

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations 1st Floor (SP) Sun Porch (DR) Dining Room (LR)-Living Room (LTBD) Location To Be Determined 2nd Floor (PR) Puzzle Room (MR) Music Room (UAL) Upper Activity Lounge Lower Level Manor House Open Gym Hair Dresser Rosary Is Every Tuesday- Wednesday-Thursday at 12:30 (MR)			October 2025 1 Yom Kippur/Breakfast Bingo 8:30 (DR) 8-9:15 Breakfast is served Chair Exercise Deep Breathing Balloon Toss 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight 2:00 Create a Cookie Day (DR) Social Strolls 4:15 Soup & Dinner is served Pm Activities 2 Wear Your Pink and Jeans Day for Breast Cancer 8-9:15 Breakfast is served Aerobic Exercise Noodle Fun Short Stories & Discussion 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight 2:00 The Pink Party Social (DR) 4:15 Soup & Dinner is served Pm Activities 3 8-9:15 Breakfast is served Workout W/ Music 10:30 History w/ Jim (UAL) Relax w/ Music/ Zen Den 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight Blizzard Bags Manicures 4:15 Soup & Dinner is served Pm Activities 4 8-9:15 Breakfast is served Chair Aerobatics Relax w/ Nature 11:15 Soup is served 11:30-12:15 Lunch 1:30 Movie Matinee Afternoon Delight 4:15 Soup & Dinner is served PM Activities			
5 8-9:15 Breakfast is served Move to Music 10:30 Sunday Communion (BR) Live Stream Religious 11:15 Soup is served 11:30-12:15 Lunch 2:00 Bingo (DR) Musicals 4:15 Soup & Dinner is served Pm Activities	6 8-9:15 Breakfast is served Exercise & Dance Discussion Group Chat Follow Me 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight Blizzard Bags Music & Memory 4:15 Soup & Dinner is served PM Activities	7 8-9:15 Breakfast is served Creating in the Kitchen Table Stretch Discussion 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight Social Strolls Music & Fun with Drums 4:15 Soup & Dinner is served PM Activities	8 8-9:15 Breakfast is served Move To Music Hands Up Game Group Chat 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight Table Games Sensory Group 4:15 Soup & Dinner is served Pm Activities	9 8-9:15 Breakfast is served Chair Aerobatics Balloon Bash Discussion Group 11:15 Soup is served 11:30-12:15 Lunch 1:00 Julie Stevens Piano (LR) 2:00 Apple Dip Residents & Staff (SP) 4:15 Soup & Dinner is served Pm Activities	10 8-9:15 Breakfast is served Dance To Music Exercise Rhythm Band 11:15 Soup is served 11:30-12:15 Lunch Social Strolls Afternoon Delight Manicures 4:15 Soup & Dinner is served Pm Activities	11 8-9:15 Breakfast is served Chair Dancing Relax w/ Nature 11:15 Soup is served 11:30-12:15 Lunch 1:30 Movie Matinee Afternoon Delight 4:15 Soup & Dinner is served PM Activities
12 8-9:15 Breakfast is served Move to Music 10:30 Sunday Communion (BR) Live Stream Religious 11:15 Soup is served 11:30-12:15 Lunch 1:30 Heritage Baptist Church (BR) 2:00 Bingo (DR) Musicals 4:15 Soup & Dinner is served Pm Activities	13 8-9:15 Breakfast is served Chair Dancing Follow Me Discussion Group Chat 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight Table Games Zen Den Music & Memory 4:15 Soup & Dinner is served PM Activities	14 8-9:15 Breakfast Creating in the Kitchen Table Stretch Discussion 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight Social Strolls Music & Fun with Drums 4:15 Soup & Dinner is served PM Activities	15 8-9:15 Breakfast is served Dance Moves World of Dance Video & Discussion 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight Music W/ Dawn Social Strolls 4:15 Soup & Dinner is served PM Activities	16 8-9:15 Breakfast is served Music & Exercise Rhythm Band Discussion Group 11:15 Soup is served 11:30-12:15 Lunch Make Your Own Sundae Afternoon Delight Social Strolls 4:15 Soup & Dinner is served PM Activities	17 8-9:15 Breakfast is served Chair Yoga Discussion Group Travel to??? 11:15 Soup is served 11:30-12:15 Lunch Social Strolls Afternoon Delight Manicures 4:15 Soup & Dinner is served Pm Activities	18 Trunk & Treasure 10:30- 2:30 (PARKING LOT) 8-9:15 Breakfast is served Chair Aerobatics Relax w/ Nature 11:15 Soup is served 11:30-12:15 Lunch 1:30 Movie Matinee Afternoon Delight 4:15 Soup & Dinner is served PM Activities
19 8-9:15 Breakfast is served Move to Music 10:30 Sunday Communion (BR) Live Stream Religious 11:15 Soup is served 11:30-12:15 Lunch 2:00 Bingo (DR) Musicals 4:15 Soup & Dinner is served Pm Activities	20 8-9:15 Breakfast is served Aerobic Exercise Noodle Fun Short Stories & Discussion 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight 2:00 Popcorn Social Residents & Staff (SP) Social Strolls 4:15 Soup & Dinner is served PM Activities	21 8-9:15 Breakfast Creating in the Kitchen Table Stretch Discussion 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight Social Strolls 2:00 Mad Professor Show (BR) 4:15 Soup & Dinner is served PM Activities	22 8-9:15 Breakfast is served Aerobic Exercise Balloon Toss 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight 2:00 Fall Milkshakes Residents & Staff (SP) Social Strolls 4:15 Soup & Dinner is served PM Activities	23 8-9:15 Breakfast is served Exercise & Dance Discussion Group Chat Follow Me 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight Table Games/Circle of Friends Social Strolls 4:15 Soup & Dinner is served PM Activities	24 8-9:15 Breakfast is served Chair Aerobatics Sing w/ Me Discussion Group 11:15 Soup is served 11:30-12:15 Lunch Social Strolls Afternoon Delight Manicures 4:15 Soup & Dinner is served Pm Activities	25 8-9:15 Breakfast is served Chair Dancing Relax w/ Nature 11:15 Soup is served 11:30-12:15 Lunch 1:30 Movie Matinee Afternoon Delight 4:15 Soup & Dinner is served PM Activities
26 8-9:15 Breakfast is served Move to Music 10:30 Sunday Communion (BR) Live Stream Religious 11:15 Soup is served 11:30-12:15 Lunch 2:00 Bingo (DR) Musicals 4:15 Soup & Dinner is served Pm Activities	27 8-9:15 Breakfast is served Music & Exercise Rhythm Band Discussion Group 11:15 Soup is served 11:30-12:15 Lunch Make Your Own Sundae Afternoon Delight Social Strolls 4:15 Soup & Dinner is served PM Activities	28 8-9:15 Breakfast is served Creating in the Kitchen Table Stretch Discussion 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight Fireside Chat Music & Fun 4:15 Soup & Dinner is served PM Activities	29 8:00 -9:15 Breakfast is served Chair Dancing Follow Me Balloon Tennis 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight Table Games Social Strolls 4:15 Soup & Dinner is served PM Activities	30 8:00-9:15 Breakfast is served Chair Yoga Discussion Group Travel To??? 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight Halloween Movie/ Popcorn Social Strolls 4:15 Soup & Dinner is served PM Activities	31 Happy Halloween 8-9:15 Breakfast is served Workout W/ Scary Music 10:30 History w/ Jim (UAL) 11:15 Soup is served 11:30-12:15 Lunch Afternoon Delight 2:00 Halloween Party (DR) 4:15 Soup & Dinner is served PM Activities	