



SUMMIT UNITED FC

PLAYER MEDICAL CONDITIONS AND ACCOMMODATIONS POLICY

Access to soccer belongs to everyone – that's true for every player, including players with disabilities or medical conditions that need accommodation or a specific plan of care. This policy explains how we work with families to support players safely, and includes a fillable Player Medical Plan for coaches to keep on hand.

Our Commitment

Kids with disabilities are significantly less likely to stay in sport past childhood, often because there's nowhere for them to keep playing at their level – not because they want to stop. U.S. Soccer's [Recognize to Recover](#) program highlights real barriers many players with disabilities face: costly or hard-to-find adaptive equipment, limited access to coaches experienced with adaptive needs, and fewer athletic role models represented in the sport. We want Summit United FC to be a place where those barriers don't stop a player from joining a team.

Where a player's needs go beyond what we can accommodate within a standard team, we'll work with the family to find the right fit – whether that's an accommodation plan within our program or a connection to an adaptive soccer program better suited to a player's needs, such as TOPSoccer or a local AYSO VIP program.

Requesting Accommodations

1. A parent or guardian notifies the team's Head Coach and club leadership of any disability or medical condition that may require accommodation, monitoring, or a specific care plan – ideally before the season begins, or as soon as the condition is known.
2. The family provides relevant medical documentation or guidance from the player's physician, including any activity restrictions, medications, or emergency response steps specific to the condition.
3. Consistent with Recognize to Recover guidance, players with a disability or a significant medical condition should be cleared by a sports medicine professional before participating in regular team activity.
4. The family and Head Coach complete a Player Medical Plan together (see form below), which becomes the coach's reference for supporting the player safely all season.
5. The plan is reviewed at the start of each season, or any time the player's condition or needs change.

Confidentiality

A player's medical information is shared only with the coaches and club staff directly responsible for that player's safety – never posted publicly or shared outside the team's coaching staff without the family's permission. Completed Player Medical Plans should be kept in a secure, confidential location (not left visible in a team bag) but remain quickly accessible to coaches during trainings and games.

Coach Responsibilities

- Review each player's Player Medical Plan before the season begins, and re-review before any tournament or away event.
- Keep a physical or digital copy of each player's plan accessible at every training and game.
- Follow the plan as written – if a plan seems unclear or insufficient for a situation that comes up, contact the parent or the player's physician rather than guessing.
- Notify club leadership of any incident involving a player's medical condition, consistent with our Emergency Action Plan.