



GYMSPIRE NEWS

❄️ DECEMBER EDITION ❄️

by Kiera, Hannah & The Gymspire Team

💖 A Message from Kiera & Hannah

We're heading into the final stretch of term, and the festive spirit at Gymspire is real! 🌟🎄

The gymnasts have been finishing the year with so much effort, energy, and determination, from cracking new skills to bringing full Christmas cheer to every session. It's been amazing watching them grow in confidence and end the term on such a high.

Thank you for all your support. We can't wait to round off these last sessions with plenty of fun, sparkle and Gymspire magic. 💖💖

📅 Term Dates Reminder

As we approach the end of term, don't forget to check out our term dates to see when your classes are running.

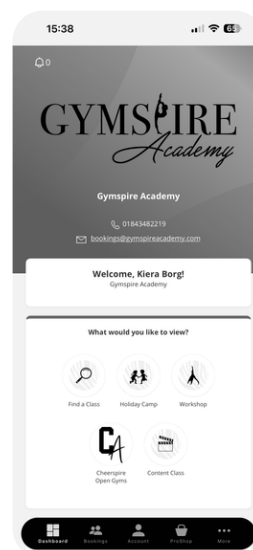
You can find everything you need on the Gymspire Academy app, available to download on both Google Play and the iOS App Store.

Once you've downloaded the app, simply follow the steps below — your term dates will appear right on your dashboard for easy access.

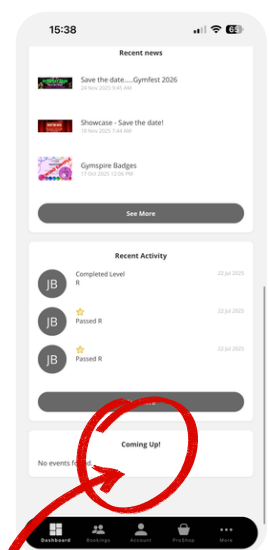
Step 1: Open the App



Step 2: View Dashboard



Step 3: Scroll Down




Classes will show under the 'coming up' section

UPCOMING EVENTS - DECEMBER & JANUARY

AMAZING ARIELS WORKSHOP – EDENBRIDGE ACADEMY

Ready to take your tumbling to the next level? Join us for our Amazing Ariels Workshop, a focused, high-energy session designed to help gymnasts learn, improve, or perfect their aerials with confidence and style! ✨

 **Saturday 6th December 2025**

 **1:45 – 3:45 PM**

 **Edenbridge Academy**

BOOK NOW

Our experienced coaches will guide gymnasts step-by-step through key drills, strength work, and progressions to help them achieve that perfect no-handed cartwheel! 🙌

Whether you're close to landing it or just starting out, this workshop is for you, but please note, gymnasts must be able to cartwheel confidently and be aged 5 or over to take part. 💪

Spaces are limited, so don't miss your chance to join the fun and fly high! ❤️

CHEERSPIRE SHOWCASE INVITATION

For anyone interested in cheerleading or curious about what our Cheerspire teams are all about, we'd love to invite you to our Cheerspire Showcase! It's a fantastic chance to see our athletes perform, experience the energy of cheer, and come along to support the teams.

The showcase will take place in Edenbridge on Saturday 17th January 2.30-3.45pm you can book tickets below!

We'd love to see you there cheering on our athletes! ✨



BOOK NOW



A REMINDER OF PUNCH PASSES



INTRODUCING: PUNCH PASSES

We're excited to introduce a new, flexible way for gymnasts to book extra training sessions without committing to a full-term enrolment. Perfect for gymnasts wanting additional practice before competitions or simply looking to refine skills on their own schedule.

What Is a Punch Pass?

A Punch Pass is a pre-paid credit you can purchase through the Parent Portal. Each "punch" allows you to book a one-off class (where space is available) within the next 7 days.

Punch Passes are valid for 12 months, and you can choose from:

- Recreational Gymnastics Punch Pass
- Squad Punch Pass
- Recreational Cheer Punch Pass

How to Purchase a Punch Pass

- Log into your Parent Portal
- Go to Shop → Punch Passes
- Select the pass you'd like
- Complete your payment

How to Book a Class Using Your Pass

- In the Parent Portal, go to My Account
- Select your child and click the Passes icon
- Click Use For Class
- Pick your Punch Pass Date
- Choose a class and Punch In!

Your booking will appear instantly, and your coach will automatically receive the update. iClassPro will deduct one punch from your balance.

You can check remaining punches and expiry dates at any time within your account.

⚠ Important Notes

- Punch Pass classes do not count toward Squad 2.5-hour weekly training totals
- Passes are non-refundable and valid for 365 days from purchase
- Please ensure you select a class that matches your gymnast's level

Our Punch Passes make extra training simple, flexible, and ideal for busy families or gymnasts aiming for that extra edge.

REMINDER!



CHRISTMAS CHALLENGE



Design Our Gymspire Christmas Card!

We're launching a fun festive activity for all our gymnasts... **Design the 2025 Gymspire Christmas Card!**

All your child needs to do is:

1. Create their own Christmas card design (draw, paint, colour... anything!)
2. Take a clear photo of their finished design
3. Email it to your Academy Lead using your usual academy contact email...

📍 Shirley - shirley@gymspireacademy.com💛

📍 Crystal Palace - crystalpalace@gymspireacademy.com💜

📍 Halstead - halstead@gymspireacademy.com❓

📍 Edenbridge - edenbridge@gymspireacademy.com💙

📍 Tunbridge Wells - tunbridgewells@gymspireacademy.com💖

📍 Tonbridge - tonbridge@gymspireacademy.com💛

📍 East Grinstead - eastgrinstead@gymspireacademy.com💚

We'll be choosing one winning design from each academy, and these will become the official Gymspire Christmas Cards for Christmas 2025.

It's a lovely chance for gymnasts to get creative, show off their artistic side, and have the chance to have their artwork sent out to hundreds of Gymspire members!

We can't wait to see all the festive masterpieces 🎄✨

DEADLINE: 14/12/2025

THANK YOU

NEXT RELEASE:

Thanks for reading our newsletter!

We hope you enjoyed catching up on all the latest Gymspire news and events.

Our next issue will be released on or around **15th December**, keep an eye out, you won't want to miss it! 🙈🌟

DON'T FORGET OUR APP

Download the
Gymspire Academy App...

just head to the app store on iPhone

or Google play store on android so that you can manage all classes and **view class dates**

on the go!

Click to download



Click to download



FOLLOW US / JOIN THE COMMUNITY



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Join our **Gymspire & Cheerspire Members only** group on Facebook



STAY IN TOUCH



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FEEDBACK

As always, we love hearing from our Gymspire families. Your feedback helps us grow and continue improving our classes, so please don't hesitate to reach out if there's anything we can do better.

