

WORRIED ABOUT GAMBLING?

If you are worried that you or your loved ones have let gambling get out of control, you are not alone.

Did you know there is help?

A program called CalGETS (California Gambling Education and Treatment Services) provides **CONFIDENTIAL** counseling at **NO COST**.



There are many types of counseling to choose from.

- Phone: counseling in English, Spanish, Mandarin, Cantonese, Korean, Tagalog, Vietnamese and Hindi
- Outpatient: individual and group counseling
- Intensive Outpatient: 3 days/week (Los Angeles and San Diego)
- Residential: 30-day "rehab" (Los Angeles and San Francisco)

Help is available to the gambler or the person impacted by someone's gambling behavior (family members).

There is **HOPE** to regain control!

1-800-GAMBLER (426-2537)

Text **SUPPORT** to **53342**

Chat **problemgambling.ca.gov**

Must be 18+

Someone is waiting to talk to you 24/7



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