

Diabetic-Friendly Menu



Please place orders between 7 am – 5 pm
To Contact Your Order Host/Hostess

DIAL 4454

Breakfast

Served From 8 am – 10 am

EGGS

Hard-Boiled, Scrambled

BREAKFAST SANDWICH

Scrambled Eggs, Choice of Meat, Cheese

OMELET

Choice of Meat, Cheese, Veggies

Choices of Meat – Bacon, Sausage Patty,
Sausage Links, Ham

Choices of Cheese – Swiss, American, Provolone,
Cheddar, Pepper Jack

Condiments & Desserts

Pudding – Sugar Free

Gelatin – Sugar Free Lime, Sugar Free Strawberry

Lunch and Dinner

Lunch: 11 am – 2 pm • Dinner: 4 pm – 5 pm

MAIN FARES

Entrée Salads: Cottage Cheese & Fresh Fruit,
Grilled Chicken Ceasar Salad, Chef Salad,
Garden Salad

Dressings: Ranch, Ceasar

SOUPS

Vegetable, Cream of Chicken, Cream of Mushroom

CREATE YOUR OWN SANDWICH

Tuna Salad, Egg Salad

Meats: Turkey,
Roast Beef, Ham

Cheeses: American, Cheddar, Swiss,
Mozzarella, Provolone

Extras: Lettuce, Tomato,
Pickle, Onion (no bread)

ENTREES

Meatloaf, Pot Roast, Salmon, Cod, Turkey

FROM THE GRILL

Hamburger, Cheeseburger, Hot Dog, Grilled Chicken
(no bread)

VEGETABLES & SIDES

Side Salad, Cottage Cheese, Green Beans, Broccoli,
Corn, Carrots, Peas, Beets, Asparagus, Sliced Tomato,
Boiled Egg



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HOSPITAL & CLINICS