



Tab On the Go: Food Drive

With your support, our Tab Church family will share the love of Christ to members of our community by providing food during the holiday season. ***Tab On the Go: Food Drive*** provides a box of food to feed a family for 3-4 days and a gift card to a local food store. Our goal is to serve families at Suburban Park Elementary, Granby Elementary, Tab Church, Global Friendship Venture's international students and those in our community. We ask you to fill one or more boxes with the items on the list provided. **Your filled box needs to be dropped off at Tab no later than Sunday, November 16** so we can prepare for final distribution on Tuesday, November 18.

Instructions: Fill your box with the following items. Please pack boxes so canned items are on the bottom, then place boxed/bagged items on top. **Pack so everything fits inside the box** (so they will stack easily). Leave boxes unsealed; we will tape at Tab. THANK YOU! (FYI: total average cost of items between \$40-60).

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| 2 cans meat (tuna, corned beef, etc.) | 3 cans soup or stew |
| 1 dessert (cake mix, brownie, cookie) | 1 can chicken broth |
| 1 jar peanut butter | 2 cans corn |
| 2 cans green beans | 1 can/pkg gravy |
| 1 bag dried beans or rice | 1 jar jelly |
| 2 cans other vegetables | 1 muffin/bread mix |
| 1 box/can potatoes or yams | 2 pkgs Ramen Noodles |
| 1 can beans (black, pinto, chili, etc.) | 1 box stuffing mix |
| 1 can tomatoes (sauce, diced, etc.) | 1 box plain pasta |
| 1 can/jar spaghetti sauce | 2 boxes mac & cheese |
| 1 breakfast item (cereal, pancake mix, oatmeal) | 1 rice/pasta meal (Rice-a-Roni, Zatarans, etc.) |

*If you have extra room, feel free to add miscellaneous items like juice, crackers, cookies, hot chocolate, Pop Tarts, etc.