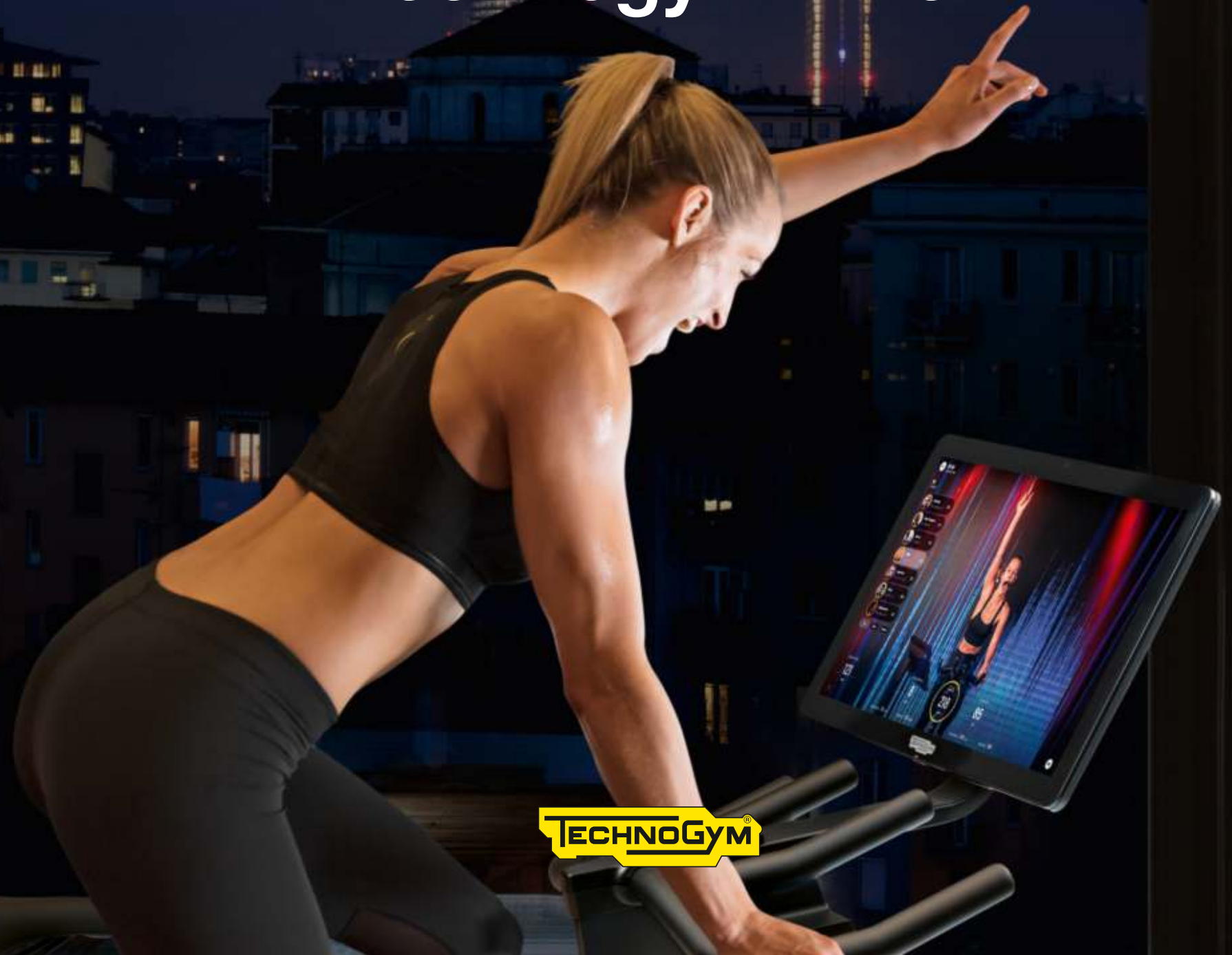


Technogym Bike





Instagram

You Tube

EUROSPORT

NETFLIX

Bloomberg

Pinterest

facebook

BBC

CNN

TED

twitter

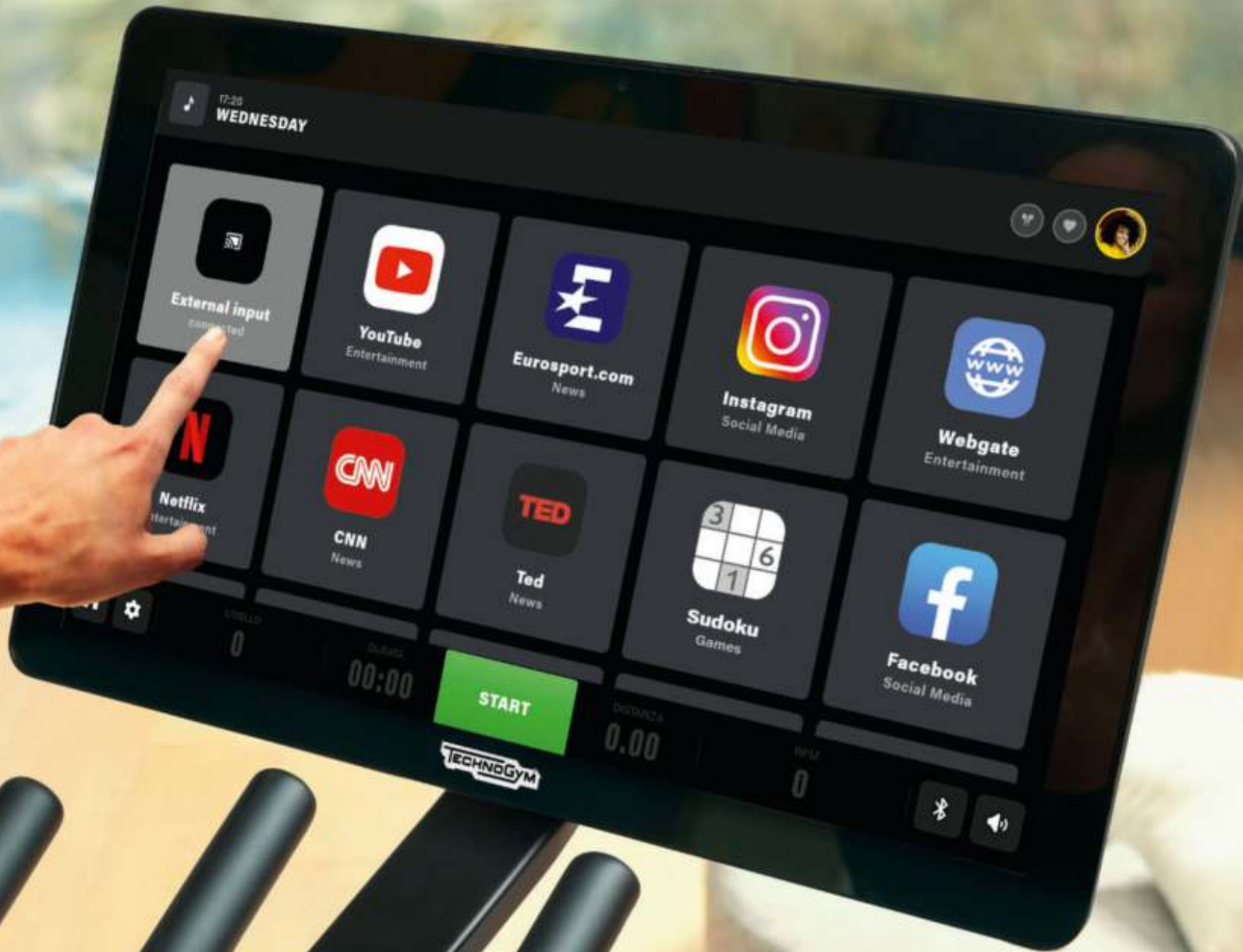
TikTok

THE BEST TRAINING EXPERIENCE



Personal entertainment

Netflix®, YouTube® and even more content



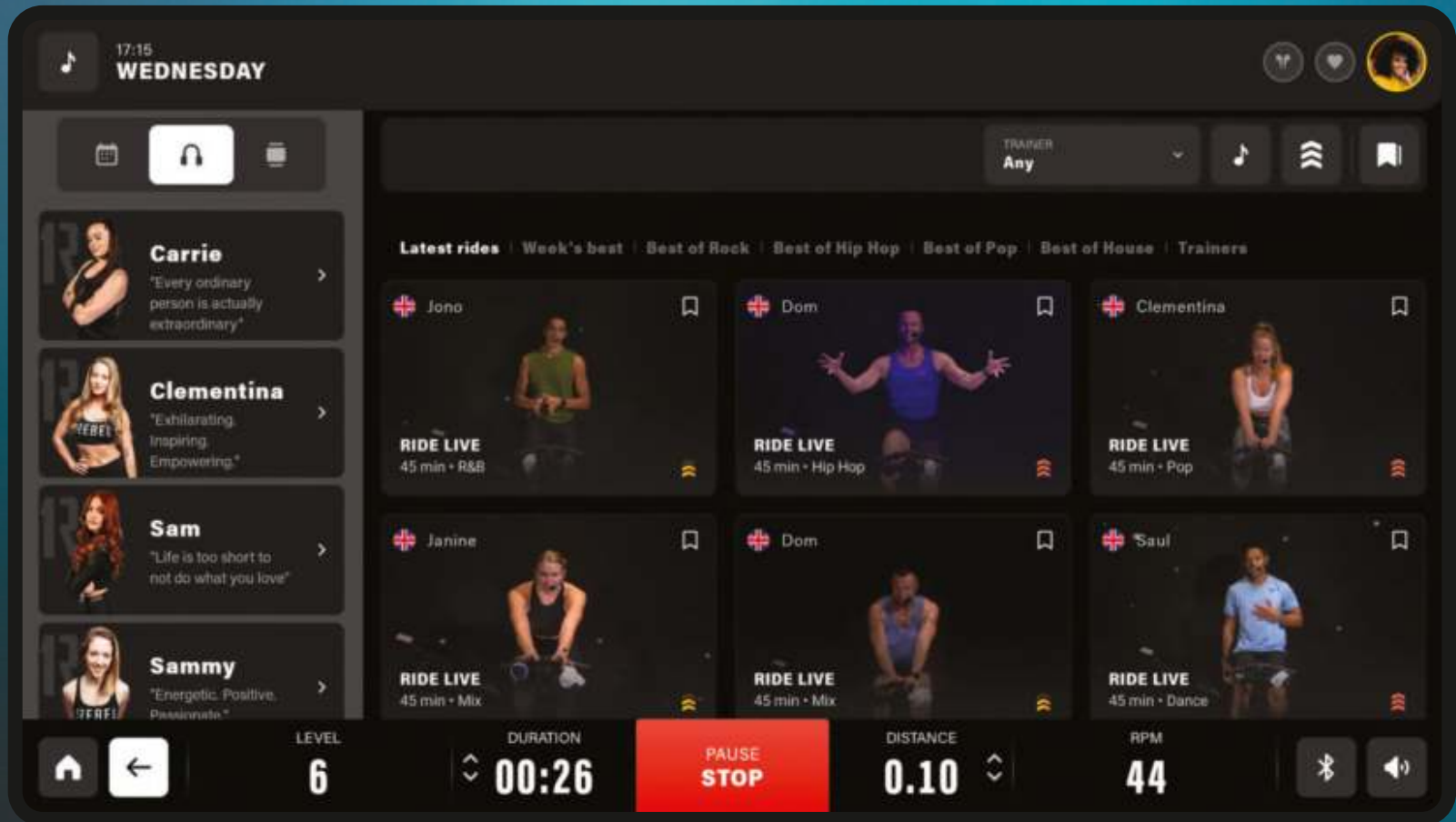
Live and on-demand classes

Ride with the energy of the best trainers online



LIVE AND ON-DEMAND CLASSES

Dive into the experience



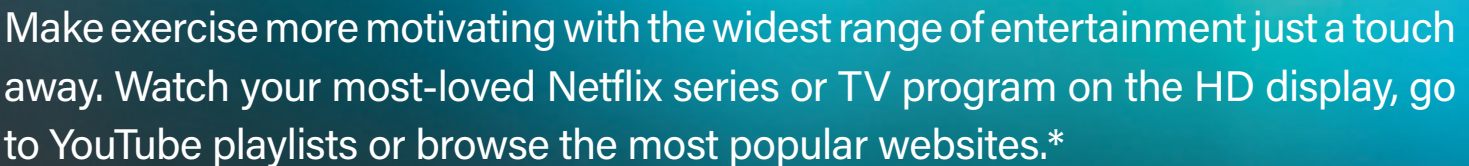
Enjoy live and on-demand indoor cycling workouts from your favorite trainers and fitness studios. Join the community, get your flywheel spinning and challenge riders from all over the world.

An online trainer by your side



Choose the workout that suits you best, and the trainer will guide you, boosting your motivation. Check out your performance data and adapt the level of intensity at your convenience.

Enjoy your favorite content

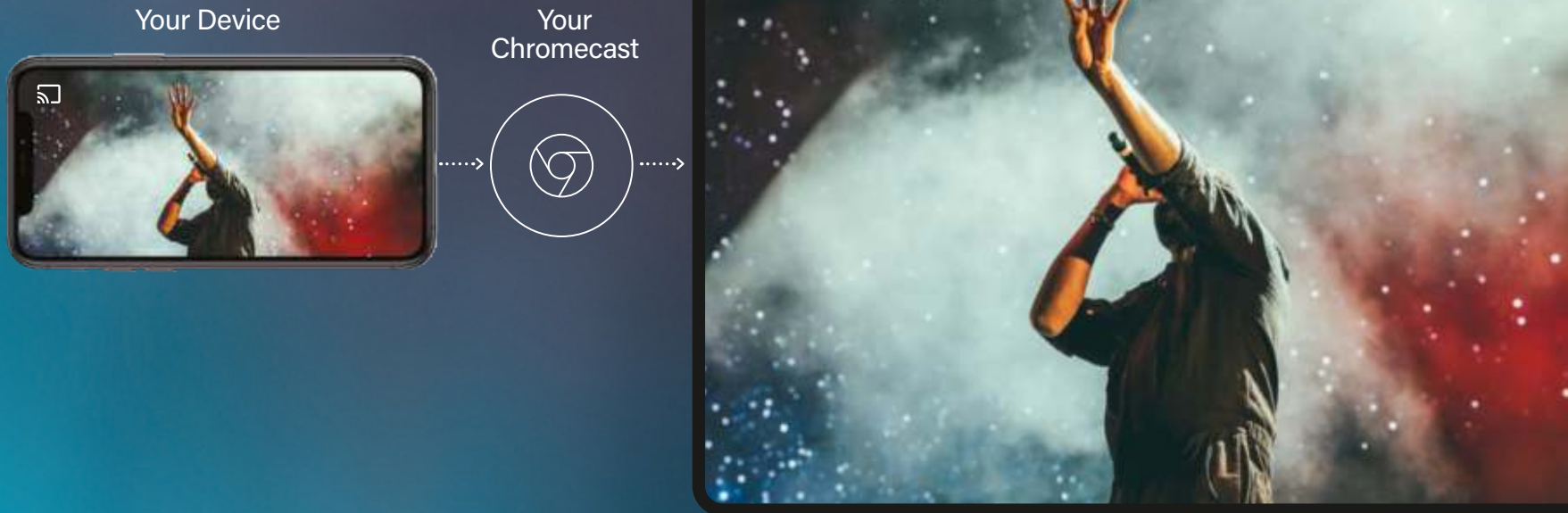


*App subscriptions not included.

CONTENT MIRRORING

Stream from your device to the bike

Your Technogym Bike console



There's entertainment for everyone — TV shows, movies, music, games, sports and more. Plug in your Chromecast, Amazon Fire TV Stick or other compatible devices* and stream hundreds of apps from your device to your Technogym Bike.

* Not included with Technogym Bike. Go to www.technogym.com/livesources for the full list of compatible devices.
Content mirroring is available on Technogym Bike from 2021 version.

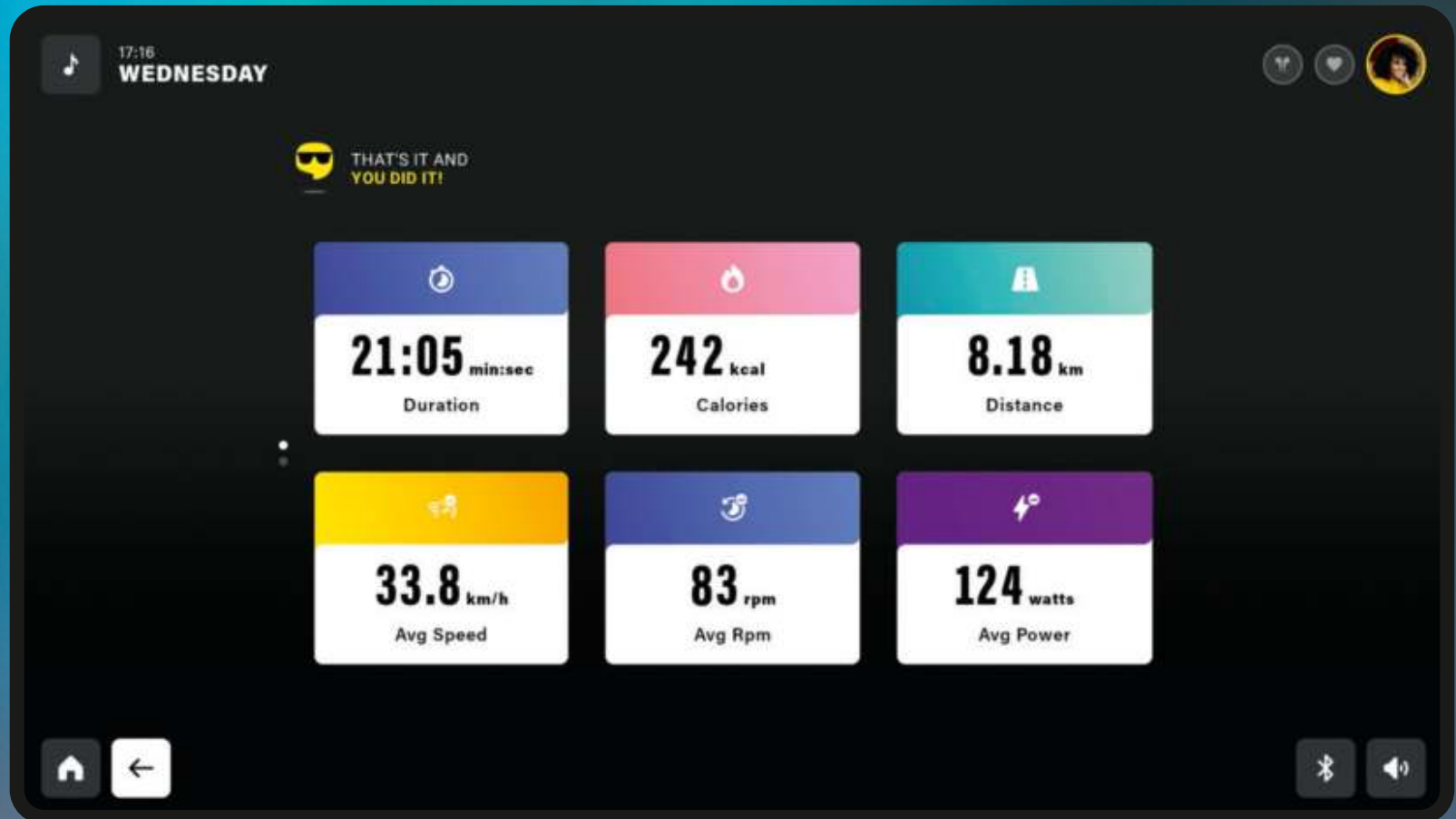
TECHNOGYM OUTDOORS

Train anywhere in the world



Let natural and urban landscapes captivate you while you're working out.
Be amazed by where your travels around the world can take you.

Monitor your performance



Track your heart rate while you train. At the end of each workout, check your results, rate your experience and share your amazing performance.

TOTAL BODY WORKOUTS

Expand your training off the bike



Achieve a full body workout by adding strength training exercises to your cardio routine. The rotating display ensures the best viewing experience from any workout position.



Technogym Bike
display

+



Included
dumbbells



A professional exercise bike

Designed down to the last detail by our research center, Technogym Bike is the result of more than 35 years of biomechanical research and a constant conversation with Olympic athletes. It adapts to your body in seconds, thanks to its quick settings. Pedaling is the smoothest and quietest ever. And that's just the beginning.



Quiet

Thanks to the Poly-V® Belt, the loudest sound in the room will be your own breathing.



Easy

Just saddle up and ride. You can change the settings of the seat and handlebar on the go.



Immersive

The images of the 22" screen are so vivid you will feel like you are right there in the class.

Technogym Bike

Quick resistance settings

The knob enables you to choose precisely the level of resistance from 1 to 20.

Total body workouts

Complete your cardio session with upper body strength training exercises.



Discover
more about
Technogym
Bike



Dimensions (LxWxH)	1214 x 589 x 1382 mm (47,8 x 23,2 x 52,3 in)
Levels of resistance	1 - 20
Dumbbell weight	1.5 kg or 2.5 kg (3 or 5 lbs)
Weight of the product	67 kg
Max user weight	160 kg
Connectivity	Bluetooth® 5.0 / Ant+
Compatible with Apple GymKit	Yes
Sound system	2x10 Watt
Family account	Up to 6 profiles
Power requirement	100-240 Vac ±10% 50/60 Hz

The flywheel resistance system uses the strongest type of permanent magnets for extra-safety and durability.

Train anytime, anywhere

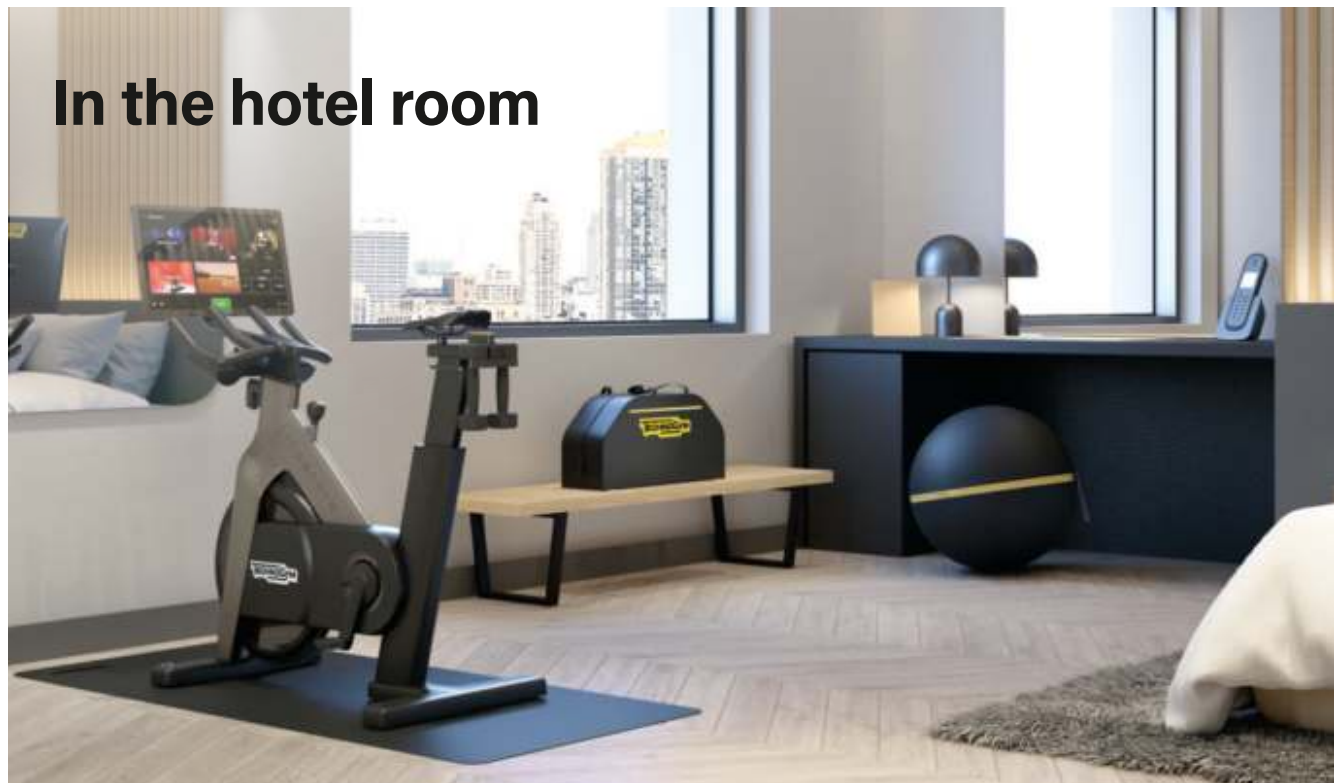
With its combination of design, functionality and immersive digital content, Technogym Bike offers you the best live-streaming and on-demand class experiences wherever you are.

Please visit
www.technogym.com
to check availability in
your country and for
more information.

At home



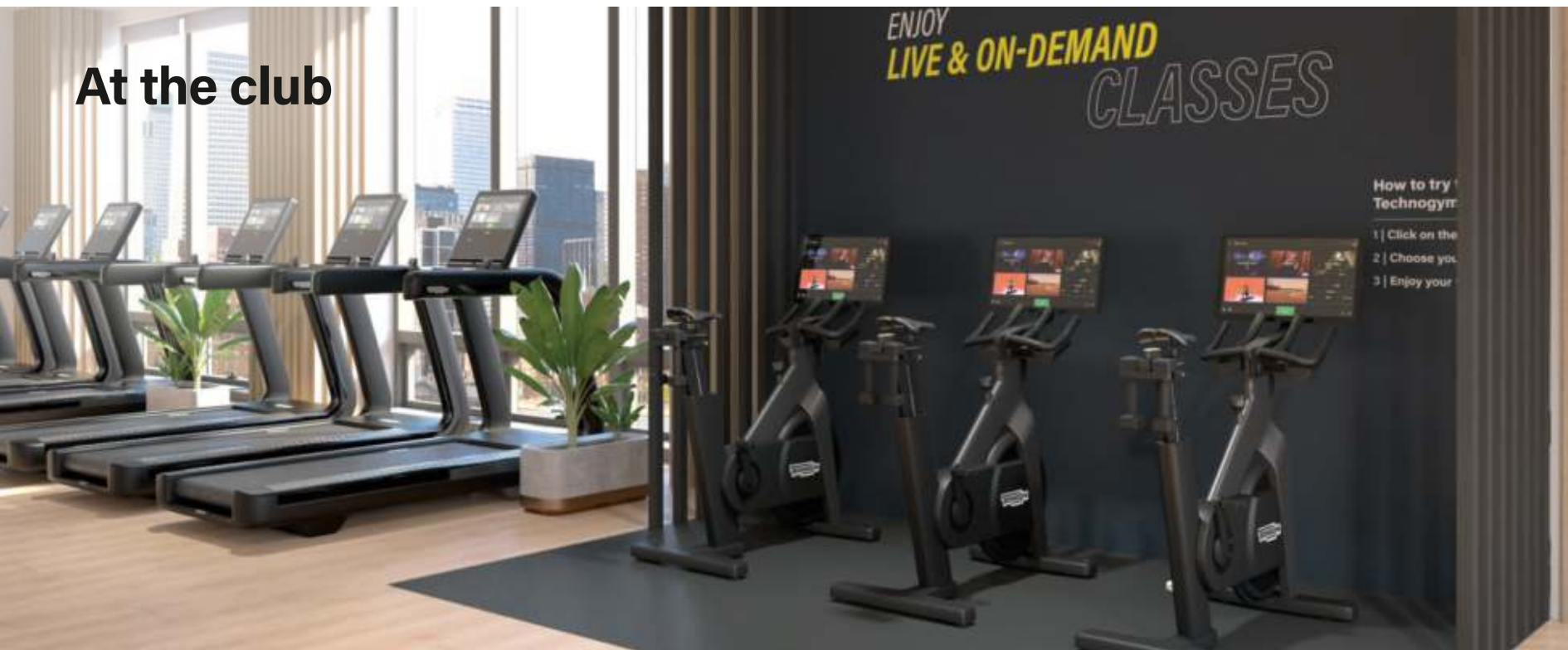
In the hotel room



At the office

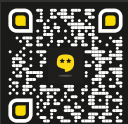


At the club



Download Technogym App and start training

At home, the gym, a hotel or outdoors, wherever you train Technogym App rounds off your workout with bodyweight exercises or the equipment available to you: free weights, treadmills and more.



Download Technogym App



FOR INFORMATION AND PURCHASING

Technogym products and services are only sold directly.

PHONE NUMBERS

Call us for advice on which products and services best fit your needs.

0800 3162496

(Freephone - UK only)

+971 4 3375337

(United Arab Emirates only)

800 8040952

(Toll free - US only)

0800 3322448

(Toll free - Netherlands only)

1800 615440

(Toll free - Australia only)

+39 0547 650111

(Other countries)

WEBSITE TECHNOGYM.COM

Discover Technogym's complete offer and make your purchases directly from the online Shop.

FOLLOW US ON



Where to find us







Download catalog