

Fit & Fall Proof September Classes

9-10AM at the Vendome

9/8 - Tues
9/10 - Thurs
9/15 - Tues
9/22 - Tues
9/24 - Thurs
9/29 - Tues
9/30 - Wed

 Classes are FREE

*Dates may change due to Vendome rental needs.



