Dedicated to enriching your life through the art, science and philosophy of yoga.

November 2021 Announcements



Mark your calendars!

OM Canada Book Signing with Valery Petrich

Saturday, December 4, 2021 2:30 – 4:30 pm Crowfoot Studio NW 200, 1829 Ranchlands Blvd. NW Calgary

\$39.95 for first copy, buy a second copy for a friend at 1/2 price.

Also available at Amazon.com

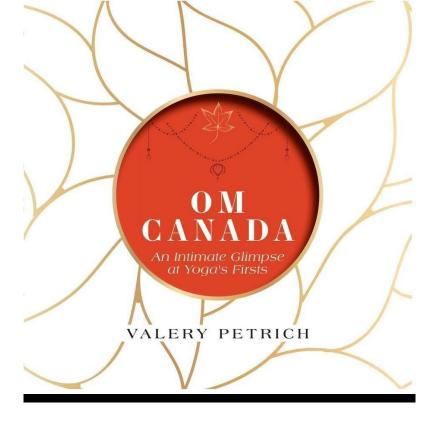
Om Canada-An Intimate Glimpse at Yoga's Firsts

A celebration of yoga's history in Canada.

Here are profiles of sixty of the country's yoga innovators-the firsts to set up a practice in their area, start a provincial association, launch a TV show, write a book, build an ashram, open a studio, etc.

These are the passionate souls who ushered in the practice of yoga in a post-war era, when contemporaries still perceived them as loners and loons.

Scattered across Canada, these yoga pioneers forged their practices for personal healing and spiritual fulfilment based on conviction and despite lasting skepticism. Their efforts ushered in an age of spiritual curiosity that set the stage for yoga and meditation's acceptance as the bona fide spiritual practices and healing modalities we know today.





The Yoga Studio College of Canada info@yogastudiocollege.com | www.yogastudiocollege.com

340B-12211 1ST Ave Richmond, BC V7E 3M3 | Engagement Marketing by Conscious Commerce