

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 2026		8-9:15 Breakfast is served AM Table Exercise Manicures/Personal Projects 11:15 Soup is served 11:30 Lunch Picture Bingo Zen/Den Afternoon Delight Social Strolls 4:15 Soup & Dinner is served Personal Projects 1	8-9:15 Breakfast is served AM Exercise Zen Den Poetry Read 11:15 Soup is served 11:30 Lunch Afternoon Delight Breath Of Fresh Air 4:15 Soup & Dinner is served Personal Projects 2	8-9:15 Breakfast is served AM Table Exercise Tactile Stations 11:15 Soup is served 11:30 Lunch Afternoon Delight Bird Watch/Feed The Birds Bubble Pop 4:15 Soup & Dinner is served Personal Projects 3	8-9:15 Breakfast is served AM Exercise Game Time Discussion Group 11:15 Soup is served 11:30 Lunch Individual Projects 2:00 Apple Pie Smoothie Social (SP) 4:15 Soup & Dinner Personal Projects 4	8-9:15 Breakfast is served AM Exercise Anima; Bloopers Tactile Stations 11:15 Soup is served 11:30- Lunch Movie Matinee w/ Ice Cream 4:15 Soup & Dinner is served Personal Projects 5
8-9:15 Breakfast is served AM Exercise 10:00 Sunday Communion (BR) Live Stream Religious 11:15 Soup is served 11:30 Lunch 2:00 Bingo (DR) Personal Projects 4:15 Soup & Dinner is served 6	8-9:15 Breakfast is served AM Exercise Bird Watching / Outdoor Programs 11:15 Soup is served 11:30 Lunch 2:00 End of Summer Social (SP & Court Yard) Social Strolls 4:15 Soup & Dinner is served Personal Projects 7	8-9:15 Breakfast is served Table Exercise Tactile Stations Simple Art 11:15 Soup is served 11:30 Lunch Afternoon Delight Table Games Zen Den 4:15 Soup & Dinner is served Personal Projects 8	8-9:15 Breakfast is served AM Exercise Fun w/ Drums Remember When 11:15 Soup is served 11:30 Lunch 2:00 3D Movie Experience (UAL) Zen Den Social Strolls Afternoon Delight 4:15 Soup & Dinner is served Personal Projects 9	8-9:15 Breakfast is served AM Exercise Remember The Music Discussion Group 11:15 Soup is served 11:30 Lunch 2:00 Jewish Service (SP) Zen Den Social Strolls/ Bird Watching 4:15 Soup & Dinner is served Personal Projects 10	AM Table Exercise Pick Your Projects 10:30 History w/ Jim (UAL) 11:15 Soup is served 11:30 Lunch Afternoon Delight 2:00 Laughing Contest (UAL) Social Strolls 4:15 Soup & Dinner is served Personal Projects 11	8-9:15 Breakfast is served AM Exercise Remember When Personal Projects 11:15 Soup is served 11:30 Lunch Movie Matinee w/ Chips 4:15 Soup & Dinner is served Personal Projects 12
Assisted Living Week Kick Off 8-9:15 Breakfast is served AM Exercise 10:00 Sunday Communion (BR) Live Stream Religious 11:15 Soup is served 11:30 Lunch 1:00 Heritage Baptist Church (BR) Personal Projects Ice Cream Novelties 2:00 Bingo (DR) 4:15 Soup & Dinner is served Personal Projects 13	The Year Was 1789 Events 8:915 Breakfast is served Table Exercise Tactile Stations 11:15 Soup is served 11:30 Lunch Afternoon Delight 2:00 Spa Day (UAL) 4:15 Soup & Dinner is served 4:00-7:00 Voters & Motivators with Guest Speakers Event (DR) 14	Tomorrowland Events 8-9:15 Breakfast is served AM Stretch Glow Ball Noodle Fun Discussion Group 11:15 Soup is served 11:30 Lunch 2:00 Glow Dance Party (UAL) 4:15 Soup & Dinner is served Personal Projects 15	1930's Events 8-9:15 Breakfast is served Table Exercise Tinkering Stations 11:15 Soup is served 11:30 Lunch Afternoon Delight Music & Memories 4:15 Soup & Dinner is served 6:30-8:00 Prohibition Casino & Fun (DR) 16	1960-1970 Events 8-9:15 Breakfast is served AM Exercise 10:00 Tie Die Event (UAL) 11:15 Soup is served 11:30 Lunch Afternoon Delight 2:00 Peace & Love Social (DR) 4:15 Soup & Dinner is served Personal Projects 17	Cent-Sational Celebration 8-9:15 Breakfast is served Table Exercise Pick A Project 11:15 Soup is served 11:30 Lunch Afternoon Delight 2:00 Cent-Sational Celebration (DR) Social Strolls 4:15 Soup & Dinner is served Personal Projects 18	2026 Popping Off Until Next Year (Popcorn Event) 8-9:15 Breakfast is served AM Exercise Bloopers Animal Make You Laugh Videos 11:15 Soup is served 11:30 Lunch Movie Matinee w/ Popcorn 4:15 Soup & Dinner is served Personal Projects 19
8-9:15 Breakfast is served AM Exercise 10:00 Sunday Communion (BR) Live Stream Religious 11:15 Soup is served 11:30 Lunch 2:00 Bingo (DR) Personal Projects 4:15 Soup & Dinner is served is served 20	8-9:15 Breakfast is served AM Exercise Balloon Tennis Discussion Group 11:15 Soup is served 11:30 Lunch Afternoon Delight 2:00 Octoberfest (DR) Social Strolls 4:15 Soup & Dinner is served Personal Projects 21	8-9:15 Breakfast is served AM Table Exercise Tactile Stations 11:15 Soup is served 11:30 Lunch Afternoon Delight Bird Watch/Feed The Birds Bubble Pop 4:15 Soup & Dinner is served Personal Projects 22	8-9:15 Breakfast is served AM Exercise Zen Den Poetry Read 11:15 Soup is served 11:30 Lunch Afternoon Delight Breath Of Fresh Air 4:15 Soup & Dinner is served Personal Projects 23	Travel To Italy 8-9:15 Breakfast is served AM Exercise A Tour of Italy Discussion Group 11:15 Soup is served 11:30 Lunch 2:00 Making Pizza (DR) Armchair To Italy 4:15 Soup & Dinner is served Personal Projects 24	8-9:15 Breakfast is served AM Exercise 10:30 History w/ Jim (UAL) Manicures 11:15 Soup is served 11:30 Lunch Afternoon Delight Picture Bingo Social Strolls 4:15 Soup & Dinner is served Personal Projects 25	8-9:15 Breakfast is served Am Exercise Funny Family Moments Busy Stations 11:15 Soup is served 11:30 Lunch Movie Matinee w/ Ice Cream 4:15 Soup & Dinner is served Personal Projects 26
8-9:15 Breakfast is served AM Exercise 10:00 Sunday Communion (BR) Live Stream Religious 11:15 Soup is served 11:30 Lunch 2:00 Bingo (DR) Personal Projects 4:15 Soup & Dinner is served 27	8-9:15 Breakfast is served AM Exercise Ball Toss / Hot Potato 11:15 Soup is served 11:30 Lunch Afternoon Delight 2:00 Spa Day (UAL) Social Strolls/Zen Den 4:15 Soup & Dinner is served Personal Projects 28	8-9:15 Breakfast is served AM Exercise Fun w/ Drums 11:15 Soup is served 11:30 Lunch Afternoon Delight Fireside Chat Bird Wacthing 4:15 Soup & Dinner is served Personal Projects 29	8-9:15 Breakfast is served Table Exercise Tactile Stations 11:15 Soup is served 11:30 Lunch Afternoon Delight 2:00 September Karaoke Birthday Party (DR) Social Strolls 4:15 Soup & Dinner is served Personal Projects 30	Resident Bible Study is Every Monday At 1:00 in (CK) Rosary is Every Tuesday Wednesday & Thursday at 12:45 in (MR) Locations 1st Floor DR- Dining Room LR- Living Room BR- Bird Room SP - Sun Porch LIBR- Library 2nd Floor UAL - Upper Activity Lounge- MR- Music Room PR- Puzzle Room Lower Level CK- Country Kitchen Open Gym Manor House Hair Dresser Pet Therapy is Ever Wednesday & Throughout The Month PROGRAMS & LOCATIONS ARE SUBJECT TO CHANGE		