

Everyone is INVITED to attend:

# 8-9 Pin NO-TAP Tournament

**2:00 pm Sunday, October 12, 2025**

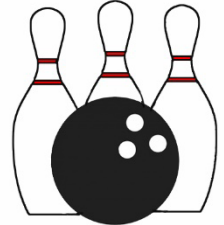
(Registration starts at 1:30 pm)

Sponsored by the  
Alabama State Youth Leaders



**Bama Lanes Montgomery**

3020 Atlanta Hwy, Montgomery AL 36109



**3 Games      \$15 per Bowler**

**Division 1: Youth League Bowler** (DOB 8/1/2007 or later) 9-Pin No-Tap

Knock 9 pins down and it counts as a **STRIKE!**

**Division 2: Youth Non-League Bowler** (DOB 8/1/2007 or later) 8-Pin No-Tap

Knock 8 pins down and it counts as a **STRIKE!**

**Division 3: Adult League Bowler** 9-Pin No-Tap

**Division 4: Adult Non-League Bowler** 8-Pin No-Tap

**Trophies for 1<sup>st</sup> place in each Division! Door Prizes!**

ALL money raised will go to Hemophilia and Bleeding Disorders of Alabama



Hemophilia and Bleeding Disorders of Alabama strives to strengthen families and individuals with bleeding disorders through advocacy and educational outreach, while facilitating programs that foster peer support and independence.

For more Info: <http://www.hbda.us>

To Donate, Scan these QR codes:



venmo



Bleeding Disorders Facts														
<b>What is Hemophilia?</b> <ul style="list-style-type: none"><li>Genetic bleeding disorder: low clotting factors</li><li>Types: Hemophilia A (Factor VIII) &amp; (Factor IX)</li><li>X-linked inheritance (mostly males affected)</li></ul>	<b>Hemophilia Stats</b> <ul style="list-style-type: none"><li>~33,000 affected males in U.S.; ~1 million worldwide</li><li>Hemophilia A is 3-4x more common</li><li>40% have severe form</li></ul>	<b>Hemophilia Symptoms</b> <ul style="list-style-type: none"><li>Spontaneous/joint bleeding, bruising, prolonged bleeding</li><li>Risks: joint damage, brain hemorrhage</li></ul>												
<b>Hemophilia Treatment</b> <ul style="list-style-type: none"><li>Clotting factor infusions</li><li>Prophylaxis: lowers bleeds and complications</li><li>~50% (A) and ~10% (B) develop treatment-blocking inhibitors</li></ul>	<b>Bleeding Disorder Impact</b> <ul style="list-style-type: none"><li>Mental health: anxiety (22%), depression (22%)</li><li>Physical health: joint issues (13-18%)</li></ul>	<b>What is VWD?</b> <ul style="list-style-type: none"><li>Most common inherited bleeding disorder (affects ~1%)</li><li>Caused by low or faulty von Willebrand factor (VWF) — a clotting protein</li></ul>												
<b>VWD Stats</b> <table border="1"><thead><tr><th>Type</th><th>% of Cases</th><th>Severity</th></tr></thead><tbody><tr><td>Type 1</td><td>60-90%</td><td>Mild</td></tr><tr><td>Type 2</td><td>10-10%</td><td>Moderate</td></tr><tr><td>Type 3</td><td>0-10%</td><td>Severe</td></tr></tbody></table>	Type	% of Cases	Severity	Type 1	60-90%	Mild	Type 2	10-10%	Moderate	Type 3	0-10%	Severe	<b>VWD Symptoms</b> <ul style="list-style-type: none"><li>Frequent nosebleeds</li><li>Heavy menstrual bleeding</li><li>Easy bruising</li><li>Gum bleeding</li><li>Prolonged bleeding after injury or surgery</li></ul>	<b>VWD Did You Know?</b> <ul style="list-style-type: none"><li>Women may go undiagnosed for years — average delay: 16 years</li><li>Treatments include: DDAVP, VWF therapy, antifibrinolytics</li></ul>
Type	% of Cases	Severity												
Type 1	60-90%	Mild												
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Tournament Questions:

[InfoAlabamaYouthLeaders@gmail.com](mailto:InfoAlabamaYouthLeaders@gmail.com)

Penny Ragland (Director)