

Discussion Questions

Episode 1: Your Life has Purpose

Take some time to sit with God and pray through what stood out to you the most. Ask Him to show you why that is staying with you and if He has anything to reveal within it.

Reflect back over your life. Ask God to show you all the ways He's loved and cared for you- in the ups and downs, when His presence was so felt and even when it felt so far away.

Do you have anyone that you need to forgive or to be considerate of their feelings and choices made?

Do you have time this week to take that to adoration?

Victorine shared about carrying an unexplained sadness. Have you ever felt an emotion strongly but not known why it was so intense? What was that moment and did you take it to prayer?

What are your thoughts on Fr. Alex's explanation on anamnesis? (Read more in the Catechism of the Catholic Church paragraphs 1362-1368)

Being completely honest with yourself, where are you in regards to believing in the True Presence of Jesus in the Eucharist- body, blood, soul and divinity?

Do you believe that the Eucharist can change your life? Do you believe there is that kind of power in this Holy Sacrament?