

Extras



Menu

FRESH BREAD

WHITE	\$5.00 (loaf)/\$1.20 (roll)
WHOLEMEAL	\$5.50 (loaf)/\$1.20 (roll)
MULTIGRAIN	\$5.90 (loaf)/\$1.40 (roll)
LIGHT RYE PUMPKIN	\$6.50 (loaf)/\$1.50 (roll)
LIGHT RYE & OAT	\$6.50 (loaf)/\$1.50 (roll)
LOW GI	\$6.20 (loaf)/\$1.50 (roll)
6 PACK ROLLS	\$6.80

COFFEE & TEA

Enjoy locally roasted Honey Bird Coffee and a selection of specialty native and herbal bush teas from Blak Brews.



Selection of milk available:
Soy, oat, almond, lactose free,
skinny and full cream milk

BEVERAGES

SMOOTHIES \$9

MILKSHAKES MEDIUM \$7 LARGE \$7.50

FLAVOURS - CHOCOLATE, STRAWBERRY, VANILLA,
CARAMEL, BLUE HEAVEN

SPIDERS \$8.50

A wide selection of juices, flavoured milk, ice
creams, kids lollies and soft drinks are
available



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Unit 7/15 Bell Street Torquay

SANDWICHES & ROLLS

Made fresh to order with quality
ingredients, or enjoy our convenient
pre-made options

MEAL DEALS

DOUBLE HAM, DOUBLE CHEESE & TOMATO RELISH TOASTIE	\$10.50
TRIPLE CHEESE TOASTIE	\$9.50
EGG & BACON SANGA OR ROLL	\$11
RAISIN TOAST	\$10
CHUNKY TOAST	\$9
BAKED BEAN WITH CHUNKY TOAST	\$11
MUFFIN AND SMALL COFFEE	\$9.90

ALL SERVED WITH A SMALL COFFEE, TEA
OR HOT CHOCOLATE

SPECIALS

BREKKIE BOX	\$20
EGG & BACON SANGA OR ROLL WITH TOMATO RELISH, SMALL COFFEE & OJ	

BIG BREKKIE BOX	\$30
EGG & BACON SANGA OR ROLL WITH TOMATO RELISH, SMALL COFFEE, OJ, YOGHURT & BERRIES, CROISSANT WITH JAM & HOMEMADE GRANOLA	

LUNCH PACK	\$20
SALAD ROLL, MUFFIN, OJ, FRESH FRUIT ADD WRAP \$6	

PRE ORDERS & TAKE AWAY ONLY

Fresh.
Handmade.
Delicious.

Open Daily:
7:00 AM - 3:00 PM