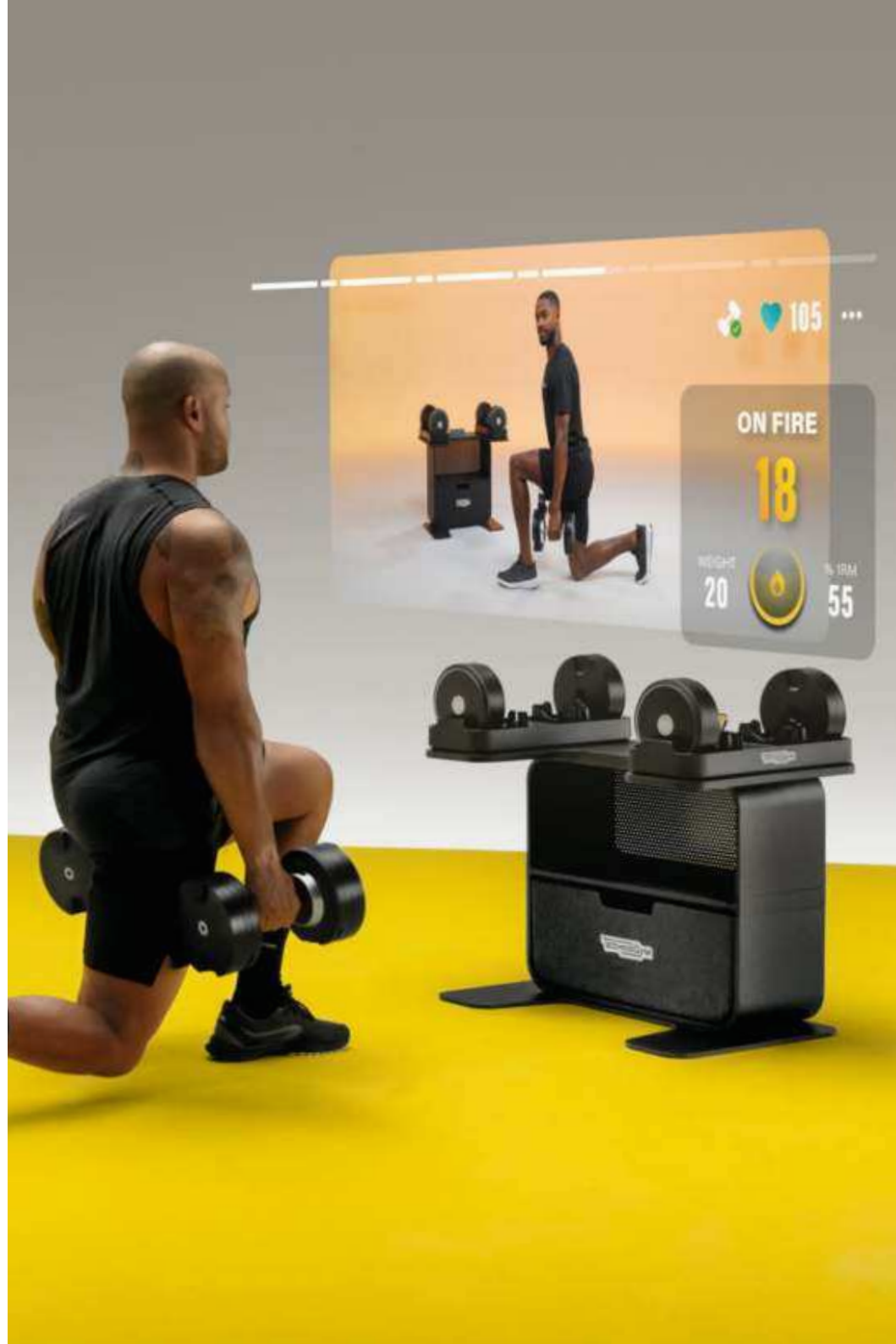


Technogym Connected Dumbbells



12 in 1 Connected Dumbbells

Discover boundless strength in any space with 12 connected dumbbells in 1, and experience personalized workouts tailored to your performance.



Personalized Load Prescription

Connect with Technogym App for a personalized training experience with load recommendations for every workout based on your performance and metrics.

The exact weight you need for the fitness goal you want to achieve.

The Personalized Load Prescription system uses advanced AI algorithm for the movement tracking and the load recognition.



Twist. Click. Lift.

Quickly and effortlessly adjust
the weight of each dumbbell
with **one twist**.

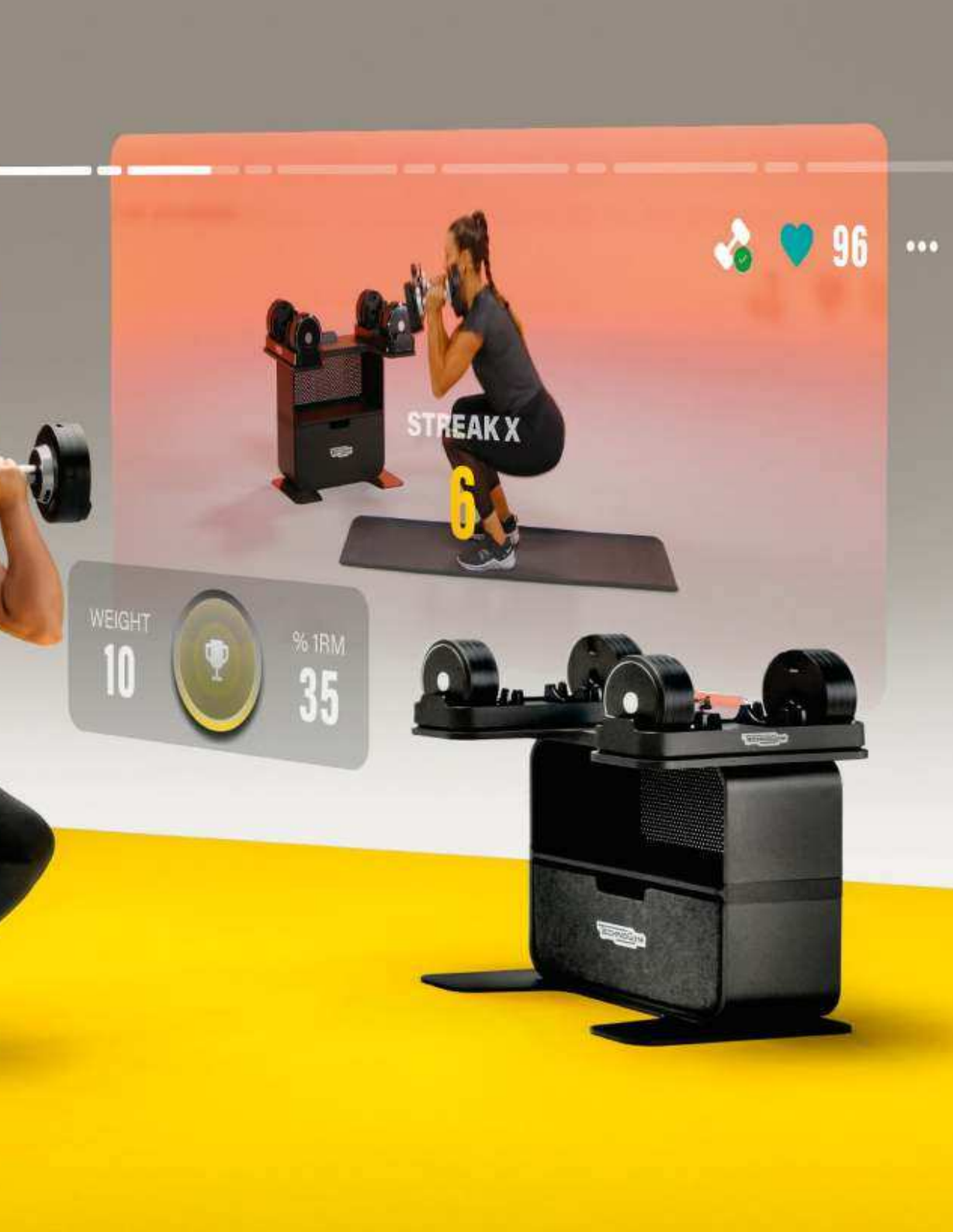


The compact strength corner

To complete your training experience, kit yourself out with Technogym Connected Dumbbells+.

This sleek and ergonomic stand for Technogym Connected Dumbbells+ features a stylish storage equipped with Foam Roller, Training Mat, and three Loop Bands.





AT HOME



AT THE OFFICE



IN HOTEL ROOM



ANYWHERE



WEIGHT INDICATOR

Easily adjust and see how much you are lifting from 2 to 24 kg.

EVERYTHING UNDER CONTROL

This compact stand is the perfect way to keep your device in sight while you work out.

DOCK

For loading, unloading and storing dumbbells and their plates while not in use.

KNURLED METAL HANDLES

Easy to grip and comfortable to hold, even when sweaty.

STYLISH FELT STORAGE

A smart solution with 1 Foam Roller, 1 Training Mat, and 3 Loop Bands.

FINEST QUALITY

Each element is carefully chosen for its performance and design.



Technical Specifications

TECHNOGYM CONNECTED DUMBBELLS

(data referred to a single dumbbell)

Dimensions incl. dock (L x W x H)	450 x 194 x 197 mm / 18 x 8 x 8 in
Weight (with dock)	27 kg / 60 lbs
Loads	2-24 kg (with 2 kg increments)
Power requirement	2 x 1.5V AAA alkaline batteries (included)
Connectivity	Bluetooth 5.2
Including	2 x Connected Dumbbell, 2 x Dock, 2 x Welcome Box, 4 batteries



TECHNOGYM CONNECTED DUMBBELLS+

Stand dimensions (L x W x H)	805 x 461 x 543 mm / 32 x 18 x 21 in
Stand weight	28 kg / 62 lbs
Including	Technogym Connected Dumbbells, 1 Stand, 1 Foam Roller, 1 Mat, 3 Loop Bands

