



PROFILE

Kristyn is a proficient clinician, with over 12 years' experience as an Occupational Therapist working in acute hospital setting, community health, the NDIS and private practice.

Her expertise lies within the adult population, where she provides comprehensive clinical assessments, recommendations, and reports for individuals affected by cancer, respiratory conditions, palliative and catastrophic presentations, and Functional Neurological Disorder (FND).

Kristyn concurrently operates her own private practice, where she brings extensive experience in the specialised areas of Occupational Therapy driving assessment, vehicle modifications, and complex assistive technology prescription.

She is known for delivering timely, thorough, and individualised reports with clinical integrity and a compassionate, client-centred approach.

CONTACT

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Kristyn Mackrell Occupational Therapist



PROFESSIONAL QUALIFICATIONS AND AFFILIATIONS

- Bachelor of Occupational Therapy, University of Queensland (2013)
- Graduate Certificate in Palliative Care (2016)
- Accredited Occupational Therapy Driving Assessor – Private and Commercial vehicles (2024)
- Current Registration with the Australian Health Practitioner Regulation Agency (AHPRA)
- FIM Credentialed
- Associate member of The Medico-Legal Society of Queensland (MLSQ)
- Member of Occupational Therapy Australia
- Member of Palliative Care Association Queensland

AREAS OF EXPERTISE

Kristyn is able to provide a credible opinion in regard to any or all of the following:

- Functional capacity/ skill assessments
- Ability to complete personal and domestic activities of daily living
- Past, current and future care needs
- Future therapy needs
- Assistive technology needs
- Recommendations regarding driver or vehicle modifications
- Capacity for education and/or employment
- Recommendations regarding home modifications

Kristyn has completed research in the Palliative Care clinical space specially looking at Kennedy Terminal Ulcers and the development of a screening tool.

STRENGTHS

- Compassionate and empathetic approach to client care
- Strong time management and organisational skills, ensuring prompt and reliable report turnaround
- Proven report writing skills, delivering clear, comprehensive, and high-quality clinical opinion reports
- Current and extensive clinical experience across multiple practice settings
- Strong and confident communication skills
- Ability to provide objective, defensible opinion