

TODAY'S READINGS

Entrance Antiphon:
He fed them with the finest wheat
and satisfied them with honey from the rock.

Cf. Ps 80: 17

Collect: O God, who in this wonderful Sacrament
have left us a memorial of your Passion,
grant us, we pray,
so to revere the sacred mysteries of your Body and Blood
that we may always experience in ourselves
the fruits of your redemption.
Who live and reign with God the Father
in the unity of the Holy Spirit,
God, for ever and ever.

First Reading: Deuteronomy 8:2-3, 14b-16a
**'He fed you with manna, which you did not know, nor did
your fathers know.'**

Moses spoke to the people: You shall remember the whole
way that the Lord your God has led you these forty years in
the wilderness, that he might humble you, testing you to
know what was in your heart, whether you would keep his
commandments or not. And he humbled you and let you
hunger and fed you with manna, which you did not know,
nor did your fathers know, that he might make you know
that man does not live by bread alone, but man lives by
every word that comes from the mouth of the Lord.

Do not forget the Lord your God, who brought you out of
the land of Egypt, out of the house of slavery, who led you
through the great and terrifying wilderness, with its fiery
serpents and scorpions and thirsty ground where there was
no water, who brought you water out of the flinty rock, who
fed you in the wilderness with manna that your fathers did
not know.

R/ THE WORD OF THE LORD
C/ THANKS BE TO GOD

RESPONSORIAL PSALM: Ps 147: 12-15. 19-20. R12a



O Jerusalem, glorify the Lord!
O Sion, praise your God!
He has strengthened the bars of your gates;
he has blessed your children within you. **(R)**
He established peace on your borders;
he gives you your fill of finest wheat.
He sends out his word to the earth,
and swiftly runs his command. **(R)**
He reveals his word to Jacob;
to Israel, his decrees and judgements.
He has not dealt thus with other nations;
he has not taught them his judgements. **(R)**

Second Reading: 1 Corinthians 10:16-17
'Because there is one bread, we who are many are one

body.'
Brothers and Sisters: The cup of blessing that we bless, is it
not a participation in the blood of Christ? The bread that we
break, is it not a participation in the body of Christ?
Because there is one bread, we who are many are one body,
for we all partake of the one bread.

R/ THE WORD OF THE LORD
C/ THANKS BE TO GOD

Gospel Acclamation: John 6:51
(ALL STAND)

Alleluia, alleluia.
I am the living bread that came down from heaven, says the
Lord.
If anyone eats of this bread, he will live for ever.
Alleluia.

Gospel: John 6:51-58
'My flesh is true food, and my blood is true drink.'

At that time: Jesus said to the Jews, 'I am the living bread
that came down from heaven. If anyone eats of this bread,
he will live for ever. And the bread that I will give for the life
of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can
this man give us his flesh to eat?'

So Jesus said to them, 'Truly, truly, I say to you, unless you
eat the flesh of the Son of Man and drink his blood, you have
no life in you. Whoever feeds on my flesh and drinks my
blood has eternal life, and I will raise him up on the last day.
For my flesh is true food, and my blood is true drink.
Whoever feeds on my flesh and drinks my blood abides in
me, and I in him. As the living Father sent me, and I live
because of the Father, so whoever feeds on me, he also will
live because of me. This is the bread that came down from
heaven, not like the bread the fathers ate, and died.
Whoever feeds on this bread will live for ever.'

P/ THE GOSPEL OF THE LORD
C/ PRAISE TO YOU, LORD JESUS CHRIST

Prayer over the Offerings

Grant your Church, O Lord, we pray,
the gifts of unity and peace,
whose signs are to be seen in mystery
in the offerings we here present.
Through Christ our Lord.

Communion Antiphon Jn 6: 57

Whoever eats my flesh and drinks my blood
remains in me and I in him, says the Lord.

Prayer after Communion:

Grant, O Lord, we pray,
that we may delight for all eternity
in that share in your divine life,
which is foreshadowed in the present age
by our reception of your precious Body and Blood.
Who live and reign for ever and ever.



CATHOLIC PARISH OF OUR LADY OF HAL Camden Town

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7TH JUNE 2026 | CORPUS CHRISTI SUNDAY (YEAR A)

Sunday Mass Times:

6pm (Saturday Vigil), 10am
(Family) & 12 Noon (Solemn)
5pm (Portuguese)

Other Mass Times:

Mondays & Fridays: 12 Noon
Wednesdays & Thursdays: 9:30am

Holy Days of Obligation:

As announced



Confession Times:

Fridays 12.35-1pm, Saturdays
11-11.30am & 5.15-5.45pm or by
appointment.

Eucharistic Adoration:

Fridays: 12:30pm-1pm,
Saturdays: 5.15-5.45pm

Parish Office Opening Times:

Mondays, Tuesdays, Thursdays &
Fridays: 10am-2pm
Wednesdays: Closed

REFLECTIONS ON THE GOSPEL

Remember and Give Thanks

In today's first reading from Deuteronomy, Moses tells the people of Israel to remember: remember how God set them free from slavery in Egypt, guided them through the wilderness, and fed them with manna in the desert. They were not to forget that everything they had was gift.

We need the same reminder. It is so easy to take blessings for granted: health, family, friendship, faith, freedom, work, and the people who love us. Often we only realise the value of a gift when it is threatened or taken away. God invites us to remember now, to give thanks now, and to live gratefully now.

This is not because God needs our thanks, but because we do. Gratitude changes the way we see life. It opens our eyes to the goodness already around us. It helps us recognise that we are not self-made or abandoned, but loved and sustained by God.

On this feast of the Body and Blood of Christ, we are reminded that the Eucharist is the great prayer of thanksgiving. The word Eucharist itself means thanksgiving. At every Mass, we remember what God has done for us in Christ: his death, his resurrection, and his gift of himself to us as living food.

The manna kept Israel alive on the journey through the desert. The Eucharist keeps us alive on our journey to heaven. Week by week, Christ feeds us with his Body and Blood, drawing us out of forgetfulness and back into gratitude.

So today the invitation is simple: remember, give thanks, and do not wait until blessings are gone before noticing them. Give thanks for the people God has placed in your life. Give thanks for the faith that carries you, the mercy that forgives you, and the Eucharist that feeds you.

The happiest people are not those who have everything, but those who have learned to recognise everything as gift.

Have a blessed week,

Fr Mark

SCAN QR CODE TO DONATE TO THE PARISH (SUNDAY COLLECTION ETC):



FOR YOUR PRAYERS

SICK, HOUSEBOUND, THOSE WHO RECEIVE COMMUNION AT HOME:

Father Anthony, Margaret Quinn, Michael O'Brien, Christine Smith, Alice O'Neill, Jilly Taylor, Pauline Guthrie, Maureen Lyden, Richard Ainsworth, Francesco Sesia, Joe Owen, Doreen O'Callaghan, Wesley Gilead, Henrik Sperlich, Allan & Lynne Mackintosh, Ray Norris, Raj Puri, Stephen de Winter, Ann Olive, Esmeralda Costa.

HAL LAMPS: NORAH BROWNE (INT)

RECENTLY DEPARTED: We pray for all those who have died recently.

DEAD ANNIVERSARIES: We pray for all those who died around this time.



LITURGICAL CALENDAR & INTENTIONS FOR THE WEEK

W	Day	Date	THE BODY & BLOOD OF CHRIST (CORPUS CHRISTI)	Vigil	Times	Intentions
	Sunday	7th June	THE BODY & BLOOD OF CHRIST (CORPUS CHRISTI)		5:15 pm 6:00 pm 10:00 am 12 Noon	Evening Prayer of the Church People of the Parish Gerard Nohilly (RIP) Fr Mark's Ordination (Thanksgiving)
G	Monday	8th June	Feria		12 Noon	Madalena Valente (RIP)
G	Tuesday	9th June	Feria			NO MASS IN OUR CHURCH TODAY
G	Wednesday	10th June	Feria		12 Noon	Morag Puri (RIP)
R	Thursday	11th June	Saint Barnabus, Apostle		12 Noon	Thomas Vincent Finnerty (RIP)
W	Friday	12th June	The Most Sacred Heart of Jesus		12 Noon	Pedro Caitan Deniz (RIP)
G	Saturday	13th June	Eleventh Sunday in Ordinary Time	Vigil	6:00 pm	Batt Brosnan (RIP)

NEWS AND VIEWS

Vespers (Evening Prayer)

On Saturday evenings, Sung Evening Prayer is celebrated at 5:15pm before Benediction of the Blessed Sacrament. All are welcome to join us.

Masses Next Week beginning 08th June

Fr Mark will be away next week. The supply priest will say Mass on Monday, Wednesday, Thursday and Friday at 12 Noon. (NO 09:30am Mass on Wednesday 10th or Thursday 11th).

Requiem Mass for Rachel Cottrell – RIP

The requiem mass for Rachel will be on Monday 15th June at 12 Noon (replacing the parish Mass that day).

AFTERNOON TEA:

Many thanks to all who attended last Monday's Afternoon Tea, an elegant and enjoyable afternoon was had by all. A big thank you to Cathi & Ellen for giving up their time to help set up and serve at the event and to Cathi for loaning us the beautiful table linen and cake stands which set the tone for this refined event. Thank you to Geoffrey for driving Fr Mark and Henry to collect Sandwiches-It turned out to be quite the adventure thanks to the lionesses playing at Wembley!

ARUNDEL DAY TRIP TUESDAY 30TH JUNE. LATEST UPDATE:

Thank you to all who reserved places and purchased 'tickets' after Masses last Sunday for our trip to Arundel, we are happy to report that this trip has sold out very quickly. As a few people have expressed an interest in being placed onto a waiting list, we made the decision to enquire about securing a larger coach, and we are happy to report that should a further 8 people attend this trip, we should (if still available on Monday) be able to secure a larger vehicle, however seats must be reserved after Masses today. To secure a place, please see either Carl or one of our volunteers after Mass, payments can be made today or over the next several weeks but names must be taken today. Two Price Options: £34.85 & £59.85 (to include a 2 course lunch) Itinerary: Optional Pre-Departure Tea, Coffee and Croissants in the Hall and to complete any outstanding payments, depart OLH at 9am, arrive at St Mary's Inn for Tea, Coffee & Pastries (next to Arundel Cathedral), 12.15 Mass on the Sanctuary of Arundel Cathedral Celebrated by Fr Mark followed by a guided tour of the Cathedral. Those that requested a 2 course lunch will return to St Mary's Inn followed by free time to explore all this beautiful town has to offer. Coach departs Arundel at 5pm. Please collect an information pack from the Arundel trip event stand at the back of the church. All meal choices must be submitted by June 26th. For those that reserved places for this trip last week, please pay in full or make the first payment after Mass, alternatively, please speak to Carl indicating your preferred time-line for payment. All payments must be received by Tuesday 30th June. This trip is mainly made up of solo travellers (parishioners) some known to each other and some not, therefore this is a perfect opportunity to meet other parishioners, especially as we will be together as one group for much of the day.

FUTURE DATES FOR YOUR DIARY:

Monday 29th June 7.30pm: **Camden Light Orchestra** will perform their Summer Concert here at Our lady of Hal Church. Tickets £15, under 10 £5.

Friday 3rd July 6.30pm: **A Mass of Thanksgiving for all Parish Volunteers followed by a Reception of Canapes and Drinks in the Hall.** This is open to all who volunteer within the Parish to include: Readers, Altar Servers and their Parents/Guardians, Eucharistic Ministers, Welcomers, Church Cleaners, those who hand out Hymn Books, Flower Arrangers, Catechists, Support Catechists, Counters, Event Volunteers, Newsletter Folders, Tea & Coffee Supporters, Finance Committee Members, Order of Service Folders past & present, ladies of the linen and those who clear away after weekday Mass,

Saturday 12th July 10.30 -12.30: **PARISH COFFEE MORNING.** All donations of Home Baked goods or Shop bought goods will be greatly appreciated. Please listen out for further details over the coming weeks.

SACRAMENTAL PROGRAMMES 2026

First Holy Communion 2026: The next class will be on Saturday 13th June at 11am in the hall. All children to attend.

First Reconciliation in church for FHC Children and their families: Saturday 13th June at 12:30pm

Confirmation 2026: The next class will be on Tuesday, 9th June at 6pm in the hall.

TEA & COFFEE

Parishioners and visitors are all welcome to join us in the Van Pelt Hall after 10am Sunday Mass.

COLLECTIONS: LAST SUNDAY (THANK YOU!)

Friday Collection: £19.39 Envelopes: £309.99 Loose: £284.79 Total: £614.17
Donation by Dona Card Machine on Sunday: £434.64 and £519 per week by standing order.