# Nut Aware Statement Version 1.1 071025



#### **Nut Aware Statement**

### Purpose:

Wakeman Boys & Girls Club (WBGC) established and maintains a Nut Aware environment. This is a strategy to educate caregivers and employees/volunteers, as well as WBGC guests, about reducing the risk of exposure to life-threatening foods. More specifically, the purpose of this policy is to reduce the risk of accidental exposure for individuals who possess an allergy to peanut and/or tree nut products as well as for those individuals who have yet to be identified as allergic to these products.

## Philosophy:

WBGC is Nut Aware. The clubhouses, school-based sites, and other WBGC program locations experience significant, frequent participants and visitors. WBGC acknowledges the difficulty in determining with certainty when a product contains nuts, creating the challenge with committee to being completely "nut-free". Members of our community must understand that WBGC cannot take primary responsibility for managing an individual's food allergy. This policy is designed and intended to assist individuals in following the practices they, and their parents if minors, feel appropriate. WBGC will try in good faith to implement these policies but cannot, of course, guarantee they will be followed in every circumstance. WBGC's statement cannot substitute for the need for individuals (and their parents if applicable) to establish and follow these practices. In addition, WBGC cannot be responsible for serving food containing nuts when it is not reasonably evident that nuts are in the food. Events outside our facilities and rental events in our facilities buildings cannot be monitored by WBGC and therefore are not subject to this policy. The following is a list of shared responsibilities that should be followed:

## WBGC's responsibility:

- ~ Create an environment where individuals with food allergies will be safe
- ~ Use prevention and avoidance strategies
- ~ Be prepared to recognize and report an allergic reaction
- ~ Encourage and allow time for proper handwashing
- ~ Address teasing-bullying

#### *The family's responsibility:*

- ~ Notify Club of the child's allergies
- ~ Provide up-to-date emergency contact information
- ~ Encourage and educate their child on proper handwashing and allergen concerns

# The youth member's responsibility:

- ~ Wash hands before and after meals
- ~ No food trading
- ~ Don't eat anything with unknown ingredients or a food known to contain allergens
- ~ Be proactive in managing their own food allergy depending on their developmental level
- ~ Notify an adult immediately if something is eaten that may contain an allergen

## **Overall Guidelines:**

It is important to note that the safety of individuals with severe reactions requires the cooperation of the entire community. The following are the nut aware guidelines that will be in place.

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- 1. All snacks provided by WBGC will be free of peanuts/nuts.
- 2. Children must refrain from bringing in to WBGC ANY products that contain peanuts/nuts. This includes all snacks as well as peanuts/nuts. This includes all snacks as well as lunch items.
- 3. If a lunchbox is found to have peanut or nut products, those items will be removed.
- 4. We do not allow food sharing at WBGC unless it is a special occasion (holiday parties and other special events) and food is to be nut-free and store-bought with ingredient label intact.

### **Summary:**

WBGC is not "nut-free", but we do provide a safe environment for individuals with known peanut/tree nut allergies and other food allergies and provide our leadership staff with information on preventive measures and treatment in case of a reaction.

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