

# Staying Close to Jesus: Personal Reflection & Next Steps

This personal reflection questionnaire is designed as a simple “quick check” for you to assess how you are going staying close to Jesus. Are you learning to live in the tension of being with Jesus and joining His work? What can you be doing to help keep you on track?

## Instructions:

This is your personal reflection. Be honest — nobody else will assess your answers. Circle the number that best represents your current reality.

1 = rarely true      5 = consistently true

Use the comment boxes to capture ideas, reminders, convictions, or patterns you notice.

DATE: \_\_\_\_\_

## Spiritual Anchors – Staying Rooted in Identity

**I spend regular, unhurried time with God (prayer, Scripture, quiet, worship).**

1 2 3 4 5 | Comments:

**I look to Jesus first when I am unsure, anxious, or making decisions.**

1 2 3 4 5 | Comments:

**My sense of identity and worth comes primarily from being a child of God.**

1 2 3 4 5 | Comments:

## Purpose & Calling – Living Out What God Has Given You to Do

**I can clearly express (in 1–2 sentences) what God is calling me to do at this stage in my life.**

1 2 3 4 5 | Comments:

**In this season, God is asking me to...:**

*(Write one or two sentences of your best attempt at a simple mission statement!)*

**I understand that I have multiple God-given responsibilities in different areas of my life (family, friendships, school/work, church etc.), and I attempt to balance them intentionally.**

1 2 3 4 5 | Comments:

**I regularly stop and ask whether what I'm doing still reflects what God is leading me to do in this season.**

1 2 3 4 5 | Comments:

## Guardrails & Habits – What Keeps Me On Track

**I have simple rhythms or habits that help me stay close to Jesus in everyday life.**

1 2 3 4 5 | Comments:

**I can tell when something is distracting me from what Jesus is asking of me.**

1 2 3 4 5 | Comments:

**I have practical ways of noticing spiritual growth or progress in the tasks and opportunities that God has put in front of me (journaling, prayer list, accountability, mentoring, etc.).**

1 2 3 4 5 | Comments:

## Obedience & Trust – Living in the Identity–Purpose Tension

*(Be honest. It's easy to give the "right" answer — aim for the true one.)*

**I am willing to follow God's prompting even when it conflicts with my preferences.**

1 2 3 4 5 | Comments:

**I trust God's timing, even when it feels slow, confusing, or uncertain.**

1 2 3 4 5 | Comments:

**My decisions reflect dependence on God's wisdom more than my own analysis or pressure.**

1 2 3 4 5 | Comments:

## Community & Accountability – Not Walking Alone

**I have at least one trusted person who speaks truth into my life and helps keep me on track.**

1 2 3 4 5 | Comments:

**I seek input from others (leaders, mentors, family) before making major decisions.**

1 2 3 4 5 | Comments:

**I am part of a community (youth group, church, small group, friends) that supports my walk with Jesus.**

1 2 3 4 5 | Comments:

## Remembering Practices – Repetition, Ritual, Symbols

**I have a practice that helps me regularly remember what God has done in my life.**

(Examples: journaling, setting a phone reminder, reading old notes, weekly gratitude list, communion meaningfully, a physical symbol, telling stories / testimonies etc.)

1 2 3 4 5 | Comments:

**I have (or want to develop) a simple symbol or rhythm that helps me remember who I am in Christ.**

(E.g., a verse card in wallet, a stone on desk, a screensaver, a weekly prayer walk, Friday night reflection, necklace.)

1 2 3 4 5 | Comments:

**I have someone I can tell about the practices I'm choosing — for encouragement or accountability.**

1 2 3 4 5 | Comments:

**I will review these reflections again — even if only the action points — to see how I'm going and where God is leading me.**

1 2 3 4 5 | Comments:

**When will I review this?**

(Choose a date 1–3 months from now, and put it in your calendar.)

**Review date:** \_\_\_\_\_

## Your “Next Steps” – Action Points

After reflecting, prayerfully answer:

**What is one thing God may be asking you to prioritise in this season?**

*(Identity, purpose, habits, community, balance, courage, rest...)*

**What is one remembering practice you will intentionally begin?**

*(Symbol, ritual, repetition — keep it simple and keep it real.)*

**What practical action will you take this week to stay close to Jesus?**

*(Be specific. Small is fine. Just be intentional.)*

**Who will you share this with for encouragement and support?**

*(For encouragement and accountability.)*