

OOEY GOOEY - Messy Inside



MESSY INSIDE

Key Passage: Mark 5:1-20, Jesus Heals a Man Controlled by Demons

Lesson: There was a man known to have been possessed by many demons. The man was in agony, but Jesus came and took away his pain and changed his life.

Objective: Kids will learn, “Jesus can heal painful messes.”

Video: A man with evil spirits

<https://www.youtube.com/watch?v=NTVQZxkXAQU>

INTRO:

JESUS MEETS US IN OUR MESS! Today we are going to talk about a mess that isn't easy for people to see on the outside. This mess is something inside of us. We all have messes to be cleaned up by Jesus. Maybe it's anger, maybe it's anxiousness, maybe it's a sin that you haven't let go of yet. Jesus loves us and THERE IS ALWAYS HOPE IN JESUS! But before we dive that deep into the OOEY GOOEY messes of life. I want to hear a bit more about your messes at home!

You know what I'm talking about. Those messes that everyone has behind closed doors, in closets, under beds, in junk drawers, in the kitchen, or out in the yard. Yes, I want to hear about a big mess you have around the house. Everyone think for a minute...what is the messiest place in your room or house?

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I hope you are ready to help your parents tackle that mess! I'm sure they would love that surprise! Now we are going to read in the Bible about an awful mess that was inside of a man.

READ MARK 5:1-20

MAIN POINT

First of all, before we go any further, I want each and every one of you to know something very important. If you have accepted Jesus in your heart as your savior, you are NEVER in danger of being demon-possessed. Jesus protects us with His holy spirit and we cannot have this happen to us as followers of Christ. So, before we talk about this awful thing inside this man, I just want you to know God's truth! So, I don't want any of you to be fearful that this could happen to you. The holy spirit is in you and protects you.

This man did not yet know Jesus. He had been possessed by demons and they were controlling him. They made him do things that were bad and that hurt him. He was trapped and needed Jesus to help him. We might not know what it's like to be demon-possessed, but we might know what it's like to have trouble on the inside. Jesus is powerful and can help us with our problems, even the ones that no one can see. He can help us with anxiety, depression, sadness, anger, sins, and he can help us to be free! In this story, Jesus freed the demon-possessed man! And if Jesus can do that, there is nothing that He can't do! He is all powerful. THERE IS ALWAYS HOPE IN JESUS!

DRIVE IT HOME

If you have something bothering you on the inside. Something you know isn't good and is hurting you. Pray to Jesus for help! Ask Him to lead you and free you from the pain. JESUS CAN HEAL PAINFUL MESSES. After the man was free, he was able to tell others about what Jesus did for him. We can do the same. After Jesus helps us with our problems, we can share that with others so that they can know how Jesus can help them too!

This is so important to spread the good news about Jesus to others! Jesus healed the man's painful mess and He can heal yours too! Let's say this together...JESUS HEALS PAINFUL MESSES! "JESUS HEALS PAINFUL MESSES!" I'm so glad that THERE IS ALWAYS HOPE IN JESUS! Aren't you? Let's pray.

Parent/Child Chat: K - 2nd grade

Read Mark 5:1-20

Where was the demon-possessed man living?
Where did Jesus send the demons?
What did Jesus ask the man to do?

Parent/Child Chat: 3rd - 8th grade

Read Mark 5:1-20

Where was the demon-possessed man living?
Where did Jesus send the demons?
What did Jesus ask the man to do and why was that important?
Why do you think the people asked Jesus to leave? Have you ever been afraid of what you didn't understand?

Parent Time

What you need to know:

Jesus is powerful! He has the ability to heal us on the inside and when we go to Him with our struggles. You can encourage your child's prayer life this week by pointing them back to prayer whenever they express a need for help. You can pray with them, for them, and all around them!

CRAFT

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ITEMS NEEDED:

T-shirts, fabric Markers, and paints

INSTRUCTIONS

Give each kid a t-shirt to design with fabric markers and paints. Tell kids to design their shirt with the GOOD things that Jesus has put in their hearts so that everyone can see on the outside of their shirts what is on the inside of their hearts. Examples that will give inspiration for the kids are: A kid who loves animals can draw their favorite animals, a kid who loves to help others can draw "helping hands," and a kid who loves to be funny or make jokes can draw a silly face, etc.