

The Grid Goes Down

Preparedness Guide

Conclave Team



The Grid Goes Down — Now What?

What triggers outages

- Storms, cyberattacks, equipment failure, earthquakes, or grid overloads.

Immediate impacts

- Unstable communications, transport delays, and limited water, heat, food, and care.

Why prep matters

- Planning reduces panic and protects family well-being during uncertainty.

Action checklist

- Stock supplies, set a comms plan, and know when to shelter or evacuate.





Emergency Preparedness Essentials

Core Elements of an Emergency Plan

Household Communication

- List in-region and out-of-region contacts; set primary and backup methods; ensure everyone knows when and how to use them.

Evacuation & Meeting Points

- Map multiple routes; choose easy-to-find rendezvous locations if roads are blocked or unsafe.

Go-Kit Essentials (3+ Days)

- Water, shelf-stable food, medications, flashlights, radio, and vital documents.

Practice & Review

- Rehearse the plan, update regularly, and involve the whole family so roles are clear.

Document Case (Amazon)



Emergency Preparedness Essentials

Core Elements of an Emergency Plan

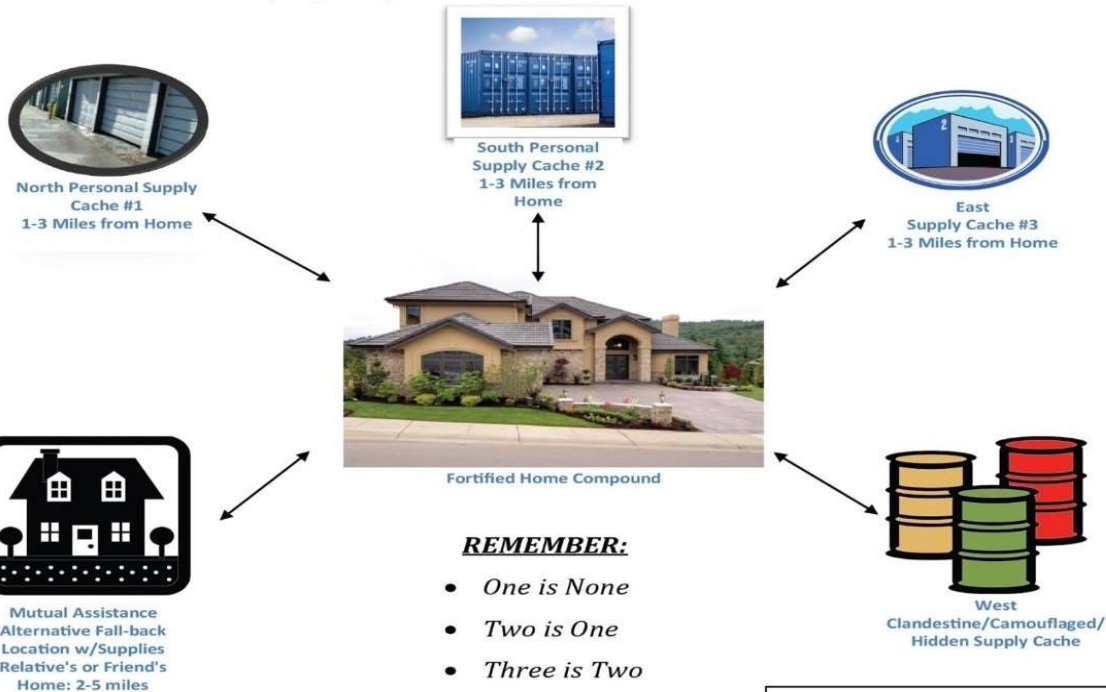


Level One Preparedness: The Fortified Home

1. 3 Months of Food Storage minimum; 3-6 months Per Off-site Supply Cache
2. 6-9 Months of Water; 6-12 Months per Off-site Supply Cache
3. Prepped Vehicle/Car
4. Defensive Tools & Ammunition
5. Security Devices: High Fencing; Surveillance; Guard Dogs
6. Personal Body Armor
7. Gas Mask for Every Family Member
8. Alternative Vehicles/Bicycle/Wheel Barrow/Motorcycle
9. Backup power supplies: Propane and/or Solar
10. Medical Supplies, Antibiotics, & Medicines
11. Water Purification tablets and Bleach
12. 6-months of Toilet Paper; 9-12 Months per Off-site Survival Cache
13. Radio Communications
14. Outside Cooking Appliance/Grill
15. 40 Gallons of Fuel; 40 gallons per Off-site Survival Cache

Emergency Preparedness Essentials

Core Elements of an Emergency Plan



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Emergency Preparedness Essentials

Disaster Supply Kits: Go-Bag & Stay-Box

Essentials

- Water (1 gal/person/day), non-perishables, and a manual can opener.

Safety & Communication

- Flashlight, battery/hand-crank radio, extra batteries, whistle, first-aid kit.

Shelter-in-Place

- Dust masks, plastic sheeting, and duct tape for room sealing.

Critical Documents

- IDs, insurance, and banking info in a waterproof container.

Purpose

- Supports safety and sustainment until services restore or evacuation.



Disaster Response Actions

Actions for Natural and Man-Made Disasters

- Different types of disasters require specific knowledge and actions to remain safe. For natural disasters such as floods, hurricanes, or earthquakes, households should understand the risks specific to their geographic area.
- Earthquake preparation includes practicing ‘drop, cover, and hold on,’ while hurricane or flood readiness involves identifying safe rooms or higher ground.
- For man-made disasters such as hazardous material spills or terrorism-related incidents, households must know how to effectively seal their home using plastic sheeting and duct tape to create a protective barrier for shelter-in-place situations.
- Additionally, individuals should learn how to safely shut off electrical, gas, and water utilities to prevent secondary hazards such as fires or contamination. Awareness and practice of these procedures help minimize danger during unpredictable events.

Ongoing Preparedness

Practice, Maintenance, and Continuous Readiness

Drill regularly

- Run evacuation and shelter-in-place drills at least twice a year so everyone knows their role and can act quickly under stress.

Maintain and rotate supplies

- Check kits for expired food, water levels, and medications. Rotate items so the kit remains ready for immediate use.

Refine plans continuously

- Update routes, roles, and resources after each drill. Iteration builds resilience for a swift, informed, effective response.

Additional Resources

- [FEMA](#)
- [Disaster Assistance](#)
- [American Red Cross](#)

