



## PROFILE

For over 20 years Jo has practiced as an occupational therapist in private practice working with people with complex mental health issues, ADHD, Eating Disorders, Neurodiversity, CTE, complex trauma (including abuse and neglect) and acquired psychosocial disability for example nervous shock, conversion disorder, post-traumatic stress disorder.

## CONTACT

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# JO BASSETT

## Occupational Therapist



### PROFESSIONAL QUALIFICATIONS AND AFFILIATIONS

- Current Registration with the Australian Health Practitioner Regulation Agency (AHPRA)
- Member Occupational Therapy Australia (OT Australia)
- Member International Coaching Federation
- International Coaching Federation Accreditation (PCC)
- Inaugural Chair Community of Inclusion People with Disability Brisbane City Council (2019-2022)
- Masters Health Science (Occupational Therapy), South Australia University

### AREAS OF EXPERTISE

In the provision of medico-legal assessment and reporting services Jo is recognised for her approach in undertaking functional capacity evaluations that are client-centred, psychologically safe, trauma informed with an understanding of disability and social intersectionality on functioning and performance.

Jo is able to provide credible opinion in regard to any or all of the following:

- The impact that psychosocial conditions have on:
  - Past and future care needs
  - Past and future employment and employability
  - Functional capacity
- Recommendations for:
  - Therapy and interventions to support performance and functioning
  - Availability and accessibility of appropriate health, community and rehabilitation services

### STRENGTHS

- A thorough understanding on the National Disability Insurance Scheme (NDIS)
- Exceptional interviewing skills and the ability to easily establish rapport
- Business and report writing for diverse audiences
- Clear advice and ethical decision making
- Diverse real-world working experience informing understanding of employment market
- Knowledgeable on the accessibility of contemporary treatment and therapeutic modalities
- People focused understanding of wellbeing and performance within communities, organisations structures and systems