

Hemorrhoid Banding Procedure

About Hemorrhoids

Hemorrhoids are swollen veins, located in the lower rectum. They can cause discomfort and/or bleeding to occur. Common causes of hemorrhoid development are straining during bowel movements, diarrhea, constipation, pregnancy, childbirth, obesity, lifting heavy objects, and sitting for long periods of time.

There are 2 different types of hemorrhoids, internal and external. Internal hemorrhoids are those that occur inside the rectum and are typically painless. Some people notice small amounts of bright red bleeding on the toilet paper or a feeling of fullness following a bowel movement. External hemorrhoids are those that occur around the anus. Due to their location being on or around sensitive nerve endings these tend to cause more pain than the internal ones do.

There are several home remedies to help battle hemorrhoid pain and discomfort such as creams, warm baths, and suppositories, but many people find that this is only a short-term solution, leaving them to search for other treatment methods. Fortunately, now you do not have to put up with the pain and recurrent bouts of hemorrhoids you may experience and can instead seek professional treatment and end all your discomforts.

Non-surgical Hemorrhoidal Banding Ligation

At Dr. Matter's office, we use a non-surgical hemorrhoidal banding ligation device. This virtually painless non-surgical procedure offers a long-term solution to those suffering from hemorrhoids.

During the procedure, Dr. Matter will insert the banding ligator device inside your rectum and place a small latex free rubber band around a portion of one of the hemorrhoids. Some people may feel discomfort or have a feeling of fullness when the procedure is performed, but this can be treated with the use of Tylenol or Motrin. As we have 3 common sites where hemorrhoids form, **there are usually 3 banding sessions required at 2-week intervals**, and in some cases, a final check-up a few weeks later. Within a few days of your hemorrhoid banding, the banded tissue will shrink and fall off, usually without you even noticing.

Frequently Asked Patient Questions:

Q: Do I need to do any prep prior to this procedure?

A: No, there is no preparation prior to your banding procedure.

Q: How long does the procedure take?

A: The procedure itself takes around 60 seconds, but your visit may be about 15-30 minutes.

Q: Is the procedure covered by insurance?

A: The procedure is covered by most insurance plans. As insurance coverage varies, we would need to verify with your particular insurance plan.

Q: Will I need a driver, or can I drive myself home?

A: You do not need a driver. In fact, most patients return to normal activity immediately following the banding and can drive themselves home.

Q: Will the hemorrhoids return after treatment?

A: With proper dietary changes, the hemorrhoids should not return.