

Discussion Questions

Episode 5: A Catholic and a Southern Baptist walk onto a Beach...

Take some time to sit with God and pray through what stood out to you the most. Ask Him to show you why that is staying with you and if He has anything to reveal within it.

Do you attend Mass with your family? Does anything prevent you and your family from attending Mass together? What would you like to see change? Talk to the Lord about your families weekly Mass attendance.

One of the most common words in religious language is the Hebrew term “amen.” In Hebrew, amen, means “believe” or “ascent”. This week reflect on your, amen. What do you mean when you say amen?

When you receive the Eucharist, the priest says, “Body of Christ” and we say “amen,” so, “I believe.” Where is your belief in the Eucharist at this moment?

Fr. Alex talked about preparing our hearts with the hour fast before receiving Communion. What does your Mass preparation look like? Do you allow time to prepare your heart for the Lord? What could you do differently this week?

Fr. Alex mentioned that when we receive Communion with grave sin on our soul we are cutting ourselves off from the fruitfulness of graces that the Lord wants us to receive. What do you think about this? Is there a sin that could be blocking you from the fullness of grace the Eucharist provides?

Fr. Alex shared that Holy Communion is medicine for sinners. The Eucharist is the medicine that gives us strength to live the teachings of the Church. Is there a teaching of our Catholic Church that you struggle with? Share with Jesus what that teaching is, why it is so hard for you and for him to give you the Grace of falling in love with that teaching.