



Appointment Policies

Important steps to read **BEFORE** your scheduled appointment:

1. Please aim to arrive 15 minutes before your scheduled appointment time. Arriving more than 10 minutes late for your scheduled appointment may result in you having to reschedule.
2. Please bring a list of all current medication to each appointment.
3. Please bring your insurance card and be prepared to pay your co-pay or estimated deductible amount due at the time of service.

Which conditions are best for evaluation at our walk-in clinics? Illnesses or injuries present for a **few days**; such as (but not limited to):

- Sore throats
- Cough
- Nasal congestion
- Ear pain
- Vomiting and diarrhea
- Fever
- Rashes
- Recent injuries
- Skin infections

Symptoms that have been going on for weeks, months or even years, particularly conditions such as headaches, stomach aches, fatigue, depression, anxiety or weight loss **are best addressed with a scheduled consult appointment**, as they deserve a more thorough assessment than can be provided during walk-in due to limited time. We also cannot do physicals or complete school forms during walk-in clinic. Please see the front desk to schedule this or if you have questions. If unclear, we can ask a nurse or doctor how to best approach your concerns.