuel tap shoe (highly recommended for senior level). Minis
With smaller feet, may need to buy the Black Bloch leather tap shoe.

Hip Hop/Conditioning/Stretch and Strength- black athletic clothing or dance clothing (see above). Please do not wear pants that may drag on the floor.

Hip Hop- shoes will be decided after the costume is chosen, until that time wear an indoor sneaker.

Stretch and strength- supportive tennis shoes. Please do not wear your outdoor shoes into the studios.

****lacrosse balls are mandatory for competition level Ballet and stretch class and can be purchased from your parent portal.**