



Life Skill: Preventing the Summer Slide

Learning doesn't stop when school ends. A little reading, practicing, and exploring each day helps you return to school confident and prepared.

1. Read Every Day

Spend 20–30 minutes reading books, magazines, or articles that match your interests. Daily reading keeps your brain active and improves vocabulary and comprehension.

2. Practice Math in Everyday Life

Use math while shopping, cooking, playing games, or measuring ingredients. Real-life practice helps keep math skills sharp over the summer.

3. Keep Learning Through Fun Activities

Visit the library, explore museums, work on puzzles, try science experiments, or keep a summer journal. Learning through play helps you stay curious and ready for the new school year.