

Technogym Collection



TECHNOGYM®

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Wellness is the lifestyle promoted by Technogym, aimed at improving people's quality of life by championing the benefits of regular physical exercise, correct nutrition and a positive mental approach. It is a social responsibility that guides and unites us. We want to inspire as many individuals as possible to achieve their own Wellness by offering engaging training experiences available anytime and anywhere. Let's move for a better world.

A handwritten signature in black ink, reading "Nerio Alessandri". The script is fluid and cursive, with the first letters of "Nerio" and "Alessandri" being capitalized and prominent.

Nerio Alessandri

Founder and President of Technogym

LET'S MOVE FOR A BETTER WORLD



A deep belief that calls us to action. If we move, we feel better, and the same is true for the people around us, our country, the whole planet. By sharing the Wellness philosophy, we can all contribute to make the world a better place to live in. Healthy people, healthy planet. Join our community!





Start training with Technogym App

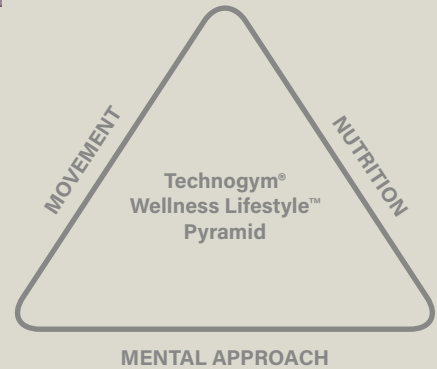
Access unlimited content to improve your lifestyle and keep fit and healthy. Download the Technogym App and enjoy your journey to Wellness!



Download Technogym App

WELLNESS IS
MORE ENERGY
GREATER
EFFICIENCY
AT WORK
LIVING LONGER
AND HEALTHIER
MENTAL,
PHYSICAL
AND SOCIAL
WELL-BEING





Being satisfied and content by finding positive energy through complete relaxation. Feeling fit, full of energy but stress-free. A new drive that allows you to overcome moments of tiredness and face every day with more enthusiasm and vitality.

The pleasure of some "me" time, looking after your body, rediscovering the well-being of healthy lifestyle.

SUPERIOR RESULTS FASTER

We all train with a specific goal in mind: to stay in shape, to become a better athlete, to have fun, to look good or to be healthier.





Technogym also has a specific goal: your results.
With a personalized training experience tailored to
your needs, your inspiration and your lifestyle.
Where you want and when you want, whether you're
at home, at the gym, at work, at a hotel or outdoors.
So you achieve superior results faster.

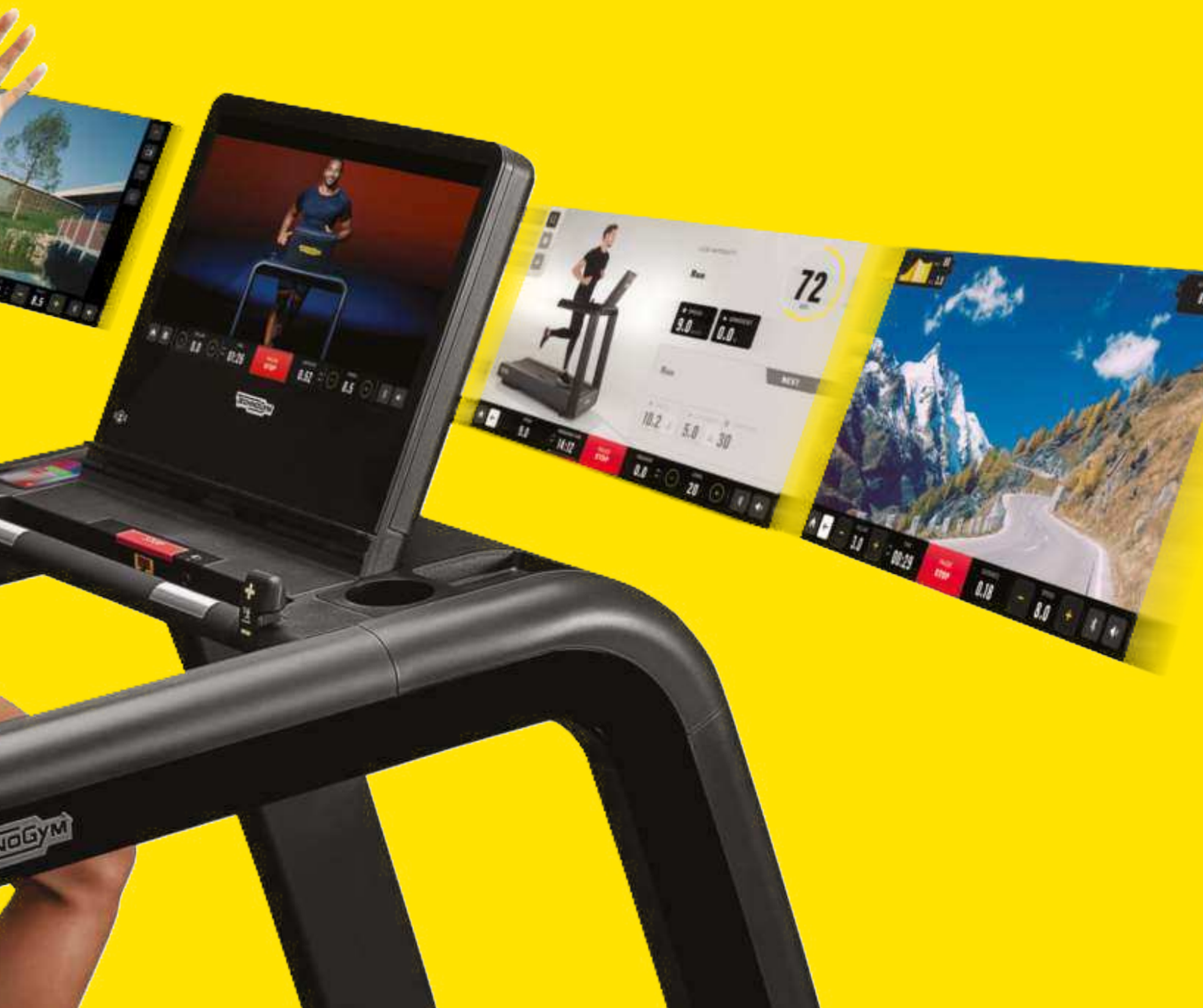
COUNTLESS TRAINING OPTIONS



Every time you step onto connected Technogym equipment, your workout is transformed into an amazing experience fit for you.

Go for Sessions for fun combined with performance. Choose one of our Routines if you'd rather focus on high-intensity workouts or take your training to stunning locations with Outdoors.

With Technogym Live enjoy endless entertainment while working out on our equipment, from watching your favorite TV series to listening to killer playlists, or just browsing the Internet.







PERSONAL LINE

THE BEAUTY OF THE WORKOUT

Well-being is at the heart of this sleek line of Antonio Citterio-designed equipment that makes your home the most exclusive place to work out.







PERSONAL LINE



Bike



Recline



Run



Cross



Kinesis®



Power

RUN

The perfect synthesis of cutting-edge technology, innovative equipment and flawless design.

Designed by **Antonio Citterio**
Assistant Toan Nguyen

Attention to detail
Created with exquisite materials and craftsmanship

Smooth running
Built-in shock absorbers for maximum comfort

Technogym Live content
Work out your way with Sessions, Routines or Outdoors, and enjoy TV, music and websites.



Discover
More

Dimensions (LxWxH) 201 x 80 x 147 cm / 79 x 31 x 58 in | **Weight** 170 kg / 374 lbs | **Speed** 0.4-18 km/h / 0.2-11.2 mph
Incline 0-15%



The 22" wide touchscreen display and integrated loudspeakers let you watch, listen and interact while training, without any distractions.









BIKE

An icon of design for pedaling in style toward your objectives. Never before has an indoor bike given you so many reasons to love home training.

Designed by **Antonio Citterio**

High-impact design

Designed to enhance any interior

Natural pedaling

Round, smooth strokes the instant you start cycling

Endless training variety

Ride into shape with outstanding on-board content



**Discover
More**

Dimensions (LxWxH) 117 x 56 x 140 cm / 46 x 22 x 55 in | **Weight** 63 kg / 139 lbs



A personal trainer at your fingertips

Achieving your goals is easier with a virtual trainer. Select a Technogym Session, choose a difficulty level suited to your needs, and let the trainer guide you through intensity and movement variations.









RECLINE

Biomechanics applied to elegant design lets you pedal in harmony with your senses and surroundings.

Designed by **Antonio Citterio**

Modern masterpiece

A seamless combination of clean lines and polished details

Ergonomic seat

Cycle with proper form and total comfort

Immersive workouts

Dive into your routine with a 16" touchscreen and integrated speakers



reddot design award
best of the best 2012



Discover
More

Dimensions (LxWxH) 139 x 64 x 138 cm / 55 x 25 x 54 in | **Weight** 70 kg / 154 lbs



The most comfortable way of staying in shape

Designed with Vitra, the adjustable ergonomic seat ensures that you'll maintain correct posture without straining your back muscles.









CROSS

Designed for performing a total body workout in the comfort of your home, it makes your training as pleasant as it looks.

Designed by **Antonio Citterio**

Impeccable design

Made with superior materials in a sleek style

Optimal training effect

Perform intense cardio with minimal perception of fatigue

Connected training

Exciting workouts combined with an interactive digital experience



German
Design Award

WINNER 2014



Discover
More

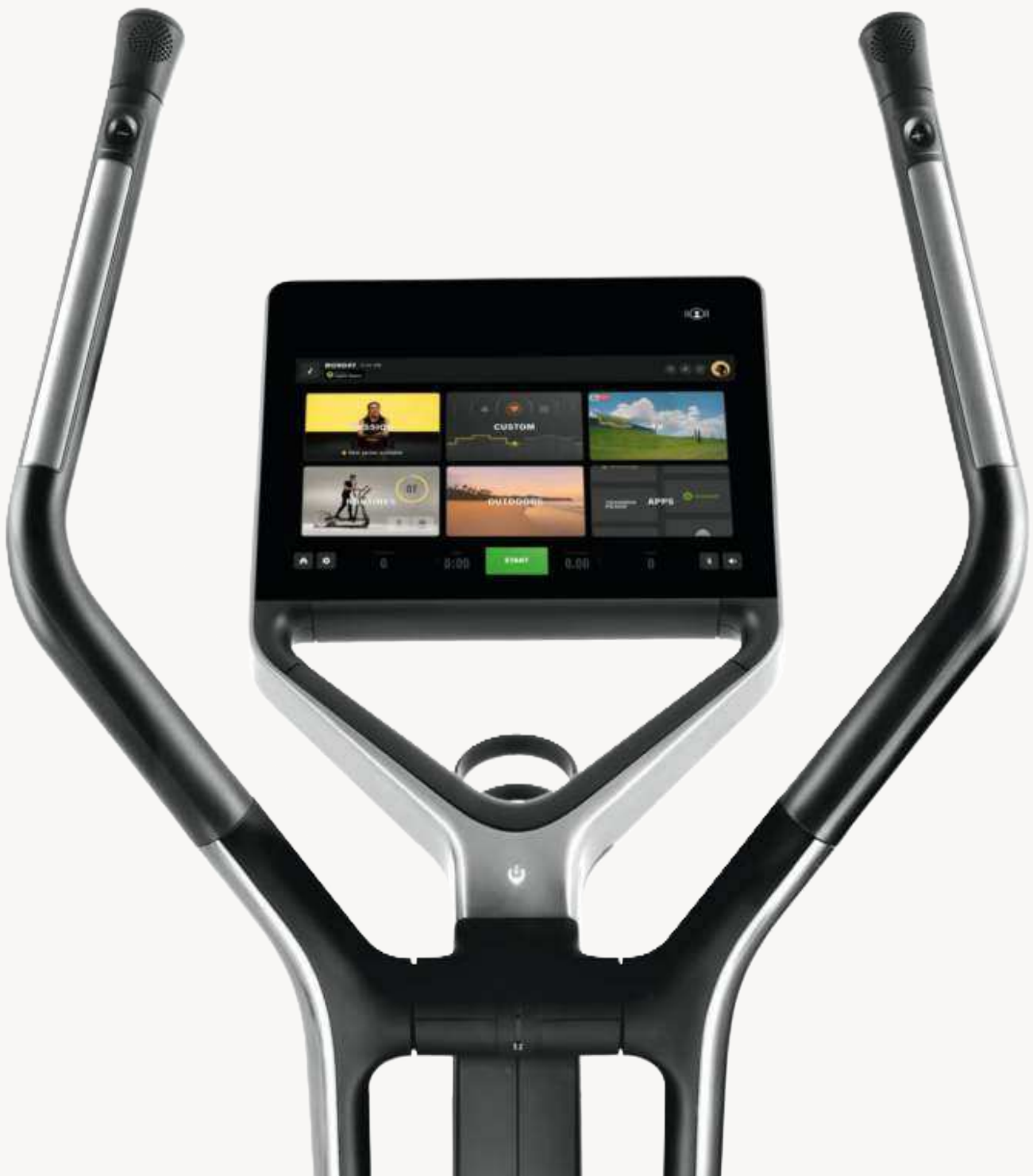
Dimensions (LxWxH) 194 x 69 x 176 cm / 76 x 28 x 69 in | **Weight** 145 kg / 320 lbs

Flywheel weight 8.6 kg / 19 lbs with belt drive ratio 14.6



Total body entertainment

Smooth and silent movements
set the stage for the clear, enchanting
sound of the Hi-Fi loudspeakers,
engaging every muscle group
in an immersive workout.









KINESIS

Improve strength, coordination
and flexibility with the ultimate piece
of designer gym equipment
for the home.

Designed by **Antonio Citterio**

FullGravity™ Technology
Countless functional
movement patterns

Technogym App
A personal trainer that guides
your workouts

**Designed to highlight
your spaces**
A complete gym that folds
elegantly into your wall



reddot design award
winner 2007



**Discover
More**

Dimensions (LxWxH) closed 45 x 170 x 210 cm / 18 x 67 x 83 in

Dimensions (LxWxH) during operation 115 x 170 x 210 cm / 45 x 67 x 83 in | **Weight** 240 kg / 528 lbs



Effective functional training

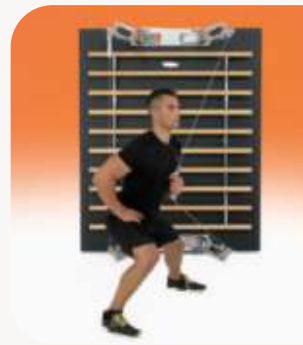
Kinesis Personal offers more than 200 exercises for an all-around functional training experience. You can combine basic movements into more complex and challenging patterns involving your core muscles to improve daily life or sport-specific technique.







With Kinesis you can improve strength, resistance, flexibility, coordination, posture control and breathing control. Different muscles can be trained by simply changing the exercise position, thanks to the versatility provided by handgrips in various positions.











KINESIS® PERSONAL COLLECTION



Vision



Heritage Black




Heritage Leather Dark Brown



Heritage Leather Gold Brown



TECHNOGYM®



SKILL LINE

TECHNOGYM RUN

The only treadmill with Multidrive Technology™ for power and cardio workouts that ensure superior results faster.

Elevate your running

Build speed and endurance with high-energy workouts and a seamless stride

Boost your explosive power

Improve sprinting and acceleration with Sled Training

The bootcamp at home

Elevate the intensity of your workout with bodyweight exercises and more right on the screen



Discover
More

Dimensions (LxWxH) 197 x 83 x 178 cm / 78 x 33 x 70 in | **Weight** 203 kg / 448 lbs | **Speed** 0.2-25 km/h / 0.1-15.5 mph
Incline 0-15%



Run. Push. Lead the way.

Elevate your athletic performance, tone and strengthen your body, lose weight. Reach all these goals more quickly and effectively than ever with the only treadmill designed to do so: Technogym Run.





Break the routine with bootcamp



Train with guided Bootcamp Routines that alternate running, pushing and floor exercises, and automatically adapt to your level for the most effective high-intensity workout ever. Right at home.



TECHNOGYM RIDE

Go from 0 to 1000 watts in half a second. Experience an amazingly realistic ride with gear and gradient changes. Train like the cyclist you dream of being.

Ready to ride

No setup needed, just log in and start pedaling

Personalized training

The most extensive choice of programs to max out your performance

Zwift, TrainingPeaks, Strava and more

All your favorite apps at your fingertips



**Discover
More**

Dimensions (LxWxH) 155 x 64 x 142 cm / 61 x 25 x 56 in | **Weight** 65 kg / 143 lbs



Train with your favorite apps

With apps already integrated into the 22" touchscreen display, you have everything you need to train how you want. Choose from Zwift, TrainingPeaks, Strava, YouTube, Eurosport and lots more.





MONDAY 12:00

12.0 12.0 12.0

STRAVA

Zwift Companion

Netflix

Zwift Views

App Store

External Input

Google

Spotify

Training Peaks

GCN

Kinomap

Netflix

Zwift Views

Speed 24.8

Elevation 246

PAUSE STOP

Heart Rate 152

35-1

MONDAY 12:00

12.0 12.0 12.0

Speed 28.9

Heart Rate 156

100

7.1

CADENCE 43

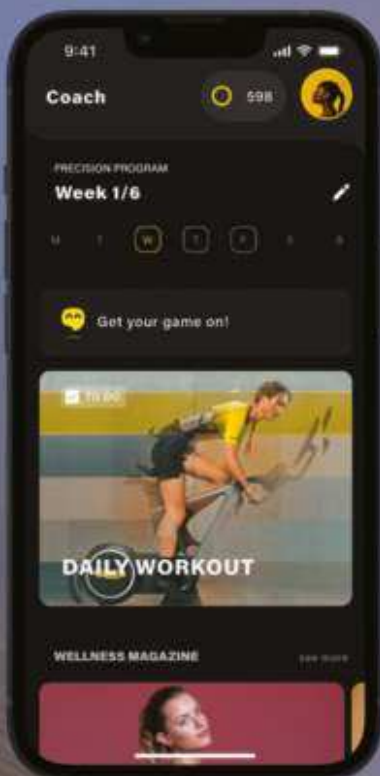
PAUSE STOP

POWER 116

GEAR 34-11

**Your program,
your passion**





Download the Technogym App and get your Technogym Neuromuscular Training-TNT™ programs. Improve your performance with profile-based workouts and review your results right on the console.

SKILLROW

The only indoor rower that improves your cardio fitness and total body power with training programs developed with Olympic athletes.

Cardio and power in one stroke

Switch from resistance to aerobic training with Multidrive Technology™

The unique feel of rowing on water

Follow the natural curve of each stroke with Aquafeel™

Rowing gets connected

Train like a champion with Skillrow® app



**Discover
More**

Dimensions (LxWxH) 244 x 63 x 128 cm / 96 x 25 x 50 in | **Weight** 61 kg / 134 lbs



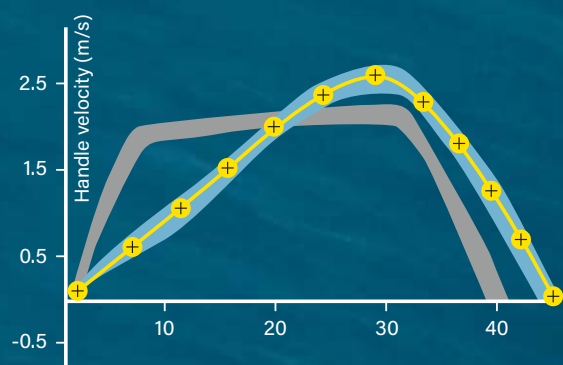
Explore a world
of workouts



Connect to Skillrow® app on your mobile phone
and dive straight into the action. Race against real
athletes, train with the best coaches and get
real-time feedback on your performance metrics.

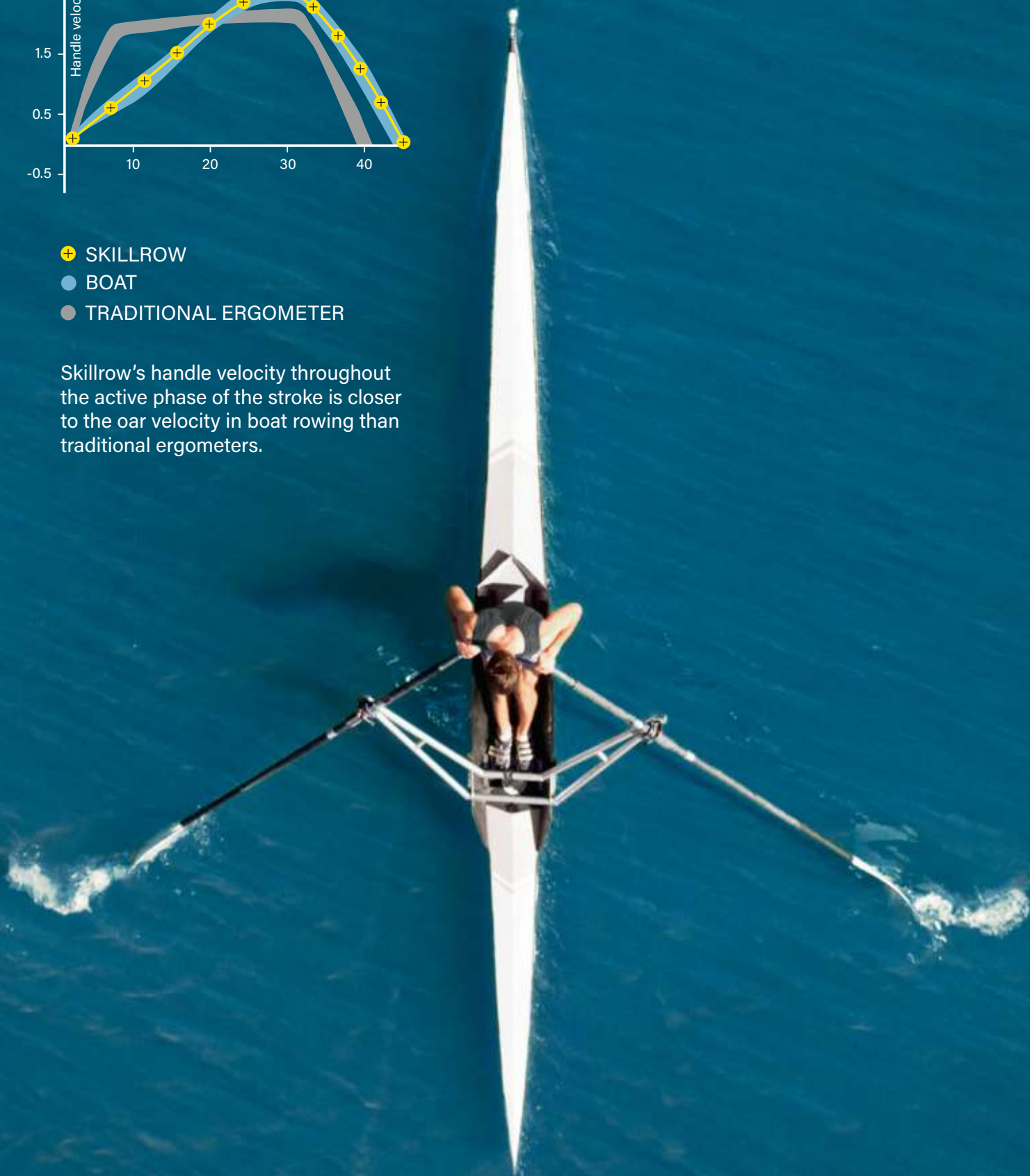


How Skillrow™ compares to boat rowing



- ⊕ SKILLROW
- BOAT
- TRADITIONAL ERGOMETER

Skillrow's handle velocity throughout the active phase of the stroke is closer to the oar velocity in boat rowing than traditional ergometers.



The unique feel of rowing on water

The resistance delivered by Skillrow was designed to follow the natural curve of the stroke in the water. We named it Aquafeel™.

Thanks to Aquafeel™, the resistance is more gradual, making the movement fluid throughout and avoiding the backlash on the lower back.



TECHNOGYM BIKE

Get the best training experience
with online classes and unlimited
entertainment.

Technogym classes on demand

Ride with the energy
of our best trainers online

Personal entertainment

Explore your favorite content
from TV series to music
playlists and websites

Professional biomechanics

Smooth and silent pedaling

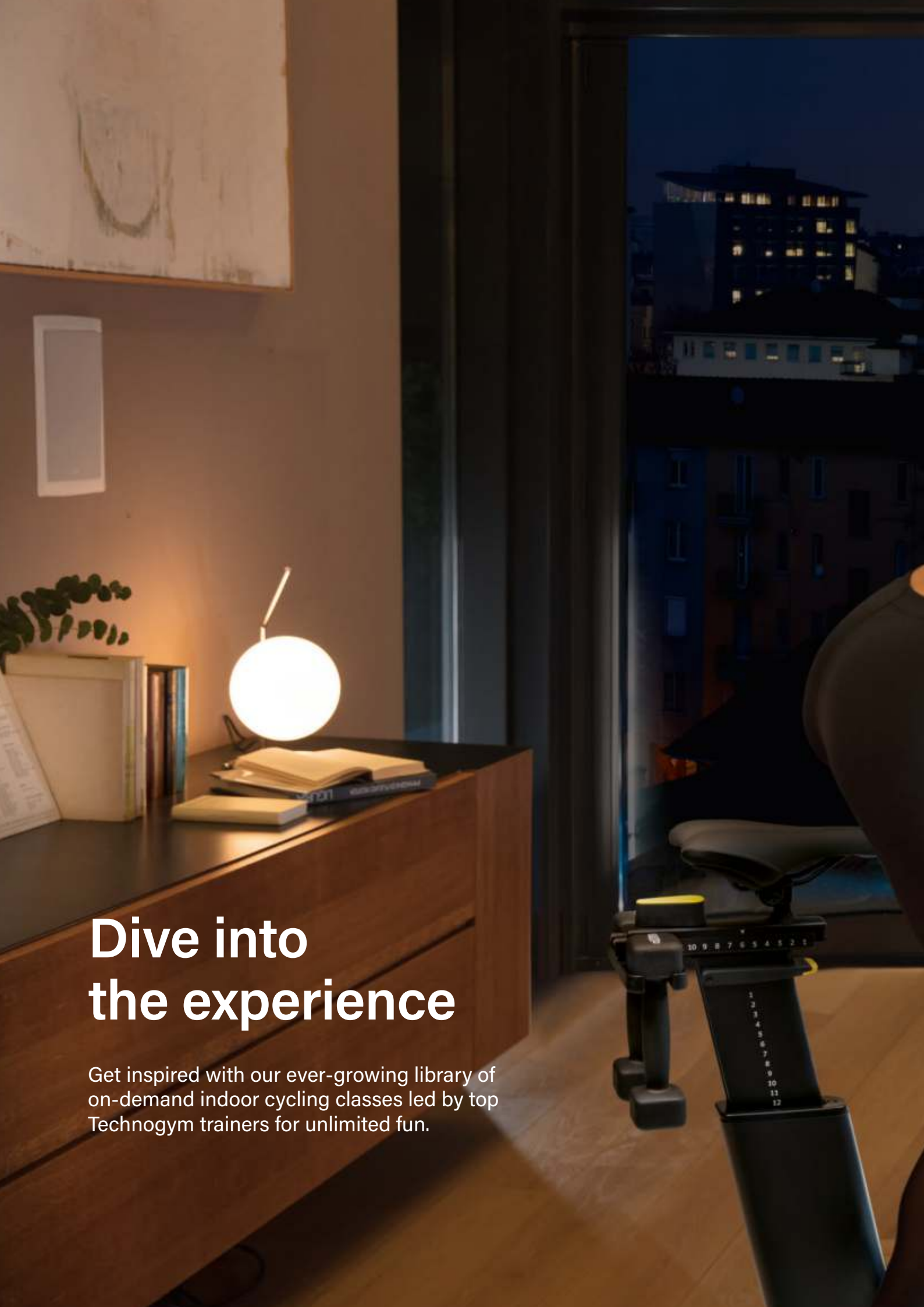


**Discover
More**

Dimensions (LxWxH) Standard: 122 x 59 x 138 cm / 48 x 23 x 54 in — XL: 122 x 59 x 148 cm / 48 x 23 x 58 in

Weight 67 kg / 148 lbs





Dive into the experience

Get inspired with our ever-growing library of on-demand indoor cycling classes led by top Technogym trainers for unlimited fun.











MY
LINE

TECHNOGYM MYRUN

Immerse yourself in your training
on a tread that adapts to the intensity
of your run, offers infinite workouts
and fits beautifully in your home.

Premium personalized training experience

Interactive workouts
right on your device

Adaptive running surface

Easy on the joints, ready for
your sprints

Real-time Biofeedback

Track cadence, step length
and heart rate



reddot design award
winner 2015



Discover
More

Dimensions (LxWxH) 176 x 79 x 126 cm / 69 x 31 x 50 in | **Weight** 92 kg / 203 lbs | **Speed** 0.8-25 km/h / 0.5-15.5 mph
Incline 0-12%



Personalized training content

Enjoy guided, premium workouts on your tablet with the Technogym Live app or on your smartphone with the Technogym App. Choose a goal-oriented Routine for a varied and intense workout, or opt for an exciting, trainer-led Session that combines motivation with performance.

Connect with your favorite running app to experience indoor running in ways you've never imagined, right from your tablet.









TECHNOGYM ELLIPTICAL

Discover the power of your body with smooth and comfortable strides while getting your cardio workout aboard the only compact cross-trainer.

No impact total body

Train the whole body without straining your joints

Foldable design

Our most compact elliptical ever packs up to 5.4 sq ft (0.5 sq m)

Premium personalized training experience

Top workouts for your goals, on your device



Discover
More

Dimensions (LxWxH) 162 x 65 x 160 cm / 64 x 26 x 63 in | **Length (while folded)** 75 cm / 30 in

Weight 100 kg / 220 lbs





Burn more calories with less effort and maximize glute activation.

Choose your favorite Technogym Routine and enjoy a seamless workout as the equipment automatically adjusts the intensity for you.



With its compact design, Technogym Elliptical occupies very little space: 1 sq m (10.8 sq ft) when exercising and just 0.5 sq m (5.4 sq ft) when folded.





TECHNOGYM CYCLE

Simply cycle in total comfort
on a plush saddle and adjust for
the right fit while seated, even mid ride.
It's the easiest way to stay in shape
at any age.

Wide walk-through

Easy on, easy off upright
exercise bike

Compact design

At just 7.5 sq ft (0.7 sq m),
it fits in any home space

Premium personalized training experience

Stay healthy and motivated
with engaging workouts
right on your device



Discover
More

Dimensions (LxWxH) 114 x 60 x 136 cm / 45 x 24 x 54 in | **Weight** 62 kg / 137 lbs





So many ways to bike

Enhance your workout with additional Premium Content by connecting your tablet or smartphone. Immerse yourself in suggestive landscapes enjoying the Outdoors available through the Technogym Live app.





An abstract graphic design featuring a dark background with a light gray curved line on the left side. The line starts from the bottom left and curves upwards and to the right, creating a sense of movement and depth. The text 'ARTIS LINE' is centered in the middle of the image.

ARTIS LINE

AMAZING EVERY DAY

Enter a world where superb training experiences become your everyday standard and change the way you train forever.



Welcome
to Artis





RUN

The connected treadmill adapts to your running style and helps you achieve results.

With every step, you will experience the incredible sensation of running in its purest form.

Optimal Stride

The widest cushioned surface ever perfectly adapts to your pace and running style

Optimal View

The console ensures proper vision and running posture at all times

Endless workout variety

The new 22" Full HD screen delivers the most engaging workouts



reddot design award
winner 2014



Discover
More

Dimensions (LxWxH) 206 x 89 x 161 cm / 81 x 35 x 63 in | **Weight** 205 kg / 452 lbs
Speed 0.8-25 km/h / 0.5-15.5 mph |



ARTIS[®] LINE

Patented design



Vario



Synchro



Run



reddot design award
winner 2014



Recline



Climb



Bike



Biostrength



Download
Artis Cardio
tech specs

SYNCHRO

Move the way you were born to.
Stride up to 67 cm (26") and swing
your arms in the most natural way.

The impact-free motion is smooth
and easy on your joints and works
your cardio system, all at the same time.

The most natural movement
Feel at one with Synchro
thanks to its ergonomic
design and empowering stride

Boost glute activation
The angled front bar enables
you to lean forwards to
achieve the best recruitment
of glute muscles

Exciting Routines
25 different levels of intensity
and incline from 0 to 23%



Discover
More

Dimensions (LxWxH) 209 x 70 x 170 cm / 82 x 27 x 67 in | **Weight** 180 kg / 395 lbs
Flywheel weight 6 kg / 13 lbs with belt drive ratio 15.9



VARIO

Enjoy limitless training with smooth, natural movements.

It adapts to your stride with joint-friendly motion, letting you achieve results effortlessly.

Train the natural way

Step, walk, run. The Self Adaptive Stride lets you move any way you like

Reduced perceived exertion

Advanced biomechanics make workouts feel easier

Easy to use

The patented Optimal Start system prevents pedal blockage from the first step



reddot design award
winner 2014



Discover
More

Dimensions (LxWxH) 130 x 77 x 189 cm / 51 x 30 x 74 in | **Weight** 190 kg / 419 lbs

Flywheel weight 6 kg / 13 lbs with belt drive ratio 15.9



CLIMB

Easy for beginners yet
challenging for pros.

The non-intimidating height,
high-intensity Routines and
immersive multimedia content
make climbing more engaging
than ever.

Step aside

The Smart Lateral Footrests
enable you to perform
demanding workouts
with total ease and comfort

More steps, more skills

The Split Step Technology
offers at least three wide steps
available at all times

Climbing made simple

Artis Climb combines the
lowest height with the deepest
step surface – 28 cm (11")



reddot design award
winner 2014



Discover
More

Dimensions (LxWxH) 130 x 77 x 189 cm / 51 x 30 x 74 in | **Weight** 190 kg / 419 lbs







STRENGTH &
FUNCTIONAL

Welcome to Biostrength,
the next generation of strength
training equipment with our
patented, AI-powered Biodrive.
It maximizes neuromuscular
activation and customizes
your training to meet your
unique needs.





BIOSTRENGTH

Patented design



Shoulder Press



Total Abdominal



Lower Back



Reverse Fly



Vertical Traction



Arm Curl



Pectoral



Arm Extension



Leg Extension



Leg Curl



Leg Press



Chest Press



Abductor



Adductor



Low Row



Discover
More

TECHNOGYM CONNECTED DUMBBELLS

Discover boundless strength in any space with 12 in 1 connected dumbbells and experience personalized workouts tailored to your performance and metrics.

Personalized load prescription

Connect to Technogym App and get the exact load you need for your goal

Twist. Click. Lift.

Quickly and effortlessly adjust the weight of each dumbbell with one twist

The compact strength corner


Kit yourself out with a sleek stand equipped with Foam Roller, Training Mat, and three Loop Bands



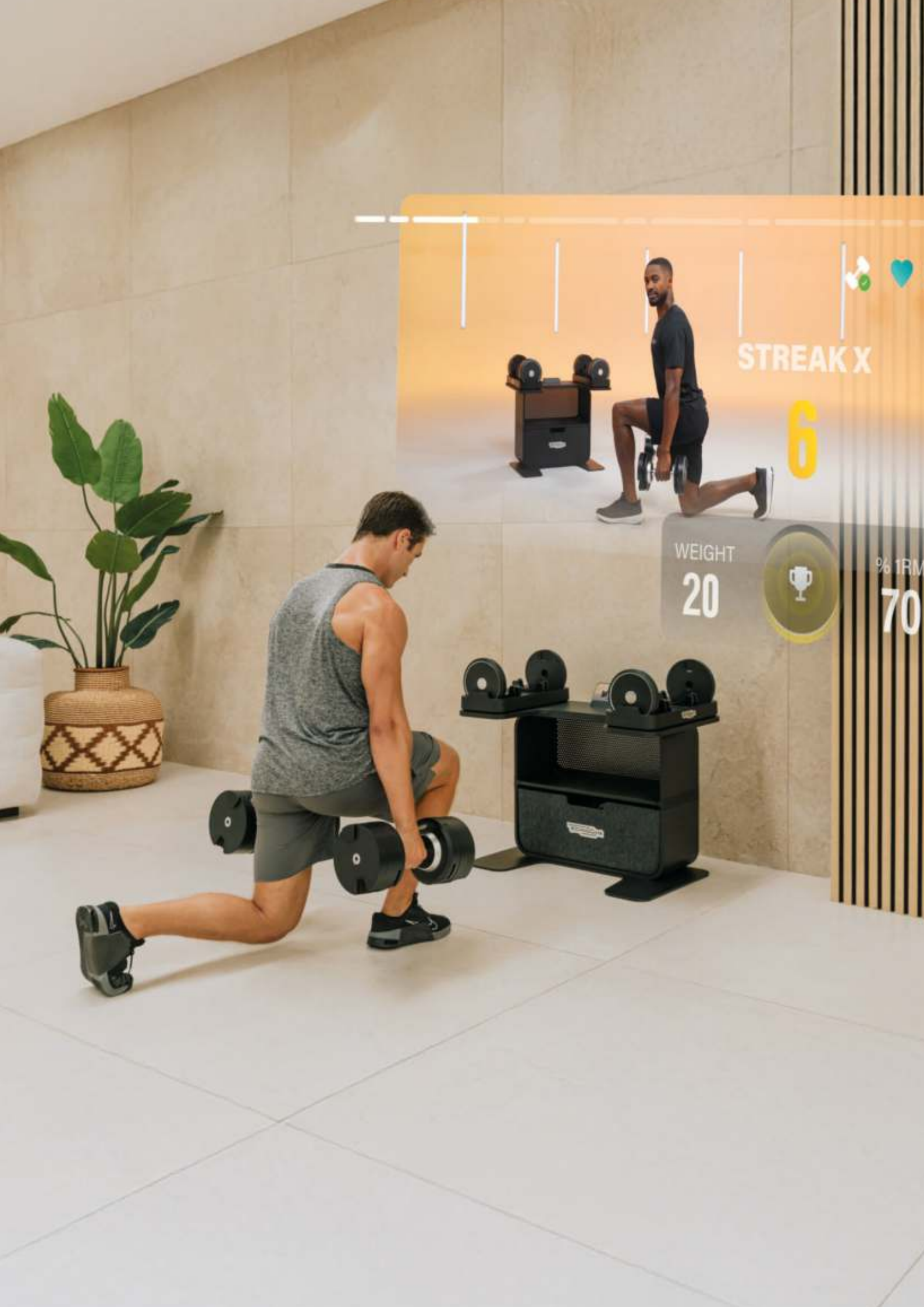
Discover
More

Dimensions incl. dock (LxWxH) 450 x 194 x 197 mm / 18 x 8 x 8 in | Weight 27 kg / 60 lbs
Stand dimensions (L x W x H) 805 x 461 x 543 mm / 32 x 18 x 21 in | Connected Dumbbells stand weight 28 kg / 62 lbs



A close-up, low-angle shot of a stack of adjustable dumbbell weight plates. The plates are dark grey or black with a matte finish. They are stacked on a silver-colored metal barbell handle. The lighting is dramatic, coming from the side, highlighting the edges of the plates and the texture of the handle. The background is dark and out of focus.

Goodbye to cluttered workout areas. The small footprint of these dumbbells replaces a dozen traditional ones. Achieve more in less space.



STREAK X

6

WEIGHT

20



% 1RM

70





UNICA

The complete multigym in 16 sq ft (1.5 sq m). A Technogym icon and collectible classic for indoor strength training.

Multigym equipment

More than 50 exercises for your strength

Precision biomechanics

Maximum muscle activation and optimal load distribution

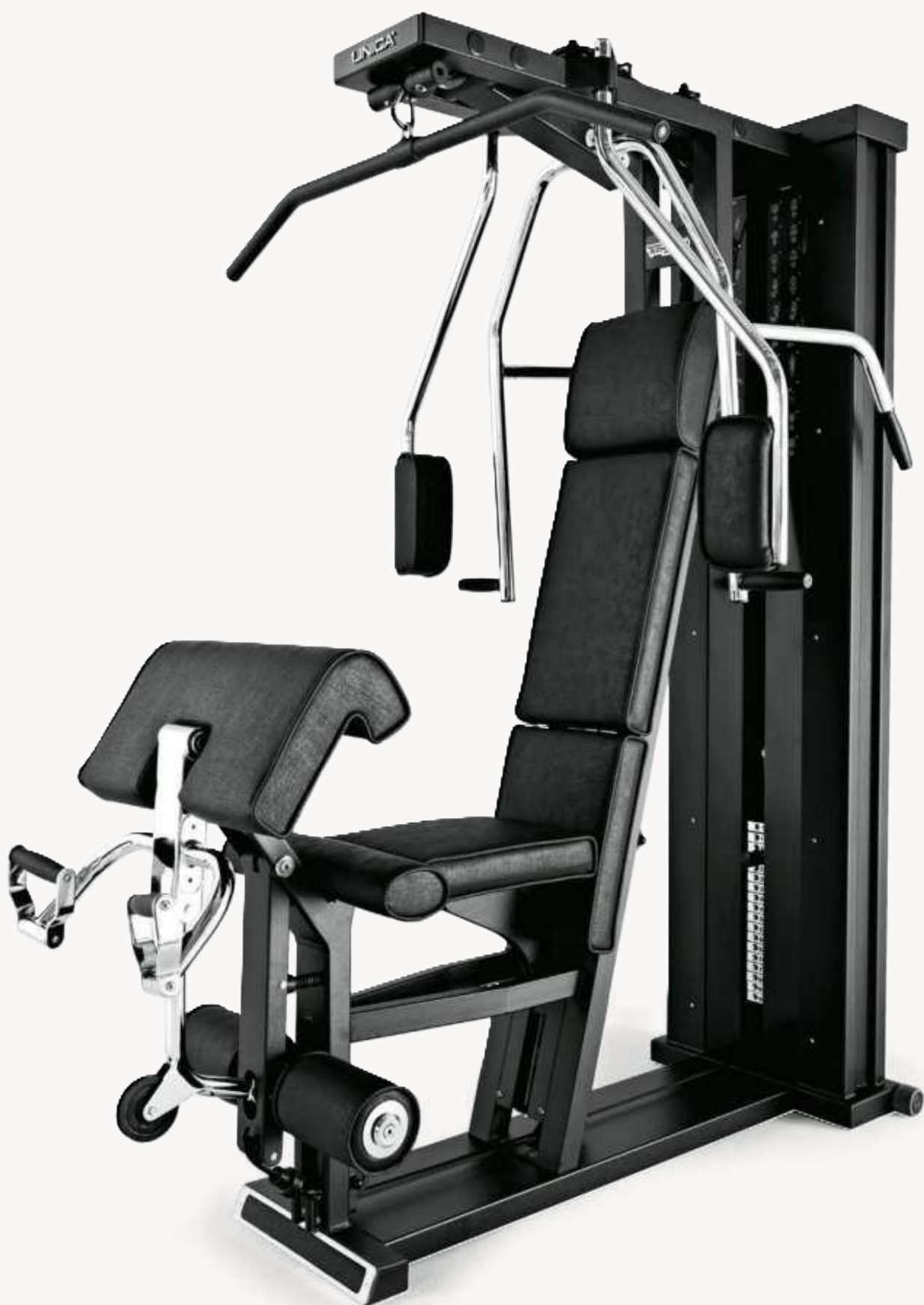
Superior ergonomics

Comfort and safety for a secure and enhanced workout



**Discover
More**

Dimensions (LxWxH) 184 x 120 x 207 cm / 72 x 47 x 81 in | **Weight** 290 kg / 640 lbs

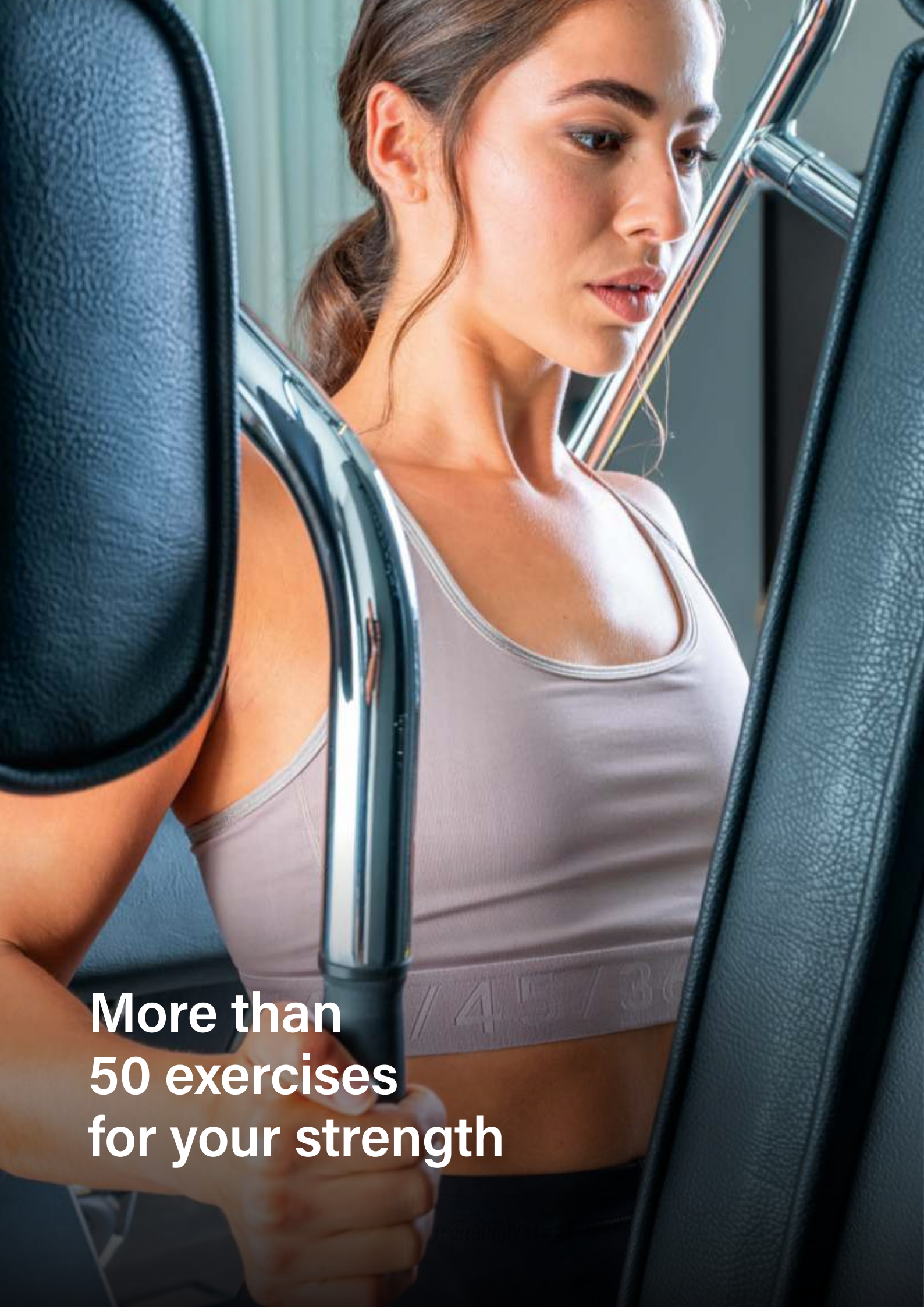


Develop your potential

Work your arms, legs, pecs and more by simply selecting the desired weight. The adjustable seat, wide backrest and non-slip handles ensure a comfortable experience. With precision biomechanics and an easy-start system, it's safe to use no matter your level.





A close-up, side-profile shot of a young woman with long brown hair tied back, wearing a light purple tank top. She is focused on her workout, gripping a chrome handle of a gym machine. The machine has black padded sections. The background is slightly blurred, showing a gym environment.

**More than
50 exercises
for your strength**







TECHNOGYM BENCH

Sleek and versatile, this complete training kit comes with everything you need for building strength and toning your body.

Training variety

One bench and over 200 exercises

Technogym App

Guided workouts with our trainers

Compact footprint

Practical and streamlined design with dedicated storage



Discover
More

Dimensions (LxWxH) 113 x 38 x 46 cm / 45 x 15 x 18 in | **Weight** 99 kg / 217 lbs





Escalate your core improvement using the weighted knuckles. Increase your strength with elastic bands in three different resistance levels. Tone your muscles performing endless weight exercises with the hexagon dumbbells for full-body blasts.



POWER

Surprise your muscles and your eyes every day with the maximum expression of power and design.

Designed by **Antonio Citterio**

Training variety

Over 300 exercises for your personalized workout

Smart Lock System

Prevents accidental unlocking of the barbell holder for total safety

Precision Glide

Ease of use and smooth feel during adjustments



Discover
More

Dimensions (LxWxH) Rack 131 x 141 x 222 cm / 52 x 56 x 87 in | **Weight** 185 kg / 408 lbs

Dimensions (LxWxH) Bench 132 x 58 x 44 cm / 52 x 23 x 17 in | **Weight** 47 kg / 104 lbs







Explore all the different ways you can build strength with barbells, dumbbells, calisthenics, suspension training and more.









TOOLS

WELLNESS BALL ACTIVE SITTING

Improve your lifestyle with Wellness Ball™ Active Sitting. Turn the time you spend sitting at work or at home into an opportunity to exercise and be more active.

Healthy back

Improves spine stabilizing by activating core muscles

Video exercises

Trainer-led, tailored workouts for your back condition

Made in Italy

Highest-quality design and materials for comfort and durability



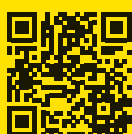
Discover
More



TECHNOGYM TOOLS



Round off your training with Technogym Tools. These accessories allow you to perform effective functional strength exercises in total safety.



Discover
More



KETTLEBELLS

Ergonomic design and high-quality materials are what distinguish Technogym's Kettlebells. Perfect for building your body's strength and explosiveness.



HEXAGON DUMBBELLS

Designed for strength and functional training. Do endless variations of standing and floor exercises thanks to the hexagon shape and knurled grip.



DUMBBELLS

Technogym's dumbbells are designed to let you train naturally, giving you total control of movement and allowing you to recruit more muscles, more efficiently.



PROFESSIONAL BAR & RUBBER BUMPER PLATES

Created for the most demanding athletes, these products are suitable for all weightlifting exercises.

The exclusive knurling pattern of the barbell provides an ultra solid handgrip. The plates are highly resistant to falls and safe for use thanks to high-quality manufacturing materials and process.



PROFESSIONAL BAR 2000MM

Designed for cross training exercises, our 28 mm diameter bar features a volcano-shaped iron knurling that ensures a firm grip for all types of lifts, with IWF and IPF-compliant marks. Rubber bumpers ensure heavy-duty durability to the mechanical rotation system.



CLAMPS

Our clamps are conceived to secure plates on your bar in total safety. Their three-position mechanism allows for quick and seamless scrolling, locking and storage. Built with high-quality materials and anticorrosion galvanized pins for longest durability.



ELASTIC BANDS

Equipped with easy-to-hold handles, our Elastic Bands come in three different resistances for toning and strengthening all the major muscle groups.



FOAM ROLLER

Foam Roller alleviates muscle tension in a gradual and personalised way, improves mobility and boosts circulation, facilitating tissue oxygenation.



COMPACT SPORT KIT

Work out anytime, anywhere

A lightweight set of tools that fits into an ergonomic backpack, and into your day. It is Ideal for warming up and practicing agility drills, improving tone and flexibility and for reducing muscle soreness.



CORE MOBILITY KIT

Get more from your daily training

The spacious duffle bag carries a selection of tools designed to enhance your everyday gym and home workout. Warm up your muscles for exercise and train in total comfort.



COMPLETE WORKOUT KIT

Stay active on the go

The sleek leather case holds all the mobility, stretching, and resistance tools you need to bring wellness with you everywhere. Access the library of exercises and routines from the QR code on the hangtag.




Engineered for Indoor Training







 Maximum
comfort




 Move freely




 Keep cool
and dry

Technogym Pro Training

Specifically designed for you and your performance. Technogym Pro Training is our progressive and cutting-edge collection, manufactured with the highest quality material and latest technologies. All for the best indoor training experience ever.

**Tailored
for Indoor
Cycling**





Thermoregulation



Ergonomics



Friction Free



Technogym Indoor Cycling

The Technogym Indoor Cycling Collection has been developed based on the specific conditions of the indoor training environment. Fabrics, materials and construction have been selected and combined to optimize thermoregulation and freedom of movement for total comfort without frictions.

SERVICES

TECHNOGYM INTERIOR DESIGN

Create a unique space inside your home that inspires your wellness journey. Based on your specific needs, our architects will lay out a bespoke space that blends aesthetics and functionality.



A

SOLUTION

Wall to Wall

80-100 sq m
860-1,076 sq ft

Invest in your well-being and enjoy keeping fit with your loved ones. If you have an entire room you can dedicate to pursuing the Technogym Wellness Lifestyle™, our Technogym Interior Design consultants can help you create a customized gym where you can train with the whole family without sacrificing your home comforts.



B

SOLUTION

Living Room

50-70 sq m
538-753 sq ft

If your dream is to combine design and well-being, energize your interiors with a premium solution that brings together aesthetics and functionality, and seamlessly blends into the most stylish parts of your home. Experience a new dimension of wellness, activate your senses and stay young.



C

Pain Cave

SOLUTION

20-30 sq m
215-325 sq ft

To be the best, you have to choose the best. No compromises. Let us help you design your ideal indoor training solution and create a functional space tailored to improving your performance. Get inspired and find out how to get to the top with our line of fitness equipment designed for cycling, running, triathlons and much more!



D

Corner

SOLUTION

6-10 sq m
65-110 sq ft

If you want to set aside some space (and time) for yourself even when you don't have any, this solution fits perfectly into any room. It could be your bedroom, living room or even your child's room. Perfect for balancing work and family without compromising on exercise, and ideal for avoiding those extra pounds. All in a small footprint.



TECHNOGYM TRAINING SERVICES

Get the most out of your training with Technogym's smart equipment. Our Teletrainer experts can provide workout guidance on purchased products and advice on how to get the results you want using Technogym App and personalized exercise plans created by Technogym AI Coach. If you prefer working out with a personal trainer at home, our vast network of Technogym-certified instructors can connect you with the right professional for your fitness needs in your area.



TECHNOGYM FINANCIAL SERVICES

When you think about buying the best equipment, you wouldn't expect anything less than easy, fast and paperless payment solutions. We teamed up with best-in-class consumer lending institutions to give you a full range of payment methods and tailored plans for a smooth and responsible purchase process.

TECHNOGYM CARE

Enjoy peace of mind for four years, with a completely seamless training experience. Technogym Care extends the two-year legal warranty for two more years with further benefits. If you need our help, our widespread network of highly skilled, certified technicians will provide you with prompt assistance (within 48 hours).



CHAMPIONS TRAIN WITH TECHNOGYM

For decades, we have helped athletes all over the planet reach the highest achievements by leveraging our most advanced technology and knowledge of physical exercise.



10 OLYMPIC GAMES



SOCCER



FORMULA 1



GOLF




TENNIS



SAILING



A nighttime photograph of the Technogym Village building. The building features a long, low profile with a curved roof and a facade of vertical wooden slats, illuminated from within. To the right, a large, curved structure with a complex, illuminated wooden lattice roof is visible. The foreground is a dark, grassy field with a series of small, bright lights along a path or edge. The sky is a deep blue with scattered clouds.

Technogym Village
Come and live
the experience



The Technogym Village is the first Wellness Campus in the world conceived to promote the Wellness Lifestyle. This is where Wellness comes into life, day by day, inspiring the creation of new projects, products and solutions.

FOR INFORMATION AND PURCHASING

Technogym products and services are only sold directly.

PHONE NUMBERS

Call us for advice on which products and services best fit your needs.

0800 3162496
(Freephone - UK only)

+971 4 5628900
(United Arab Emirates only)

800 8040952
(Toll free - US only)

0800 3322448
(Toll free - Netherlands only)

1800 615440
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+39 0547 650111
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