

May Newsletter

FCG's Spring session runs from March 9th through May 30th. FCG will be closed 5/12/26-5/17/26 and 5/25/26.

As added safety precautions, FCG now has key pads locks for entrance to the gym.

The class code is 9687#. Please use the code to enter the gym if needed.



Drop off / Pick Up

- **When dropping off your athlete, please do not stop at the front door to drop off, this disrupts the flow of traffic coming in**
- **Dismissal and pick up will take place outside the blue side door, where the green gate is.**
- **Please do not block the driveway or handicap parkign spots. Keep a safe speed when entering and moving around the facility to ensure the safety of the children, and parents entering and exiting class.**

Important Dates:

- **FCG's 2026 Annual Gym Show is Saturday June 6th.**
- **Rehearsal Week is June 2nd through June 5th**
- **FCG is closed 5/12-5/18 and 5/25**

Tot Twisters

Guided by an instructor, your child will further develop fine and gross motor skills as they run, crawl, climb, and jump their way through our age appropriate gymnastics equipment. Each class starts with a five minute stretch, followed by an instructive song. your child will be able to utilize the bars, beam and tumble track One parent participant is required.

Upcoming Dates:

**Week 9: Rainbow
Adventure Week!**

**Week 10: Confidence
Week!**

**Week 11: Spring
Celebration Week!**



Check out our Monthly Fun Recipe:

Pretzel Bites

Link-<https://www.delish.com/cooking/recipe-ideas/recipes/a51134/soft-pretzel-bites-recipe/>