



FAMILY NEWSLETTER Fall 2025



Welcome to the Saint Jude Parish Fall Family Newsletter!

October is the Month of the Rosary

According to St Francis de Sales, "the greatest method of prayer is the rosary"!

DO YOU KNOW THE HISTORY BEHIND THE FEAST OF OUR LADY OF THE ROSARY?

Every Catholic should know the story of the Battle of Lepanto, which occurred 454 years ago October 7. This battle is the reason we celebrate Mary and the Rosary today.

On October 7, 1571, the Holy League met the Islamic Ottoman Empire at Lepanto in one of history's greatest naval battles. The Ottoman Empire was intent on conquering Europe and wiping Christianity off the face of the earth. With Christendom under such a grave threat, Pope St. Pius V called all the faithful to pray the Rosary, saying, "With the prayer of the Rosary, we can obtain from God, through the intercession of His Most Holy Mother, the victory we need." He was confident Mary would help them even though the Holy League was sorely outnumbered and outgunned.

As the battle raged, convents, churches, and families across Europe prayed fervently the Rosary. Many sailors knelt and prayed the Rosary on deck. Although the Holy League suffered significant losses in the early hours, the wind suddenly shifted, giving them a key advantage. By the end of the day, the Christian fleet had overcome overwhelming odds and won a stunning and decisive victory, halting the Ottoman advance.

When news reached Rome, Pope Pius V immediately gave glory to God and to the Blessed Virgin Mary, saying, "It was not courage, not arms, not leaders, but Our Lady of the Rosary that made us victors." To commemorate this miracle, he established the Feast of Our Lady of Victory, later renamed the Feast of Our Lady of the Rosary, on October 7.

The Battle of Lepanto is forever a testament to the fact that the Rosary is both a prayer of contemplation and a weapon of protection.

Highlighted Current Events and Activities for Families*

For Families:

Eucharistic Adoration
Mondays, 9:30 AM to 9:00 PM

October 11-12: Confession Weekend
Confession available before and after all Masses
See bulletin for future confession weekend dates

For Couples and Parents:

Parents Rosary Prayer Group
Open to all parents
Meets weekly over Zoom ([e-mail Jessica](#) for link)

Walking with Purpose: Grounded in Hope ([e-mail Jessica](#) if interested)
Wednesdays, 6:00 pm - 7:30 pm
Fridays, 9:30 am - 11:00 am

SoulCore
1st and 3rd Thursdays at 7:00 pm, Social Hall ([email Christine](#) for more information)

Adult Bible Study
Mondays, 6:30 PM - Social Hall - [see calendar](#) for some upcoming weekly time adjustments

For Teens:

Youth Encounter for Grades 6-12
7:00 pm, Social Hall
Fridays: October 10, 24, November 7, 21, December 5, 19 (*10/10 at St John's Byzantine Church, Trumbull)

For Children:

Kids Club for Grades 1-5
(K with permission)
3:00 pm, Social Hall
Sunday 11/3, Sunday 12/8
[Register here](#)

*See [weekly bulletin](#) and [monthly calendar](#) for more details

Children's Rosary®



Families are encouraged to join us for a special Children's Rosary to celebrate the Month of the Rosary



Sunday October 12th after 9:30 am Mass by the Blessed Mother statue

The month of October is a powerful time to draw close to Our Blessed Mother by praying the Rosary. She loves it when we draw near to her in trust. During her lifetime, Mother Teresa always carried a rosary in her hand. In this way, she said she was holding Mary's hand. Saint Louis de Montfort said, "Mary is the safest, easiest, shortest, and most perfect way of approaching Jesus." May she draw us ever nearer to her Immaculate Heart and to that of her beloved Son.

Rooted Magazine

Take advantage of our parish subscription to Rooted Magazine for children and families

You can [click here](#) to access to the library of our digital links!



Calling All Parents!



INVITING ALL PARENTS to our weekly prayer group over Zoom on **Wednesdays at 9 pm**. To submit prayer intentions for our weekly rosary, [click here](#). We welcome all to join us when able!

Current Events:

Weekly during 10:30 AM Religious Education - All are welcome to join our Parent Bible study, **Thrive: an 8 Week Study to Grow with Christ in Your Life**. You can [preview the study here](#)

October 23 - 7 pm, Moms group attend Saint Jude novena Mass and meet afterwards in Social Hall

December 12 - Advent Rosary Making with Adrienne Keogler

Coming this Spring! Mother's Retreat and Mother/Daughter Retreat
Dates TBD ([email Jessica](#) if you'd like to help plan the events)

If you have other ideas that you would like to see, let us know!

Great Upcoming Event for Father and Sons

ALL MEN & BOYS ARE INVITED TO:

SPIRITUAL WARFARE NIGHT

OCT 30 6PM-8:30PM

WITH FR. FERRY GALBERT, CHAPLAIN OF ST JOSEPH HIGH SCHOOL

PLEASE RSVP

DINNER, TALK, AND PRAYER
NO COST! BUT PLEASE RSVP
FOR MORE INFO, CONTACT FR. JOSEPH AT FRGILL@DIOBPT.ORG

[SIGN UP FOR SPIRITUAL WARFARE TALK](#)

Religious Education

As a reminder, updates are communicated regularly through email.

NO CLASS THIS SUNDAY 10/12

join the Children's Rosary this Sunday instead, between 9:30 and 11:30 Masses!

Please see the full religious education schedule [here](#).

Suggestions of the Month - The Rosary

Tips for Praying the Rosary
from author Danielle Bean



Make It Bite-Sized

- **One Decade at a Time:** You don't have to pray all five decades in one sitting. Try a decade in the school pick-up line, on a walk, or before bed. By day's end, you'll have prayed a whole Rosary almost without noticing.
- **Morning Offering Style:** Begin your day with just one decade to "wake up your prayer muscles." Adding more later feels easier.

Tie It to Daily Routines

- **Anchor Prayer:** Pair the Rosary with something you already do—commuting, exercising, washing dishes. Suddenly "dead time" becomes prayer time.
- **Rosary in Your Pocket:** Keep beads in your purse, car, or nightstand. Out of sight often means out of mind, so place reminders where you'll see them.

Use Tools & Media

- **Apps & Audio:** Pray along with an audio Rosary or YouTube video. Someone else leads, you just follow, and you're less likely to get distracted.
- **Music Helps:** Gentle chant or instrumental music can help quiet your mind and create a prayerful atmosphere.

Keep It Spiritually Simple

- **Names on Beads:** Offer each decade or bead for a person in your life. It keeps your mind engaged and makes the prayer deeply personal.
- **Don't Stress the Details:** If your mind wanders, just bring it back. Mary loves your presence, even if it's messy.

The Rosary has always been, at its heart, the prayer of ordinary people—fishermen, farmers, mothers, students, workers. It's not about doing it perfectly. It's about showing up, bead by bead, and letting Mary lead us closer to her Son.

Catholic All Year

Are you looking for meaningful ways to observe the faith with your family? Liturgical living in the home is a fun and natural way to evangelize to the people closest to us. It celebrates and revives ancient tradition and repackages it for modern, busy Catholics families. Explore other ideas for liturgical living with Kendra Tierney [here](#). Check out tips for praying a family rosary [here](#)

Resource of the Month The Rosario App

A group of 5 parishioners have been part of a rosary group and praying a "living rosary" each day for well over a year. Since October is the month of the rosary, we wanted to suggest the app for other parishioners who may want to pray the rosary together as well. Here is how to get started!



- Download the **Rosario app** on your device (see logo above for easy recognition)
- Create a prayer group with 4 other people
- Join our group at this link: [CLICK HERE](#)
- Every day, each person receives a mystery of the rosary and takes 5 minutes in their day to meditate on it by reciting a decade.
- At the end of the day, the group will have meditated on the 5 mysteries of the day, thus completing an entire rosary. That's the living rosary!

If you need help setting it up, email familyministry@stjuderc.org

Email Us

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