

February Newsletter

FCG's Winter session is off to a great start! Winter session runs from December 2nd, 2025 - February 28th, 2026. As added safety precautions, FCG now has key pads locks for entrance to the gym. The class code is 9687#. Please use the code to enter the gym if needed.



Drop off / Pick Up

- When dropping off your athlete, please do not stop at the front door to drop off, this disrupts the flow of traffic coming in
- Dismissal and pick up will take place outside the blue side door, where the green gate is.
- Please do not block the driveway or handicap parking spots. Keep a safe speed when entering and moving around the facility to ensure the safety of the children. and parents entering and exiting class.

Important Dates:

Spring Registration begins February 3rd. All costume fees are due at registration, unless you are not attending the Annual Gym Show.

Tot Twisters

Guided by an instructor, your child will further develop fine and gross motor skills as they run, crawl, climb, and jump their way through our age appropriate gymnastics equipment. Each class starts with a five minute stretch, followed by an instructive song. Your child will be able to utilize the bars, beam and tumble track. One parent participant is required.

Upcoming Dates:

Week 8: Winter Wonderland

Week 9: Valen-Tumbles Week!

Week 10: Snowball Week!

Week 11: Winter Skills Showcase Week!



Check out our Monthly Fun Recipe:

Recipe: Peanut butter and jelly roll ups

Link: <https://www.delish.com/cooking/recipe-ideas/36759525/disney-pb-and-j-rolls/>