

WINTER FUN WEEKS

WK 1

December 1st - December 5th

WINTER WONDERLAND WEEK!

WELCOME TO WINTER SESSION! THIS WEEK ATHLETES WILL BE WORKING ON GYMNASTICS KNOWLEDGE AND BASICS!

WK 2

December 8th - December 12th

SNOWBALLS AND SOMERSAULTS WEEK!

THIS WEEK ATHLETES WILL BE DOING SOMERSAULTS AND INCORPORATING SNOW BALLS INTO THEIR STATIONS!

WK 3

December 15th - December 19th

JINGLE BELL JUMP WEEK!

HAPPY HOLIDAYS TO ALL OUR FCG FAMILIES! ALL ATHLETES WILL RECEIVE A SWEET TREAT AT THE END OF CLASS!

WK 4

January 5th - January 9th

FLIP INTO THE NEW YEAR WEEK!

THIS WEEK ATHLETES WILL BE TRYING A NEW SKILL FOR THE NEW YEAR!

WK 5

January 12th - January 16th

FLURRIES AND FLIPS WEEK!

THIS WEEK ATHLETES WILL BE PRACTICING THEIR FLIPS AND ROLLS AT THEIR EVENTS!

WK 6

January 19th - January 23rd

BLIZZARDS AND BALANCE WEEK!

THIS WEEK ATHLETES WILL BE WORKING ON BALANCING ON THE BALANCE BEAM!

WK 7

January 26th - January 30th

PAJAMAS AND PIVOT WEEK!

THIS WEEK ATHLETES CAN WEAR THEIR PAJAMAS TO CLASS!

WK 8

February 2nd - February 6th

SNOW MUCH FUN WEEK!

THIS WEEK ATHLETES WILL BE DOING A FUN STATION AT THEIR EVENTS THIS WEEK!

WK 9

February 9th - February 13th

LOVERS LEAP WEEK!

ATHLETES WILL BE PUTTING THEIR LEAPS INTO ACTION THIS WEEK! HAPPY VALENTINE'S DAY! FCG STAFF WILL HAND OUT A VALENTINES GIFT AFTER CLASSES!

WK 10

February 16th - February 20th

WINTER OLYMPICS WEEK!

HAPPY WINTER OLYMPICS (2/6/27-2/22/27) ATHLETES WILL BE TRYING A NEW SKILL THIS WEEK!

WK 11

February 23rd - February 27th

HEARTS AND HANDSTANDS WEEK!

SHOW OFF WHAT YOU LEARNED THIS SESSION!