

Morticia's Secret™



**Jessica
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History of Dias de los Muertos ~Day of the Dead

Indigenous peoples of Central America practiced a ritual of keeping the skulls of ancestors to honor the dead & to symbolize death and rebirth. The natives saw death as a continuation of life and they believed the spirits came back to reunite with families during the festival. 500 years ago, Spaniards unable to stop the practice moved the festival to coincide with Catholic holiday of All Saints Day & All Souls Days. Today the dead are honored by making alters using sugar skulls, flowers, candles & food and visiting the cemetery. Dias del los Muertos is a celebration of family, community and continuing relationship with those living and dead.

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