



PROFILE

Catherine is a highly skilled and experienced clinician, with 22 years working as an Occupational Therapist. Catherine has worked in a range of settings including acute and rehabilitation hospitals, and the community with an emphasis on acquired disability and catastrophic injury.

Catherine has worked extensively with clients with musculoskeletal injuries, complex medical presentations, neurological conditions and gynaecological injuries. Catherine has most recently practised as a case manager with clients with catastrophic injuries.

Catherine regularly participates in continued professional development opportunities, including workshops and webinars. Catherine has a special interest in the areas of brain injuries, catastrophic injuries, dust diseases and gynaecological injuries.

CONTACT

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CATHERINE STIRLING Occupational Therapist



PROFESSIONAL QUALIFICATIONS AND AFFILIATIONS

- Bachelor of Occupational Therapy (Hons 1), University of Queensland
- Graduate Certificate in Rehabilitation Case Management, Griffith University
- Current registration with the Australian Health Practitioner Regulation Agency (AHPRA)
- Member of The Australasian Society for the Study of Brain Impairment (ASSBI)
- Member of Occupational Therapy Australia
- Associate member of the Medicolegal Society of QLD (MLSQ)
- Associate member of the Australian Lawyers Alliance (ALA)

AREAS OF EXPERTISE

Catherine has completed a significant number of referrals for a variety of clients including lawyers, insurers and individuals (including those on the National Disability Insurance Scheme). Catherine is able to provide a credible opinion in regard to any or all of the following;

- Functional skills assessment
- Cognitive skills assessment
- Ability to complete both personal and domestic activities of daily living
- Past and future care needs
- Future therapy needs
- The need for assistive technology
- Recommendations regarding minor home modifications

STRENGTHS

- Exceptional time management and organizational skills
- A thorough understanding of the systems in which Allied Health Professionals operate, including the CTP Insurance sector
- Clear and concise report writing skills
- Current clinical experience
- High level communication skills