

## **Discussion Questions**

### **Episode 10: Transubstantia-whaaat?!**

On this episode we get to hear from the woman that coordinates Adoration for our parish, Janet Barresi! We talk about how God moves so powerfully through the Blessed Sacrament and how it has helped her and her family through the darkest of times.

Take some time to sit with God and pray through what stood out to you the most. Ask Him to show you why that is staying with you and if He has anything to reveal within it.

Do you have anyone in your life that you are having a hard time forgiving? Janet mentioned after spending time in adoration, that overtime she was able to forgive her husband. Think about the person or persons that the Lord is asking you to forgive.

Consider taking that hurt to adoration and ask Jesus to help you forgive.

Transubstantiation means that while everything looks the same on the surface (the appearances do not change), the substance of what it truly is has really changed. What are your thoughts on this teaching of the Eucharist? Is it hard for you to believe? Read the Catechism of the Catholic Church 1376 for more explanation.

St. Thomas Aquinas states that the bigger miracle is that the accidents of bread and wine still remain, but the substance is hidden from us. What do you think about this? Jesus hidden from us is even more miraculous....

The Council of Trent (1546-1543) declared, just as Christ himself first announced at the institution of the Eucharist, that it is truly his body offered “under the species” of bread and wine and that by the consecration of the bread and of the wine, a conversion is made of the whole substance of the bread into the substance of the body of Christ our Lord, and of the whole substance of the wine into the substance of his blood; which conversion is, by the holy Catholic Church, suitably and properly called transubstantiation (CCC,1376) If you had to give a one minute "elevator speech" on transubstantiation, how would you explain it?

The Lord is never outdone in generosity. When we give our time to prayer and block out hours in our day to spend with the Lord, then the Lord will be even more generous to us. Contact Janet if you are interested in signing up for an hour of adoration. You can find Janet's contact info in the weekly bulletin.